PREP IN IRELAND:
DIFFERENTIATED DELIVERY CASE STUDY

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INTRODUCTION

MPOWER PROGRAMME AT HIV IRELAND
Access to PrEP for new entrants into the national programme has slowed considerably since its launch in 2019. Many of those who would benefit from PrEP are listed on long waiting lists as capacity is reached in many PrEP services.
MAINSTREAM DELIVERY MODEL

1. CONTACT LOCAL PROVIDER
2. PREP ASSESSMENT
3. WAITING LIST
4. HIV/STI TESTING
5. 3 MONTH PRESCRIPTION
6. RETURN TO CLINIC
CHALLENGES

Capacity within sexual health services is the biggest challenge in improving access to PrEP in Ireland.

- Frequency of return
- Service location
- Service provider
- Services offered
CASE STUDY
DIFFERENTIATED DELIVERY OF PREP SERVICES AT THE MATER MISERICORDIAE UNIVERSITY HOSPITAL, DUBLIN, IRELAND

- Simplify service offering
- Improve capacity
- Improve DNA rate
- Increase person-centeredness
TELEHEALTH

Following PrEP commencement, appointments take place virtually.

A reminder text message is sent 1 week prior to the appointment and a link by text and email is sent to access the virtual call.
NURSE-LED

All follow-up appointments are delivered by a PrEP Clinical Nurse Specialist

5-day Service, Nurse-Prescribing, Advanced Nurse Practioner (Rx), Education & Support.
SELF-SAMPLING

PrEP service users can avail of the national HIV & STI self-sampling service

Reduce need for in-person visits, reactive results linked back to ANP, person-centered.
Multi-month prescriptions, up to 6 months can be made available
COMMUNITY PHARMACY

Prescription pack can be sent to nominated local pharmacy or directly to home address.

Pack contains prescription, self-sampling info, support info, contact details, and next appointment date.
DIFFERENTIATED DELIVERY MODEL

CONTACT OR REFERRAL → PREP ASSESSMENT → HIV/STI TESTING → 3 MONTH PRESCRIPTION → 3 MONTHS LATER RETURN TO CLINIC

3/6 MONTH PRESCRIPTION ← SELF SAMPLING HIV/STI ← VIRTUAL APPOINTMENT ← REPEAT IF NECESSARY
OUTCOMES

Simplified Service Offering
293 new PrEP initiations
Reduction in DNA
FUTURE PLANS

DIFFERENTIATED DELIVERY OF PREP SERVICES IN IRELAND

• Update National PrEP Standards & Guidelines
• Nationwide Monitoring & Evaluation Framework
• Expand PrEP Providers (primary care)
THANK YOU!

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