



# Analyzing the implementation of Tuberculosis preventive therapy with the 3HP regimen in urban Maputo

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# Contextualization

- Tuberculosis Preventive Therapy (TPT) is a priority in achieving targets outlined in WHO END TB Strategy, especially in high-burden countries like Mozambique.
- Scaling up shorter TPT, such as once weekly isoniazid–rifapentine (3HP) taken for three months, was adopted in Mozambique as one of the critical strategies.
- The 3HP was experimentally introduced in 2022, and Maputo city was one of the two selected cities to administer this prophylaxis.

# Methodology

- Data were available on an electronic database, collected at 26 health facilities (HF) in Maputo city.
- The 3HP was administered to all adults – 15 years old or older – starting on ART and those identified as TB contacts from March 2021 to June 2022, with the assessment of the end of their TPT by October 2022.

## Results

- 1.691 individuals were identified as TB contacts, and 91% have started the TPT. 41.3% of the TB contacts were eligible and initiated the 3HP. Almost 30% have completed this once-a-week treatment to prevent TB.
- Patients who started the ART were also evaluated on their eligibility for TPT. Of the 23.199 patients initiated on ARV during the evaluation period, 98% were screened for TB. Half of the patients screened have started the TPT, with 94% eligible for prophylaxis with 3HP. Of those, only 13% have completed TPT.

## Conclusion

- PLHIV starting ART, are being routinely screened for TB, and those eligible received TPT. However, treatment completion is not as high as expected, even using a shorter TPT regimen such as the 3HP, probably due to:
  - weak counseling on TPT adherence/completion by the healthcare providers;
  - weak monitoring of 3HP adherence; and
  - the monthly absenteeism from work, to collect the 3HP at the HF.
- There is a need to increase literacy about the importance of TPT; build capacity to monitor TPT adherence; and implement tailored strategies to target known barriers to completing TPT.

Thank You!