



13-15 October 2024 | Maison de la Mutualité, Paris

A PrEP decentralization project - Almada on the Fast-Track to end the AIDS epidemic

André Gomes



Decentralized PrEP clinic

Almada City Council: provides the space

GAT:

- Refers users
- Schedules appointments
- STI and hepatitis screening
- Transport samples to the laboratory
- Nurse to collect samples and administer treatments

ULS Almada-Seixal:

- Medical staff
- Laboratory
- Medication



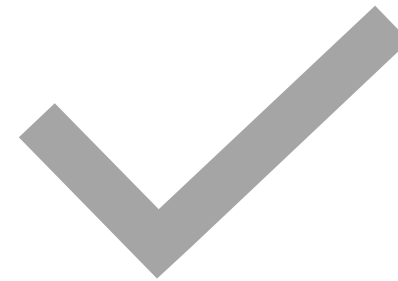
Decentralized PrEP clinic

- Started on September 15th 2021
- Initially with a weekly period of 8 hours (now 10h/week)
 - Wednesday (9 am to 12:30 pm) and Thursday (9 am to 17 pm)
- Average of 160 appointments/month
- Average waiting time for the first appointment: 2 months (~5 months now)

Data collection



Retrospective data analysis from
medical records



15th September 2021 until 31st
December 2023

Results



1632 medical
appointments



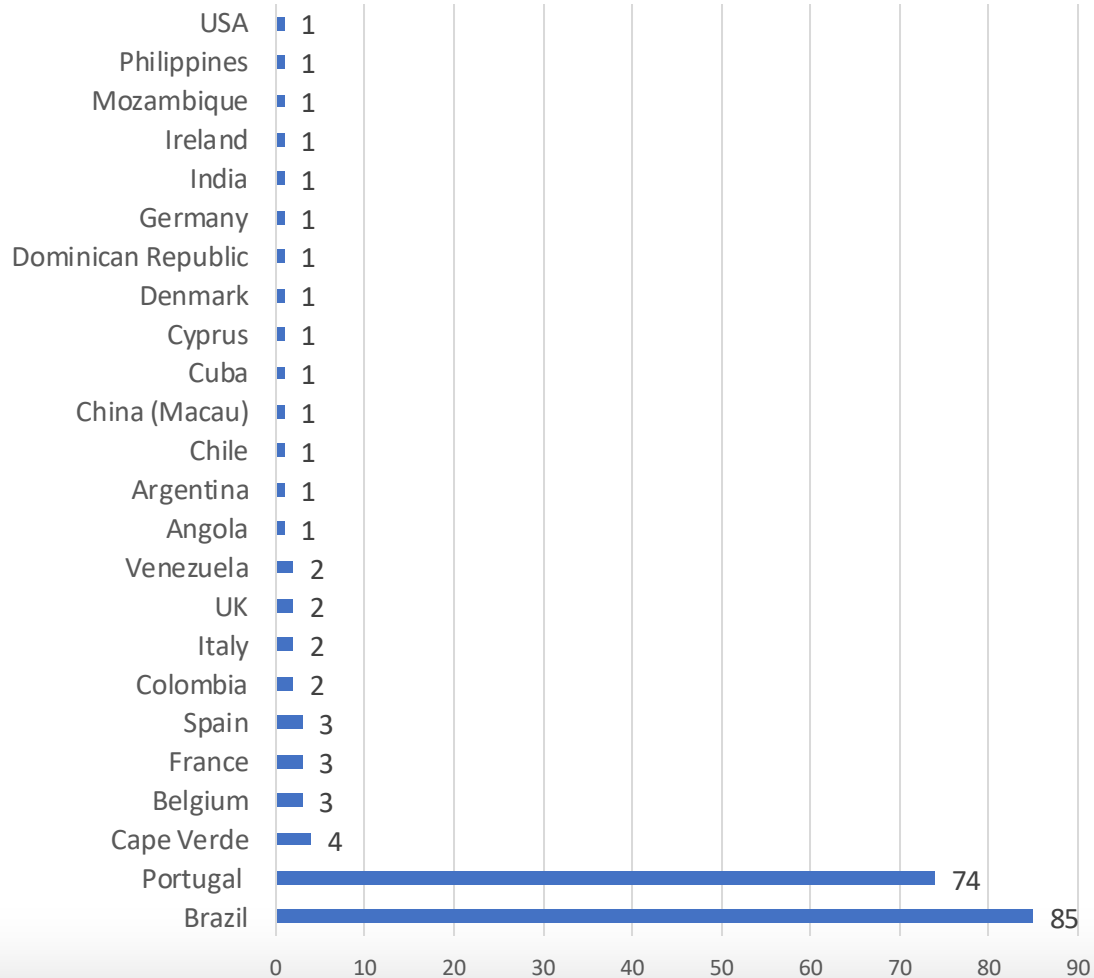
412 initial
appointments



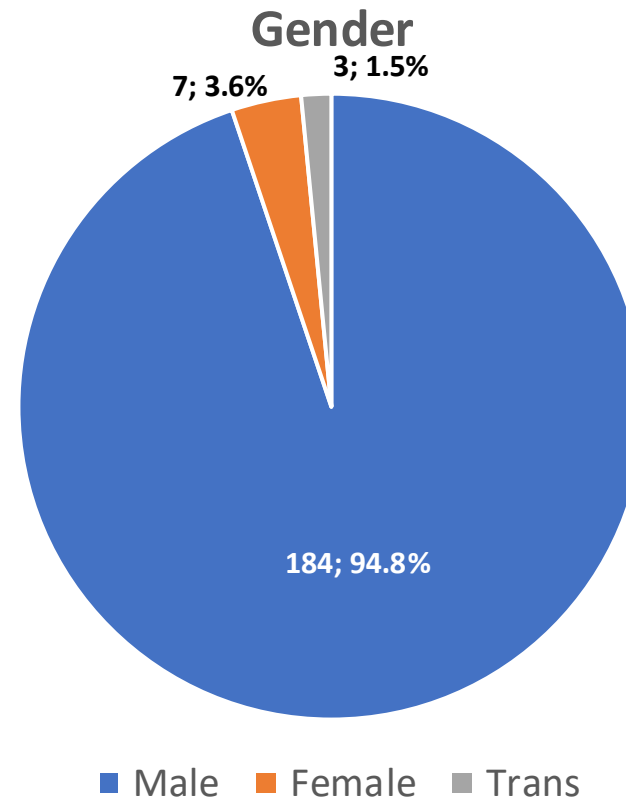
1220 follow-
up appointments

194 people followed

Nationality



Gender



Mean age
33 y/o [19-57]

MSM (165; 85%)



Specific risk factors

17 (8,8%)
HIV+ partner

15 (7,7%) sex
workers

15 (7,7%)
chemsex

21 (10,8%)
history of PEP

115 (59,3%)
previous STI

Use of PrEP



- **46 (23,7%)** previous PrEP use, 4 without medical prescription
- **Daily PrEP** was the most suitable regimen (67,5%, n=131)

Side effects



CNS (headache, dizziness): 4



GI (nausea, vomiting, diarrhoea): 21

22 people
stopped PrEP

Returned to home country: 1

Stable relationship: 4

Left sex work: 1

Side effects: 4

Transfer to another center: 3

Unknown: 9

Follow-up

No cases of HIV,
HBV or HCV

New STI: 28
(14.4%)



This partnership project contributes to the provision of health care in close proximity, removing barriers that hinder prevention, diagnosis and adherence to treatment for people at increased risk for HIV and other STI.



Teamwork reinforces the mission of improving healthcare services for patients.

Thank you!



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