# AN ECONOMIC ANALYSIS OF FACTORS ASSOCIATED WITH PREP USE FOR HIV PREVENTION IN WOMEN 

Dion Allen, Msc
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## Background

- Ending the HIV Epidemic - 90\% reduction in new HIV infections by 2030 (Fauci, et al., 2019)
- Along with behavioral strategies, preexposure prophylaxis (PrEP) for HIV prevention is a major biomedical tool (Zorrilla, Rabionet, Mosquera, \& Ramirez de Arellano, 2012)


## TAKING PrEP TO PREVENT HIV

People who use PrEP must commit to taking it every day and seeing their health care provider every 3 months for follow-up.


## Background

Since its approval in 2012, PrEP uptake has been slow (u.s.
Department of Health and Human Services, 2021)

- An estimated 1.2 million are at high risk of becoming HIV infected
- Only about $18 \%$ are on PrEP
- 4 in 5 who could benefit are not on PrEP


## Background

1.2 million with indications for PrEP

- 492,000 - MSM
- 115,000 - IV drug users
- 624,000 - Heterosexually active adults
- 157,000 - Men
- 468,000 - Women



## Background

Between 2015 and 2019 (Allen et al., HIV.gov, 2021)

- $9 \%$ reduction in HIV infections for men while women remained stable
- $7 \%$ increase in new infections among women who inject drugs, while men remained stable


## Literature

PrEP uptake is higher in states that expanded Medicaid under the ACA

- Insured are four times more likely to access PrEP (Patel et al., 2017)
- Medicaid removes cost barrier (Karletsos \& Stoecker, 2021)
- Medicaid expansion associated with $25 \%$ higher PrEP prevalence (Siegler et al., 2020)


## Literature

- Disparities in PrEP use among Medicaid enrollees (Harawa, Tan \&Leibowitz, 2022)
- Addressing PrEP uptake beyond the cost barrier (Chan, Seiler, \& Chu, 2020; Laufer, O'Connell, Feldman, Mps, \& Zucker, 2015)


## Study Aims

## Determine the effect of ACA Medicaid expansions and access to healthcare services on PrEP use

## Hypothesis

Women at risk for HIV who are living in states that expanded Medicaid programs and with greater access to healthcare services are more likely to use PrEP

## Methods - Variables and Data

Outcome Variable: PrEP-to-Need ratio (PNR) - (AIDSV database)

- $\mathrm{PNR}=$ \# of persons prescribed PrEP \# of new HIV diagnoses
- Gives the level of PrEP use relative to the need
- Higher PNR indicates greater PrEP coverage
- Available from 2012-2021


## Methods - Variables and Data

Key Independent Variables -(Kaiser
Family Foundation, and County Business Patterns (CENSUS))

- ACA Medicaid expansions
- Family Planning Clinics per 100,000 population
- Mental Health and SUD Treatment Centers per 1000 HIV infections


Figure 2 Number of states that expanded Medicaid programs, 2012-2021

## Method - Empirical Model

- Estimate the effects of changes in Medicaid eligibility, the availability of family planning clinics and mental health and substance use disorder treatment centers on statelevel PrEP-to-Need ratios


## Method - Empirical Model

We model these relationships using a TWFE regression:

$$
P N R_{s t}=\alpha_{0}+\text { Expand }_{s t} \alpha_{1}+\text { FPClinic }_{s t}+\text { MHSUD }_{s t}+X_{s t} \alpha_{2}+
$$ $A_{s} \alpha_{3}+T_{t} \alpha_{4}+\varepsilon_{s t}$

$P N R_{s t}$ - PrEP-to-Need ratio in state s in year $t$ Expand $_{s t}$ - state $s$ expanded Medicaid in year $t$ FPClinic $c_{s t}$ - rate of family planning clinics in state s in year t $M H S U D_{s t}$ - rate of mental health and SUD treatment centers in state s in year $t$

## $\frac{\text { Resutts - Nunamapy }}{\text { All States }}$

PNR - State
PNR - Men
PNR - Women
Medicaid Expansion

Family planning clinics
MHSUD treatment
Observations
4.45
4.89
2.04
0.50
0.88
17.3

510
5.18
2.80
5.70
3.05
2.32
1.39
0.72
0.92

0
0.79
20.1
11.1

390
120

## Changes in PNR, 2012-2021



## Results - Regression Analysis

## State PNR

Medicaid
Expansion
Family planning
clinics
MHSUD treatment centers

N $\qquad$
1.800***
[0.725,2.875]
-0.945
[-5.410,3.520]
-0.118*
[-0.240,0.005]
459.000

Men PNR
2.130***
[0.813,3.447]
-0.731
[-3.504,2.042]
-0.103*
[-0.226,0.019] 459.000

Women PNR
0.359*
[-0.016,0.735]
-0.123
[-1.416,1.171]
-0.004
[-0.018,0.009]
457.000

## Results - Summary

Medicaid associated with:

- $40 \%$ increase in PNR overall
- $43.5 \%$ increase for men
- $17.5 \%$ increase for women


## Discussion and Conclusions

- Further support to the importance of Medicaid expansion on health outcomes
- Medicaid expansion twice as beneficial for men (43.5\%) than women (17.5\%) in PrEP use
- Women at risk of HIV are still vulnerable due to the gender disparity


## Discussion and Conclusions

- Targeted interventions are needed to work along with large-scale interventions, like Medicaid
- Further studies needed to explore PrEP services being offered at more granular levels


## Thank You!

## Contact Information

Email: dcooper1@mynsu.nova.edu
Twitter: DionAllen1234

