

Implementation of a Pharmacist and Pharmacy Technician Driven PrEP Workflow at a Primary Care Clinic

Vincent Lam, PharmD Wednesday, June 11th, 2025



Background: Boston Medical Center, Boston, MA

- Suffolk County, MA
 - Ending the HIV Epidemic in the United States (EHE) Priority Phase 1 Area
- Largest health safety net hospital in New England
- Established pharmacist-led oral and injectable PrEP workflow in sexually transmitted diseases clinic
- PrEP services provided in following clinics:
 - Sexually Transmitted Diseases (STD)
 - Stimulant Treatment and Recovery Team (START)
 - Office Based Addiction Treatment (OBAT)
 - Primary Care Clinics
 - Family Medicine (FM)
 - General Internal Medicine (GIM)

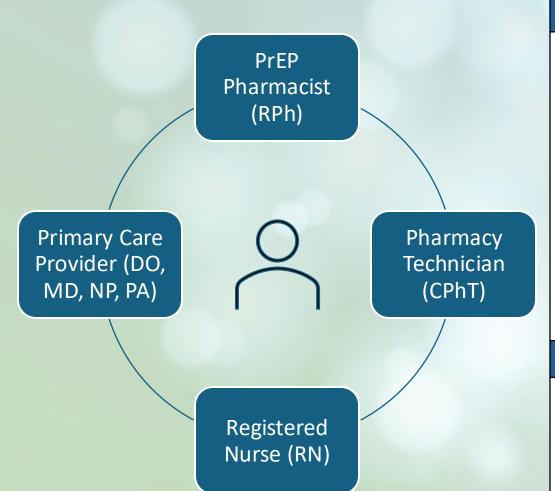












RPh	CPhT
 Oversees PrEP workflow in primary care clinics Works under CDTM with providers Initiates patients on oral and injectable PrEP Collaborates with RNs for injections Presents in-services to clinical staff 	 Completes insurance benefits investigations, test claims, and prior authorizations Acquires and communicates medication deliveries among 4 clinics Enrolls patients in PAP Converts pharmacy-to-medical benefit billing for injections Reviews medical billing statements

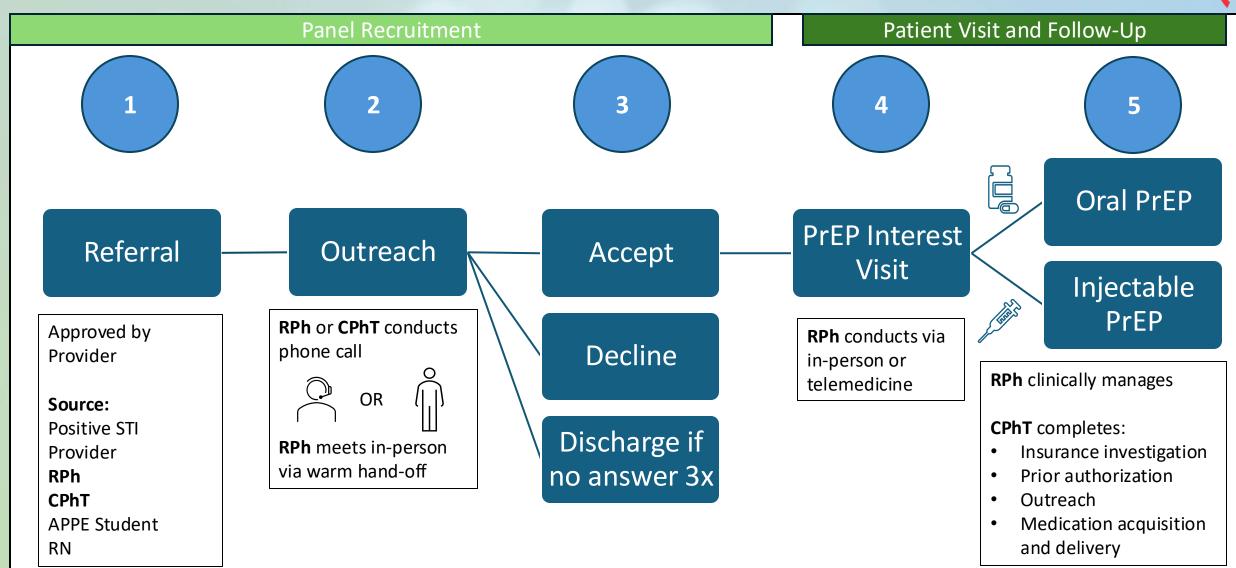
Combined RPh and CPhT Responsibilities

- Conducts inventory management
- Recruits panel via chart review and outreach under RPh supervision
- Manages PrEP tracking sheet
- Creates workflow materials (templates, billing guide, etc.)

RPh: registered pharmacist, DO: doctor of osteopathic medicine, MD: doctor of medicine, NP: nurse practitioner, PA: physician assistant, RN: registered nurse, CPhT: certified pharmacy technician, CDTM: collaborative drug therapy management, PAP: patient assistance program

Workflow





STI: sexually transmitted infection, RPh: registered pharmacist, CPhT: certified pharmacy technician, APPE: advanced pharmacy practice experience student, RN: registered nurse





September

- 9/9: PrEP Pharmacist (RPh) introduced to FM
- 9/11: FM Provider In-Service
- 9/12: 1st PrEP Interest Visit
- 9/20: Pharmacy Technician (CPhT) introduced

November

• 11/21: Injectable PrEP Policy Development



• 10/1: RN In-Service

Oral PrEP Service Provided

Timeline - Quarter 2 (12/2024-2/2025)



December

• 12/12: PREPDAP Training

February

- 2/4: RN Policy In-Service
- 2/10: Injectable Policy Go-Live
- 2/20: 1st Cabotegravir initial injection in FM
- 2/26: FM Provider Update

<u>January</u>

- 1/3: CPhT Outreach Training
- 1/9: Injectable PrEP Policy Approval

Oral PrEP

Oral and Injectable PrEP Service Provided



Timeline – Quarter 3 (3/2025-Present)

March

- 3/14: GIM Expansion Plan
- 3/19: PrEP support for START Plan

May

- 5/1: PrEP support for OBAT Plan
- 5/5: START go-live
- 5/8: GIM Expansion

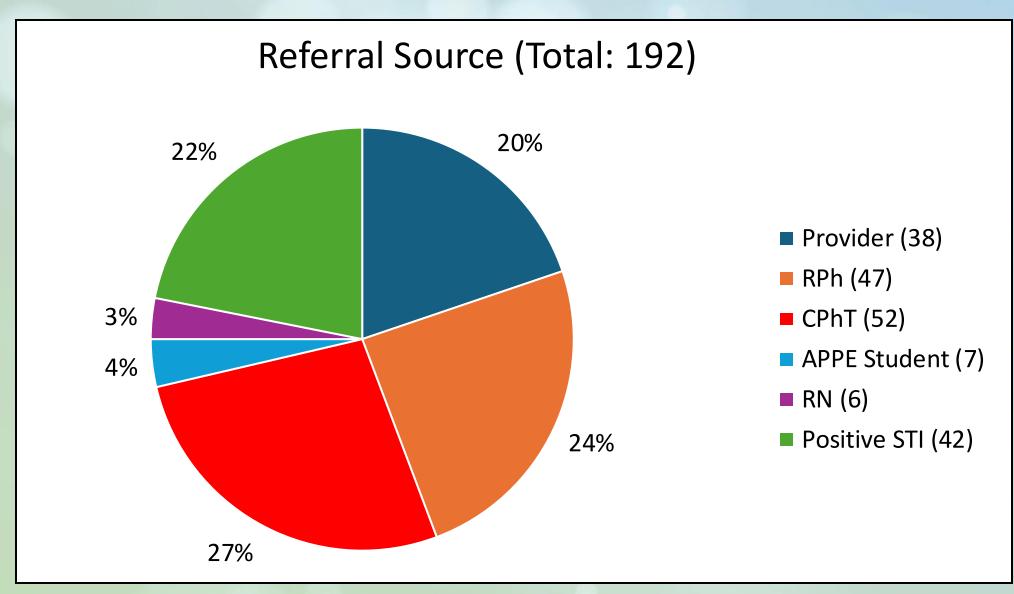


• 4/1: PrEP Service Marketing Flyer

Oral and Injectable PrEP Service Provided







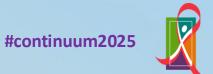


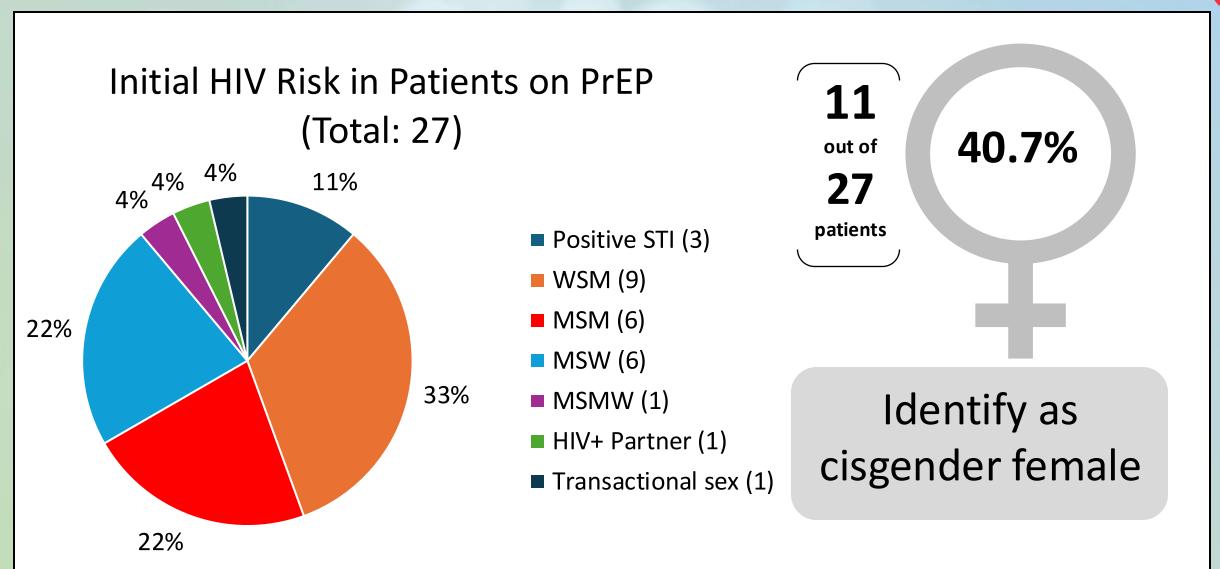


PrEP Status	N = 192
Oral PrEP	22 (11.5%)
Injectable PrEP	5 (2.6%)
Pending Outreach	28 (14.6%)
Declined	78 (40.7%)
Discharged from Outreach	51 (26.6%)
Discharged from PrEP Services	8 (4.2%)

20 of 27 patients on PrEP (74.1%) were initiated by PrEP RPh







STI: sexually transmitted infection, WSM: women who sex with men, MSM: men who have sex with men, MSW: men who have sex with men and women





Reason	N = 78
Not a candidate, Perceived low-risk, Did not need	13 (16.7%)
No plans to become sexually active	9 (11.5%)
Additional Service (medication, labs, follow-up), Too busy	7 (9.0%)
Monogamous Relationship	7 (9.0%)
Miscellaneous*	7 (9.0%)
Plans to Engage in Safe Sex Practices (e.g., condoms)	5 (6.4%)
Unknown	30 (38.5%)

^{*}Wanted more time to think about it (2), wanted to discuss with PCP, prioritizing other health needs, transitioning care out of hospital, leaving country, WSW

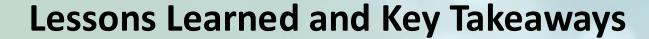


Expansion of outreach into GIM and incorporating home infusion

Increase in team members and marketing efforts of service

Standardization of processes across primary care clinics

Preparation for additional long acting PrEP injectable agents





Increase PrEP uptake and access in a familiar setting to unmet populations

Interdisciplinary
approach can
address gaps in PrEP
needs

CPhT utilization for PrEP conversations

Patients may not engage in PrEP even if eligible

Additional team members can assist with care coordination

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