

VIRTUAL

FAST-TRACK CITIES 2020

September 9-10, 2020

SPONSORED BY:



IN PARTNERSHIP WITH:



Melbourne - Victoria

Simon Ruth

CEO

Thorne Harbour Health

Australia

- Pop. 25.5 million
- 90% urbanized
- 30% born overseas
- Universal Healthcare (residents)
 - Primary care, Pharmaceuticals – Fed
 - Hospitals, Prevention, MH/AoD - State
- Fires - 10 of previous 12 months



Melbourne

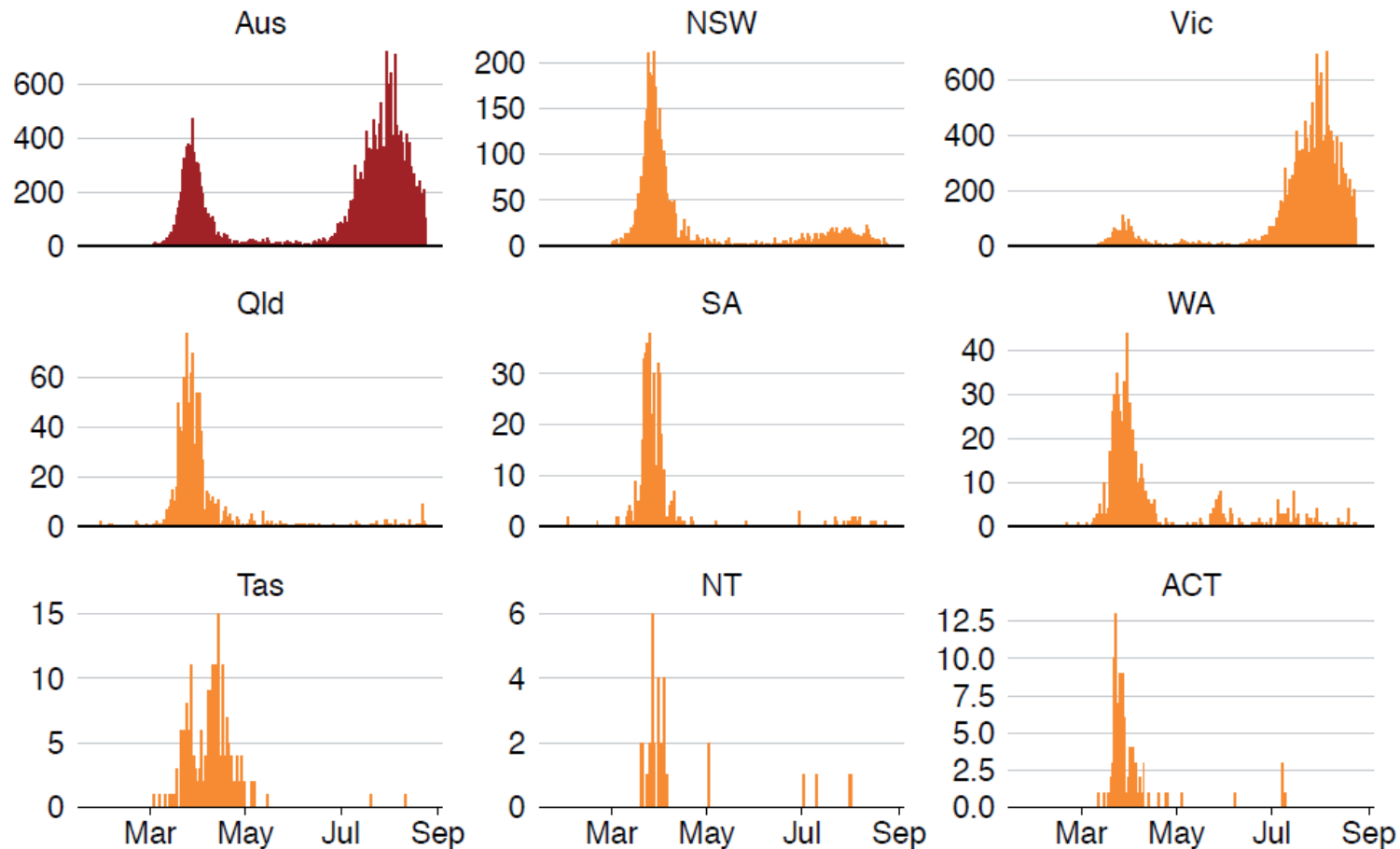
- FTC since 2014
- Cascade 89% - 98% - 96%
- Pop. Melb 4.97 million
 Vic 6.49 million
- Strong partnership approach
 - Regulated sex work (1984)
 - Victorian AIDS Council - CSO (1983)
 - Needle Syringe programs (1987)
- New cases - 90% male
- Strong PrEP uptake – MSM



Australia has managed to drive down COVID-19 cases everywhere except Victoria

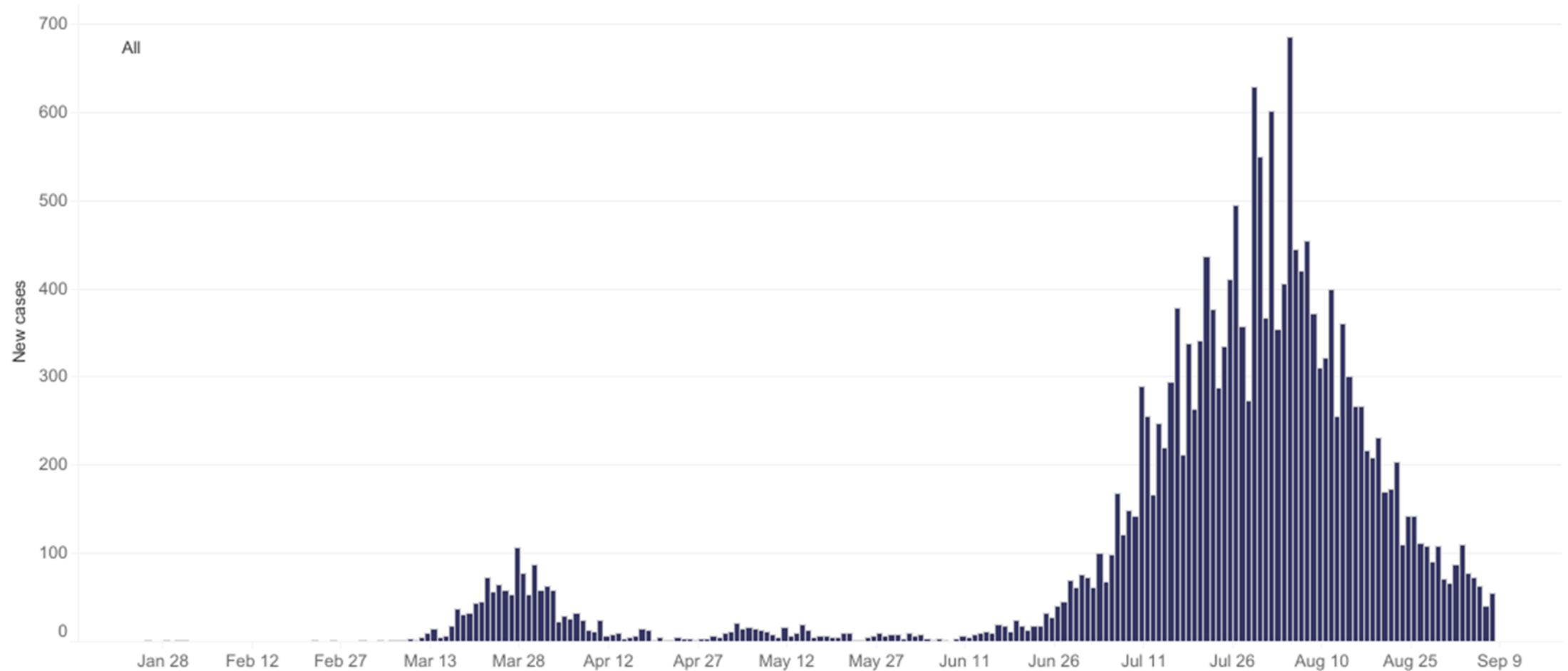
GRATTAN
Institute

New cases from all sources



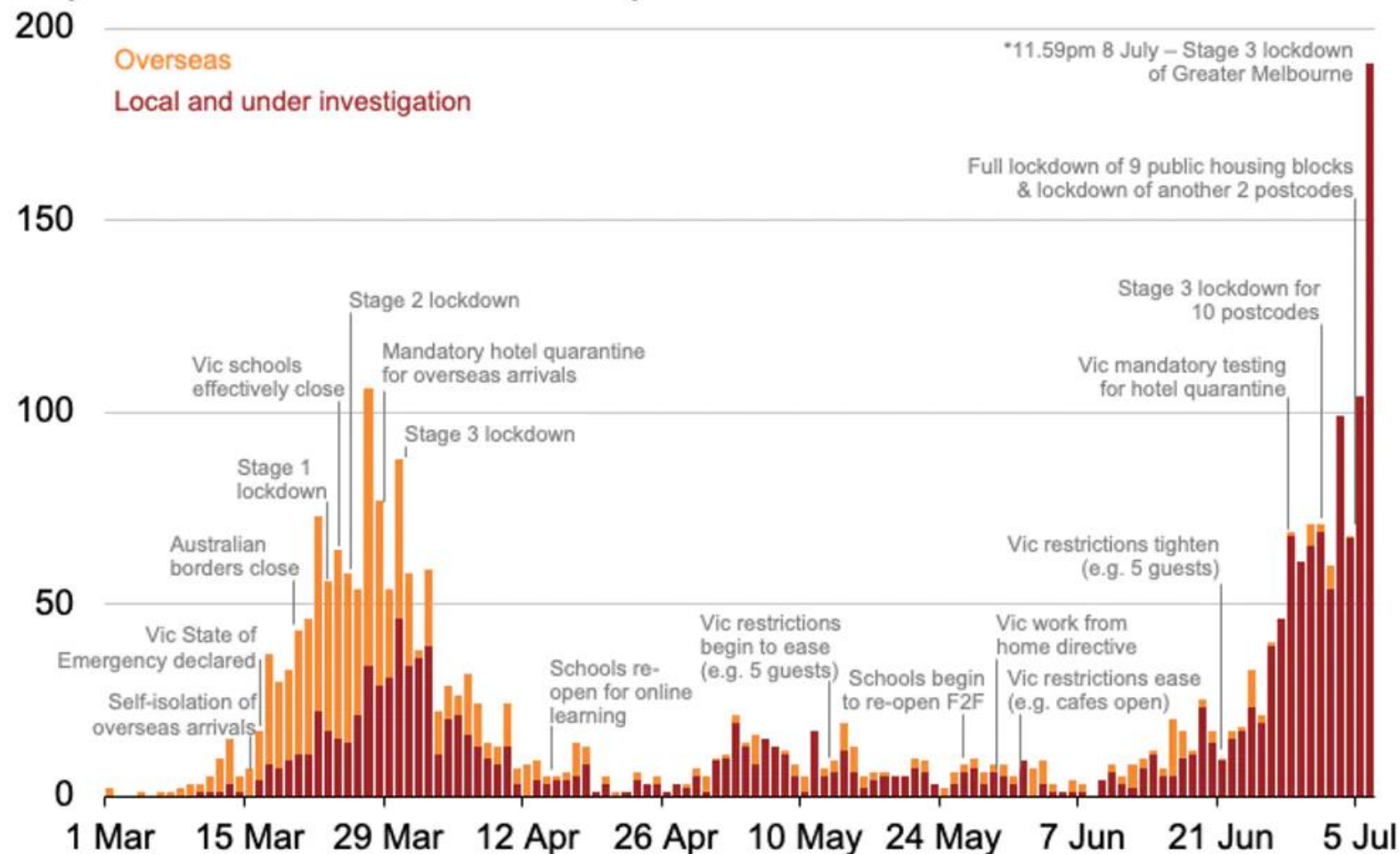
Source: Data from state and territory updates, collated by Barry (2020)

Victoria had eight times more local cases in the second wave than it did in the first.



A timeline of Victoria's lockdown restrictions

Daily new COVID-19 cases in Victoria by source of infection




Further Timeline

- 6/7 - NSW (last) border closed (127 cases)
- 2/8 – Stage 4 restrictions – 671 cases
 - Curfew 8 PM – 5 AM
 - Work permits – essential workers
 - 5 KM radius
 - Mandatory mask wearing
 - Melbourne border
 - Visit intimate partner
 - For six weeks to 13 Sept
 - Health open – NSP, Primary care
- 6/9 – Announced extension of Stage 4 and Roadmap for Reopening - December

An important message from the Victorian Government

STAGE 3 RESTRICTIONS ARE NOW IN PLACE.

That means there are only four reasons to be out.

-  Shopping for food and supplies that you need.
-  Exercise.
-  Medical care and caregiving.
-  Work and education – if necessary.

Stay informed at coronavirus.vic.gov.au

 VICTORIA State Government

Managing this *together*

Latest Victorian Numbers

Updated: 10 September 2020 03:45pm

51

new cases
(last 24 hours)

14,805

test results received
(last 24 hours)

7

lives lost
(last 24 hours)

1,483

active cases

19,728

total cases

2,443,583

total tests

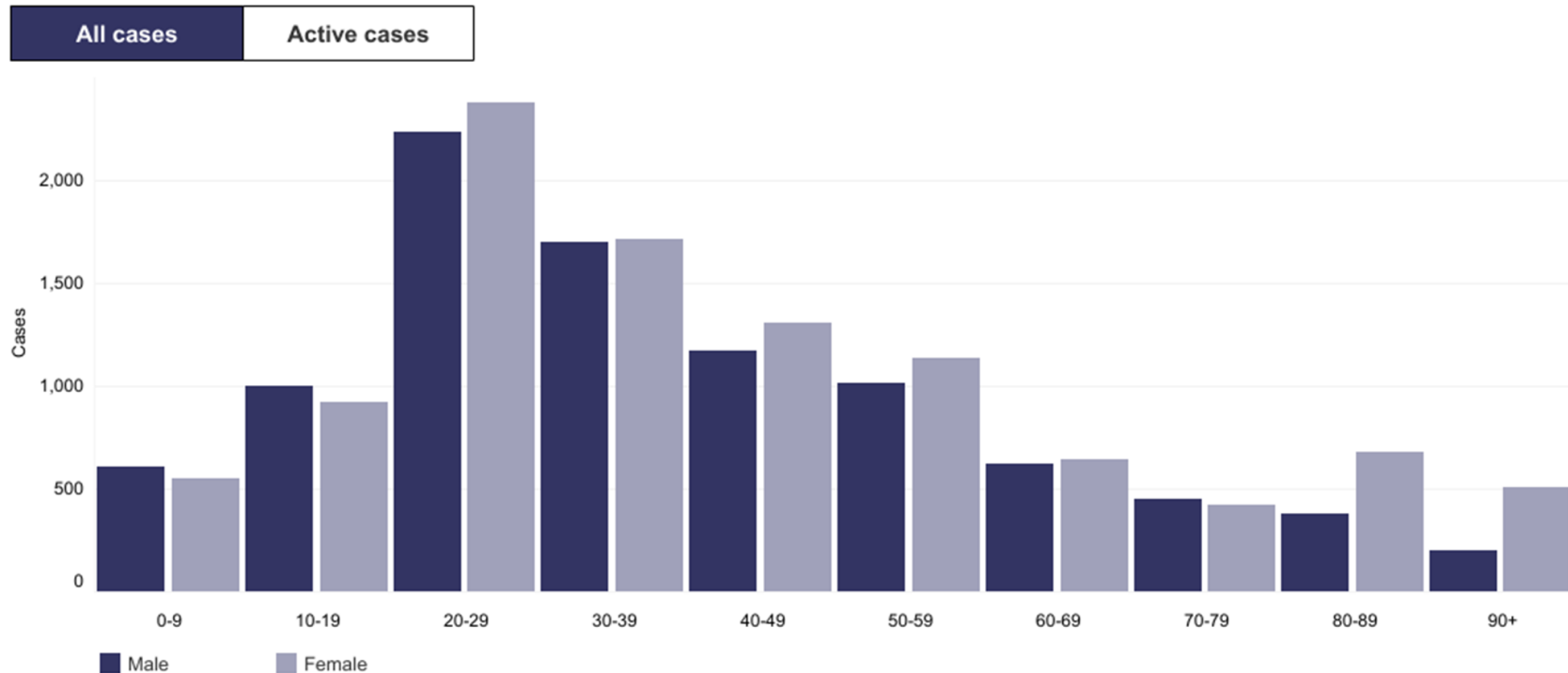
701

total lives lost

17,484

recovered

Cases by age and gender



Outbreaks

- Over crowded housing
- Six prisons in lockdown
- Essential workers
 - Meat works
 - Fast food
 - Groceries
- Aged Care outbreaks
- Low paid workers
- Drug users - media



COVID risk messaging

STAY SEXY DURING COVID-19

When have but w sexy!

COVID-19 AND SEX!

If you wa
Try cam
look into
revisit y
experim

Reduce your risk of COVID-19 by not having casual sex

FIND

* Have a regular sex partner
* Only have sex with the person you live with

thorneharbour
health*

FIND OUT MORE

COVID-19 IS TRANSMITTED DURING SEX & KISSING

LIMIT YOUR RISK OF GETTING COVID-19 BY HAVING NO CASUAL SEX AT THIS TIME

If you're going to have sex, have one regular partner or only have sex with the person you live with.

FIND OUT MORE:
thorneharbour.org/covid19

做爱和接吻
期间可传播冠状病毒

请限制自己感染冠状病毒的风险
当前请勿进行草率的性行为。

如果你要做爱, 请找一名固定性伴侣,
或 与和你住在一起的人
发生性关系。

了解更多信息:
thorneharbour.org/covid19

โควิด-19 แพร่เชื้อได้ขณะมีเพศสัมพันธ์หรือการจูบ

จำกัดความเสี่ยงในการติดเชื้อโควิด-19 ได้โดย
งดการมีเพศสัมพันธ์ในช่วงเวลานี้

หากคุณจะมีเพศสัมพันธ์
ขอให้มีความปลอดภัยเพียงคนเดียว
หรือมีเพศสัมพันธ์กับเฉพาะคู่ครอง
ที่คุณอาศัยอยู่ร่วมด้วย

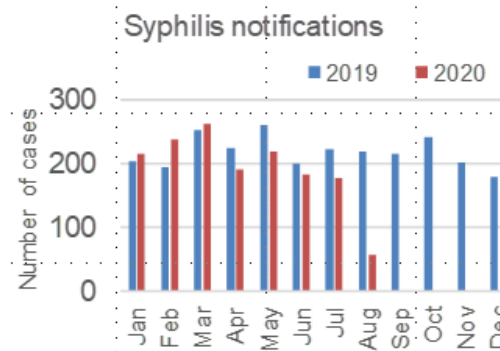
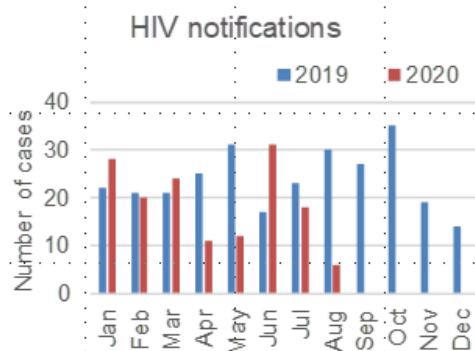
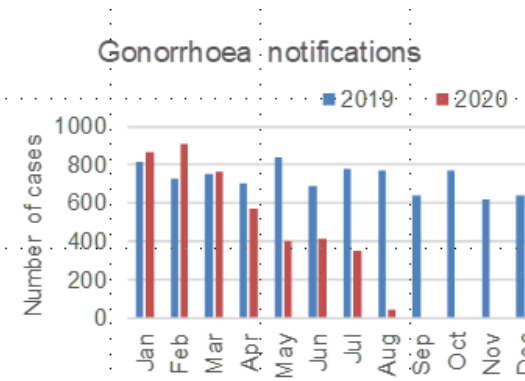
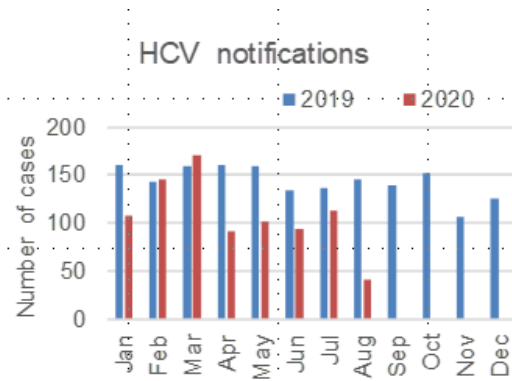
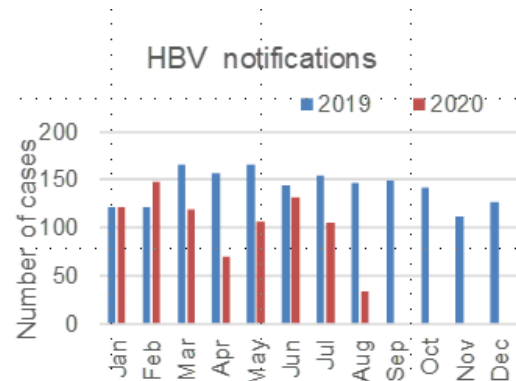
ข้อมูลเพิ่มเติมที่
thorneharbour.org/covid19



- Social media
- Community print and radio
- Apps – Grindr, Squirt, Scruff
- Street Posters

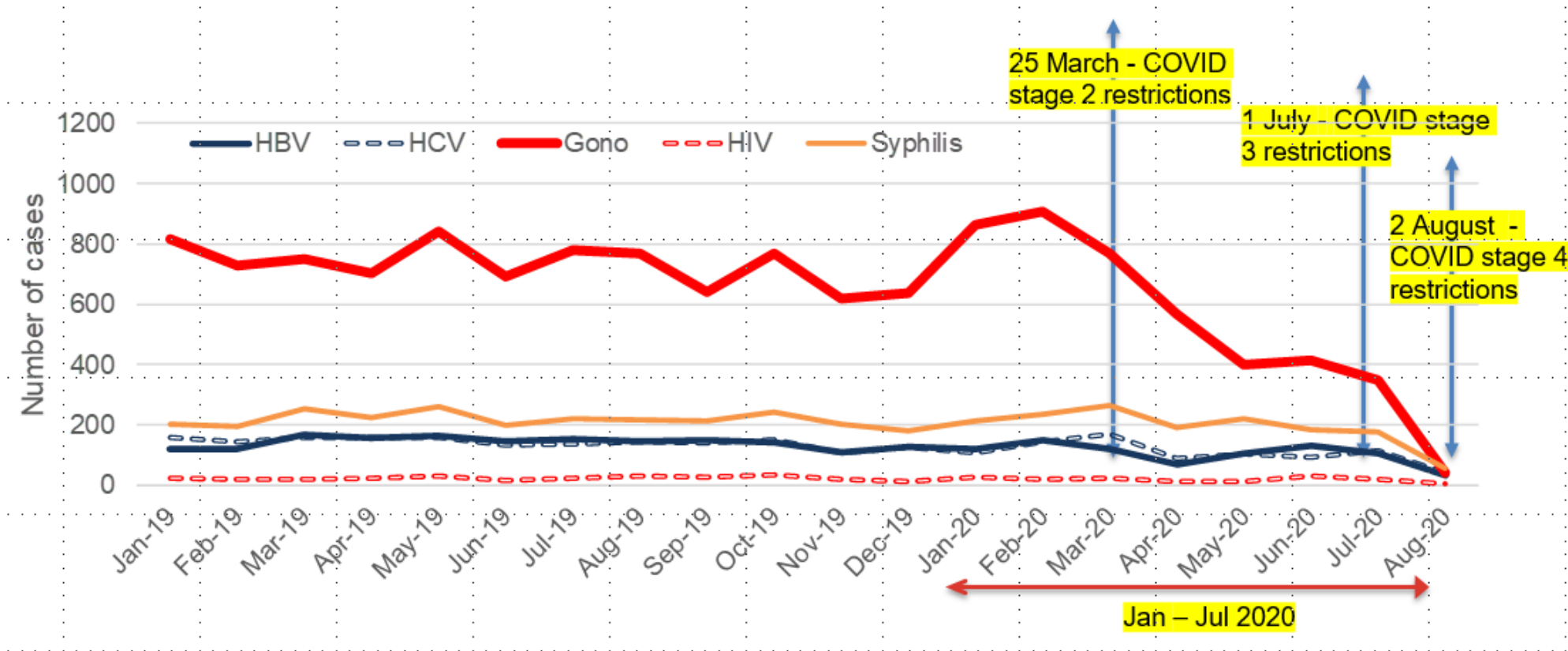


BBV/STI trends

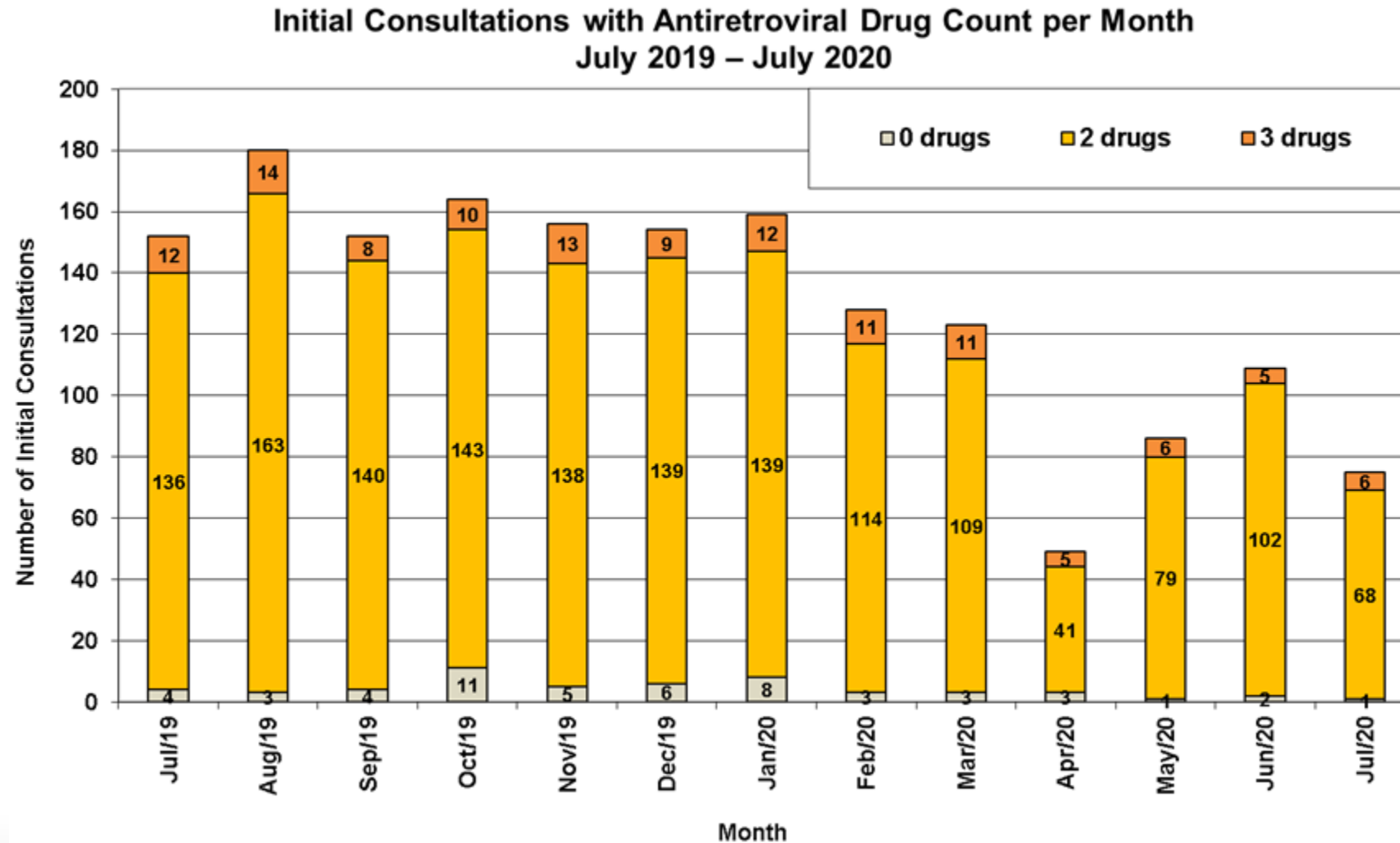


Notifications from Jan-July 2020 compared to same period in 2019

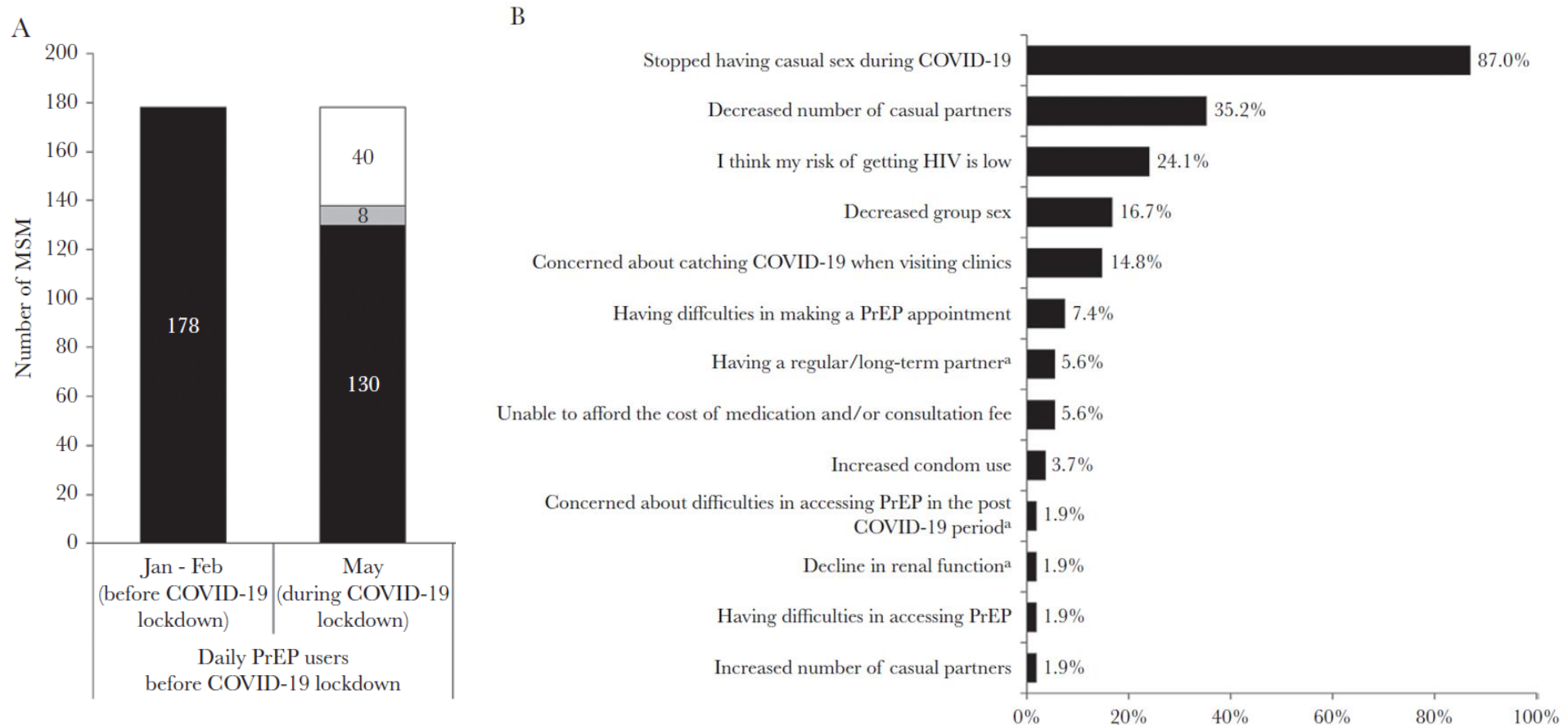
- HBV – 22% reduction
- HCV – 22% reduction
- Gonorrhoea – 20% reduction
- HIV – 10% reduction
- Syphilis – 5% reduction



HIV nPEP



PrEP during COVID



Chow, E, et al. "Changing the Use of HIV Preexposure Prophylaxis Among Men Who Have Sex With Men During the COVID-19 Pandemic in Melbourne, Australia" eric.chow@monash.edu

Issues

Communication

- Messaging into communities
- Sex work confusion
- Message fatigue

Hardship

- Long term furloughing
- Mental health concerns
- Financial hardship

Isolation

- Loneliness
- Mental health
- Loss

Systems

- Loss of BBV scientific/medical leadership
- Car based testing

Programs

- Telehealth appointments
- Co-payment waivers
- Pharmacotherapy – 6+ take away doses at a time
- Longer scripts
- Solved homelessness
- Targeted Education – PrEP
- Volunteer social supports
- Outreach care

HARM REDUCTION VICTORIA PRESENTS

COVID19 PHARMACOTHERAPY

Methadone & Buprenorphine Dependent
FOR & BY PEOPLE WHO USE DRUGS

1 LONGER PRESCRIPTION
Methadone & Suboxone scripts CAN be written for 2-3 months at a time. This means you won't have to go to the clinic for a longer period of time which means less mixing with others and reducing the risk to all. **ASK your doctor/pharmacy what the plan is if they are forced to CLOSE. BE SURE TO ASK FOR NALOXONE PRESCRIPTIONS AS WELL!!**

2 TAKE AWAY DOSES (TADS)
Ask your prescriber to give you as many take-away doses, (TADs) as they can. More take-aways mean less visits to the pharmacy, less mixing with other people, & a reduced need to leave your house. If your prescriber is happy to give you more than 4 TADs p/w (methadone) or more than 6 TADs p/w (Suboxone) please make sure your prescriber tells your dosing pharmacy so you don't have problems picking it up.

3 APPOINTMENTS & PRESCRIPTIONS
Make sure your prescription is up-to-date. If you have an appointment coming up with your doctor, **PLEASE DO NOT MISS IT.** If you are feeling unwell or are in self-isolation, call your medical clinic **BEFORE** going and follow their advice. *Prescribers are in VERY high demand and it is hard to get another appointment.

4 DO NOT MISS DOSES!
If you miss 4 doses in a row (of either methadone or buprenorphine (Suboxone/Subutex), your pharmacy cannot dose you. If your prescriber is not available, it will be **VERY** hard to find another one, especially in time to prevent opioid withdrawal symptoms.

5 KEEP CALM.
Freaking out does not help anyone- **ESPECIALLY** yourself! Stress lowers the immune system and leaves you susceptible to ANY dis-ease. **BREATHE.**

FOR PHARMACOTHERAPY EMERGENCIES, CALL PAMS 1800 443 844

Another Harm Reduction Victoria Initiative.
WWW.HRVIC.ORG.AU

Thanks

Melbourne FTC Partners

- Victorian Government
- City of Melbourne
- Doherty Institute
- Burnet Institute
- Living Positive Victoria
- Positive Women Victoria
- Thorne Harbour Health

