

# SAME-DAY ART INITIATION

## What is "Same-Day ART"?

A process of offering antiretroviral therapy (ART) to newly diagnosed or newly reengaged patients on the day of their HIV diagnosis or reengagement, or no later than 72 hours if same-day initiation is not possible.

### Inclusion criteria:

- ▶ Willing to start ART
- ▶ ART naïve
- ▶ Able to come back for follow-up visit(s) for baseline lab results notification
- ▶ Not suspected to have TB, cryptococcal meningitis, and/or other serious opportunistic infections that could compromise treatment

## SAME-DAY ART PROVIDERS



COUNSELORS

- Provide post-test counseling
- Assess logistical eligibility for ART initiation
- Provide ART education



NAVIGATORS

- Assess emotional and psychosocial readiness
- Develop a long-term care plan
- Provide on-going support



NURSES

- Conduct medical history assessment
- Review and notify lab results
- Schedule follow-up visits



PHYSICIANS

- Inform benefits and potential risks of ART
- Perform full clinical assessment
- Determine clinical eligibility
- Prescribe ART

## Overview of Same-Day ART Services at the Thai Red Cross Anonymous Clinic

**VISIT 1**

within  
2 weeks  
after ART initiation

**VISIT 2**

**VISIT 3**

- ▶ HIV status verification
- ▶ Readiness assessment
- ▶ Determine health insurance eligibility
- ▶ Medical history assessment
- ▶ Physical examination
- ▶ ART Initiation for 2 weeks

- ▶ Linkage to care
  - » Initiate transfer process of registered hospital based on health (if needed)

- ▶ Notify baseline lab results
- ▶ Assess potential side effects from ART
- ▶ If normal, prescribe ART for 1-2 months

# Same-day ART Flow

