

PREP IN IRELAND:

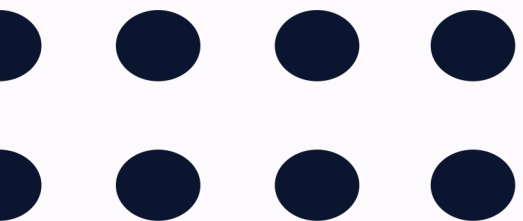
DIFFERENTIATED DELIVERY CASE STUDY



Adam Shanley

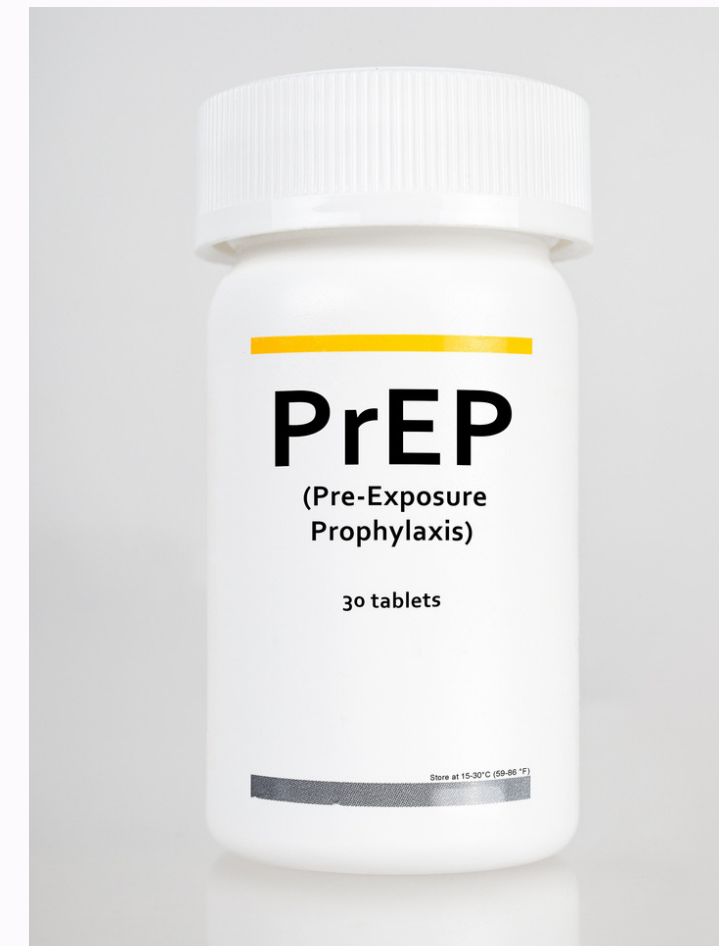
MPOWER Programme Manager, HIV Ireland

@Adlers1 / @HIVireland



INTRODUCTION

MPOWER PROGRAMME AT HIV IRELAND



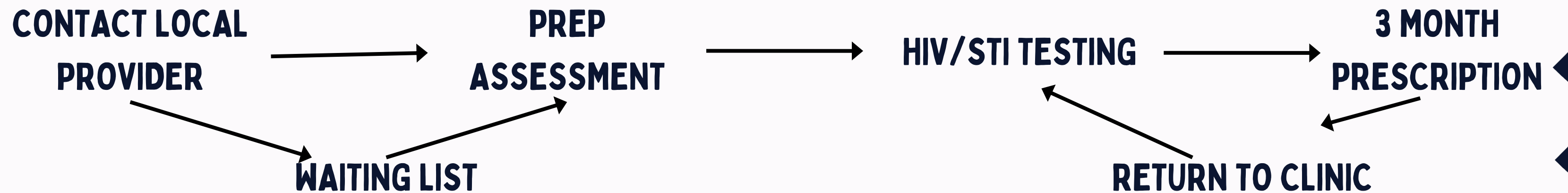
ACCESSING PREP IN IRELAND

A TIMELINE



Access to PrEP for new entrants into the national programme has slowed considerably since its launch in 2019. Many of those who would benefit from PrEP are listed on long waiting lists as capacity is reached in many PrEP services.

MAINSTREAM DELIVERY MODEL



CHALLENGES

Capacity within sexual health services is the biggest challenge in improving access to PrEP in Ireland.



- Frequency of return
- Service location
- Service provider
- Services offered

◆◆ CASE STUDY ◆◆

DIFFERENTIATED DELIVERY OF PREP SERVICES AT THE MATER
MISERICORDIAE UNIVERSITY HOSPITAL, DUBLIN, IRELAND



- Simplify service offering
- Improve capacity
- Improve DNA rate
- Increase person-centeredness

TELEHEALTH



Following PrEP commencement, appointments take place virtually.

A reminder text message is sent 1 week prior to the appointment and a link by text and email is sent to access the virtual call.

NURSE-LED



All follow-up appointments are delivered by a PrEP Clinical Nurse Specialist

5-day Service, Nurse-Prescribing, Advanced Nurse Practitioner (Rx), Education & Support.

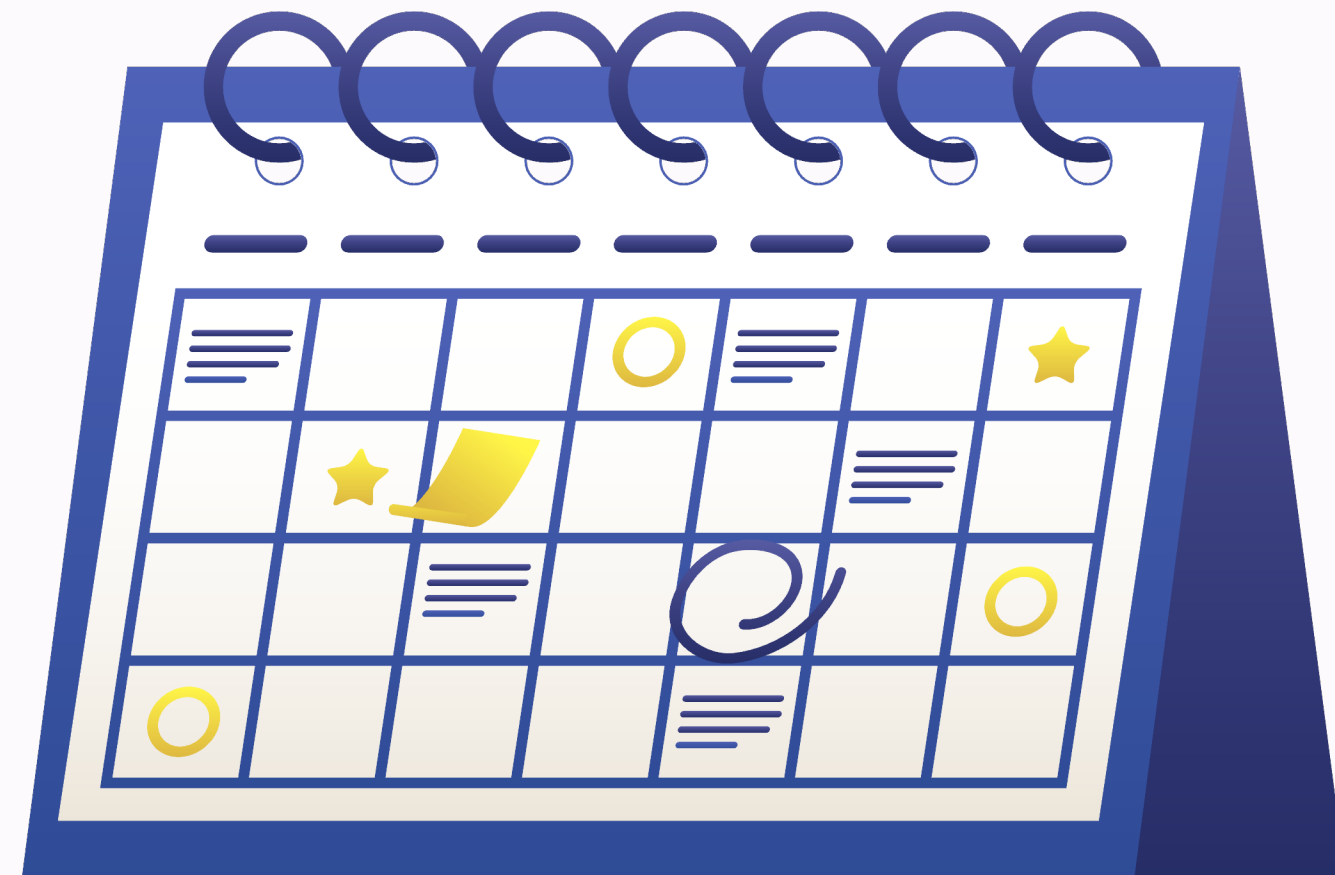
SELF-SAMPLING



PrEP service users can avail of the national HIV & STI self-sampling service

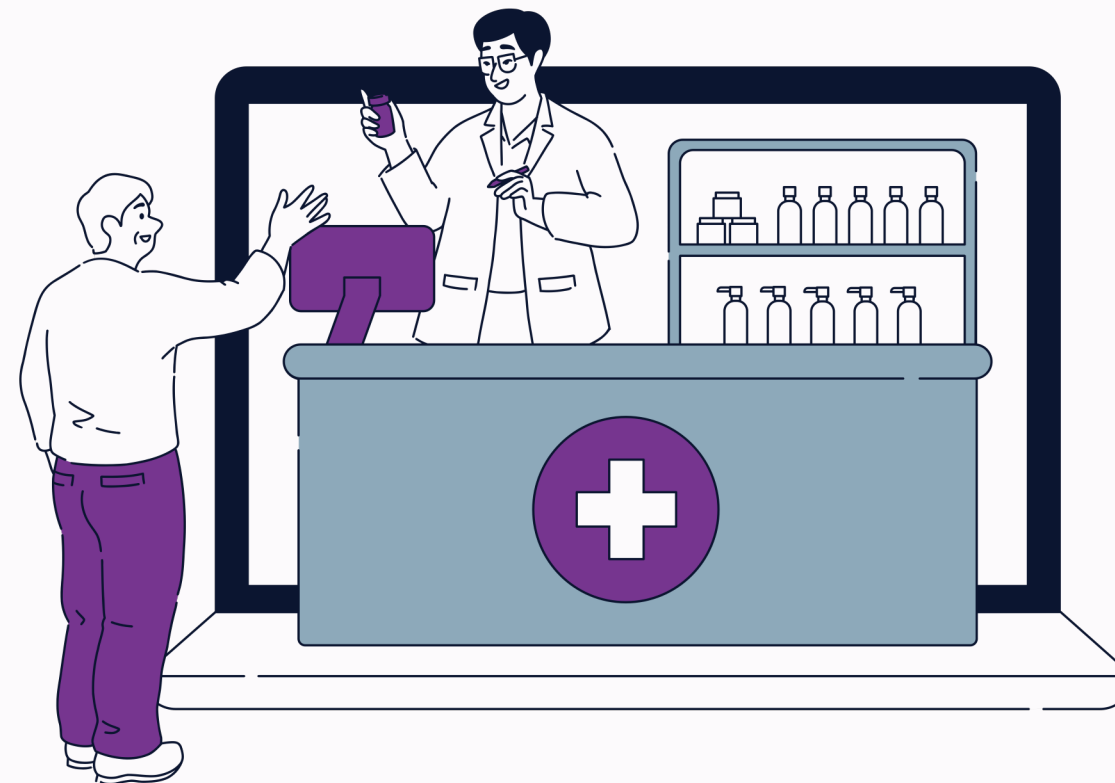
Reduce need for in-person visits, reactive results linked back to ANP, person-centered.

MULTI-MONTH PRESCRIPTIONS



Multi-month prescriptions, up to 6 months can be made available

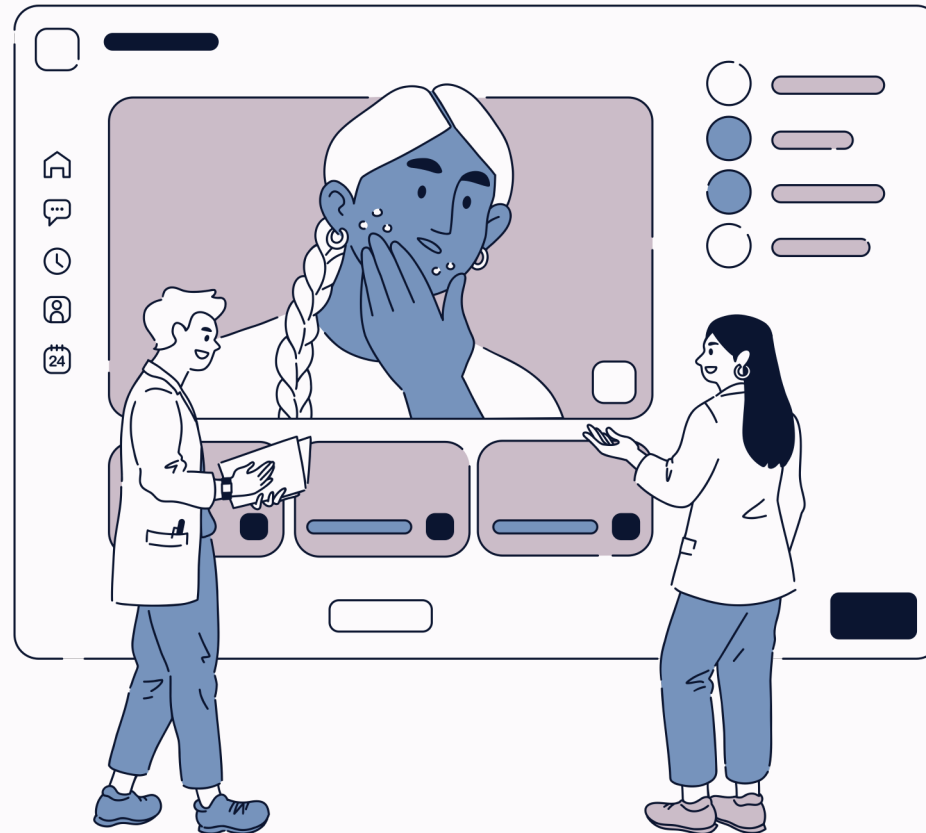
COMMUNITY PHARMACY



Prescription pack can be sent to nominated local pharmacy or directly to home address.

Pack contains prescription, self-sampling info, support info, contact details, and next appointment date.

DIFFERENTIATED DELIVERY MODEL



**CONTACT OR
REFERRAL**

**PREP
ASSESSMENT**

HIV/STI TESTING

**3 MONTH
PRESCRIPTION**

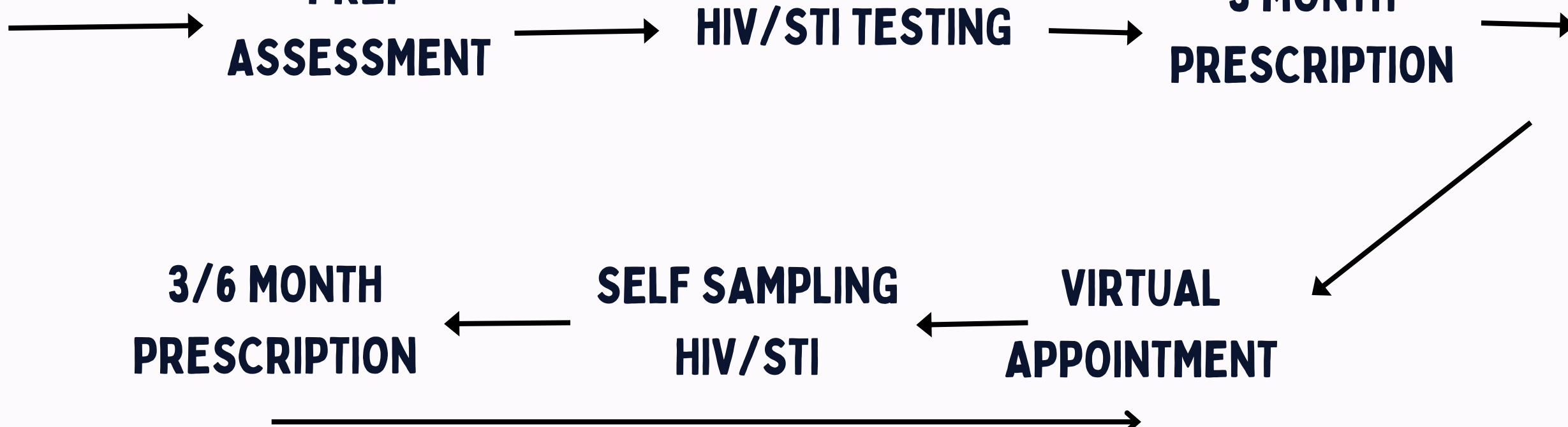
**3 MONTHS LATER
RETURN TO CLINIC**

**3/6 MONTH
PRESCRIPTION**

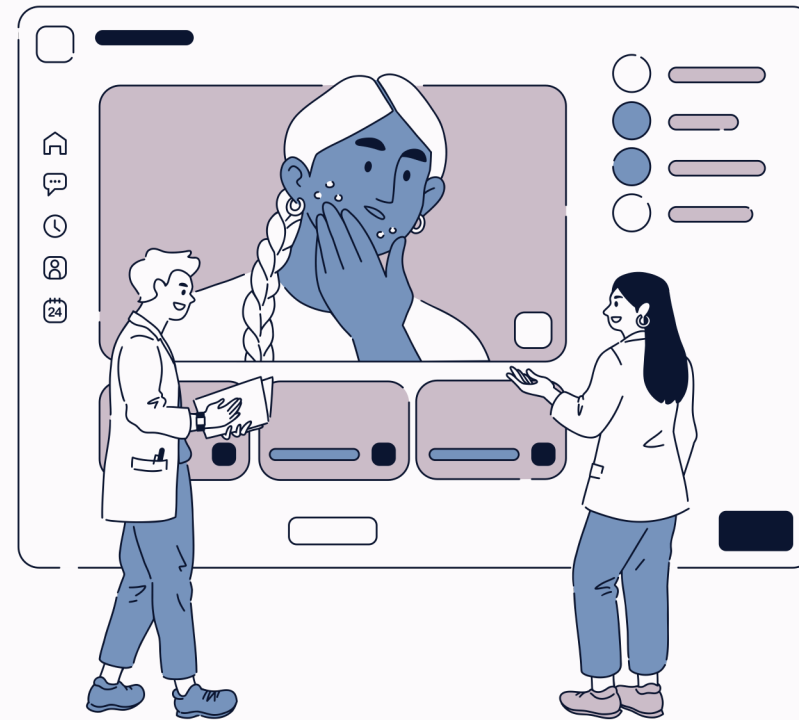
**SELF SAMPLING
HIV/STI**

**VIRTUAL
APPOINTMENT**

REPEAT IF NECESSARY



OUTCOMES



Simplified Service Offering

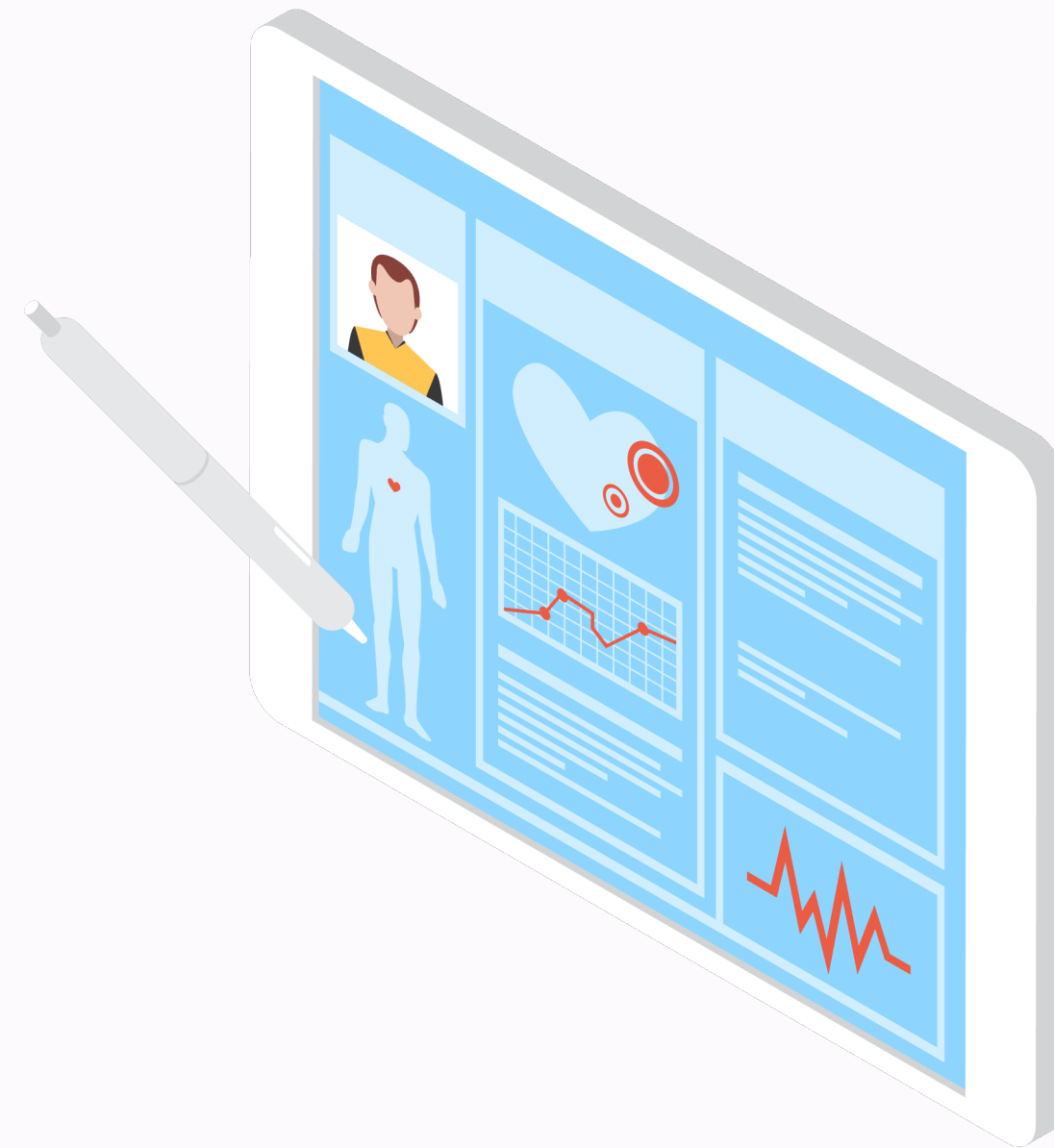
293 new PrEP initiations

Reduction in DNA

◆◆ FUTURE PLANS ◆◆

DIFFERENTIATED DELIVERY OF PREP SERVICES IN IRELAND

- Update National PrEP Standards & Guidelines
- Nationwide Monitoring & Evaluation Framework
- Expand PrEP Providers (primary care)





THANK YOU!

Coleen Finlay, PrEP Clinical Nurse Specialist at MMUH
Prof Fiona Lyons, Caroline Hurley & Rachael Metrustry at HSE SHCPP
Antons Mozalevskis & Viatcheslav Grankov at WHO



YOU CAN CONTACT ME:

Adam.Shanley@hivireland.ie

@Adlers1 / @HIVireland

mpower.hivireland.ie