

**Table 1: Acceptability and usability of a mobile application of 105 AMPrEP participants included in a randomized controlled trial on PrEP adherence using eHealth interventions and assigned to the standard mobile application, Amsterdam, 2016-2018.**

|   | Median (IQR) <sup>a</sup> Likert score <sup>b</sup> Visit 1 (t=0 months) | Median (IQR) <sup>a</sup> Likert score <sup>b</sup> Visit 2 (t=3 months) | Median (IQR) <sup>a</sup> Likert score <sup>b</sup> Visit 3 (t=12 months) | Median (IQR) <sup>a</sup> Likert score <sup>b</sup> Visit 4 (t=24 months) |
|---|--|--|---|---|
| <b>Total standard questionnaires, n(%)</b>        | 105 (94.6)   | 102 (91.9)   | 97 (87.4)   | 52 (45.9)   |
| <b>How often do you open the app?, n(%)</b>       |  |  |   |   |
| Never   | 1 (1.0)  | 1 (1.0)  | 5 (5.2)   | 6 (11.5)  |
| <1 per month                                      | 2 (1.9)  | 4 (3.9)  | 3 (3.1)   | 7 (13.5)  |
| 1-5 per month                                     | 8 (7.6)  | 13 (12.8)  | 17 (17.5)   | 5 (9.6)   |
| 1-5 per week                                      | 21 (20.0)  | 25 (24.5)  | 26 (26.8)   | 13 (25.0)   |
| 5-7 per week                                      | 61 (57.1)  | 48 (47.1)  | 43 (44.3)   | 19 (36.5)   |
| >1 per day  | 13 (12.4)  | 11 (10.8)  | 3 (3.1)   | 2 (3.9)   |
| <b>Is the app useful?<sup>c</sup></b>             | 6 (4-7)  | 5 (4-6)  | 5 (4-6)   | 5 (3-6)   |
| <b>Is the app pleasant?<sup>d</sup></b>           | 5 (4-7)  | 5 (4-6)  | 5 (4-6)   | 5 (4-6)   |
| <b>Is the app difficult?<sup>e</sup></b>          | 6 (5-7)  | 6 (5-7)  | 6 (5-7)   | 6 (5-7)   |
| <b>Is it difficult to fill out the app daily?</b> | 6 (4-7)  | 6 (4-7)  | 5 (4-6)   | 4.5 (3-6)   |
| <b>Is filling out the app daily pleasant?</b>     | 6 (5-6)  | 5 (4-6)  | 5 (4-6)   | 4 (3-6)   |
| <b>How often do you look at the calendar?</b>     |  |  |   |   |

|  |               |           |           |           |           |
|--|---------------|-----------|-----------|-----------|-----------|
|  | Never         | 4 (3.8)   | 6 (5.9)   | 8 (8.3)   | 13 (25.0) |
|  | <1 per month  | 10 (9.5)  | 18 (17.7) | 25 (25.8) | 15 (28.9) |
|  | 1-5 per month | 51 (48.6) | 44 (43.1) | 40 (41.2) | 13 (25.0) |
|  | 1-5 per week  | 25 (23.8) | 21 (20.6) | 13 (13.4) | 6 (11.5)  |
|  | 5-7 per week  | 14 (13.3) | 10 (9.8)  | 9 (9.3)   | 5 (9.6)   |
|  | >1 per day    | 1 (1.0)   | 3 (2.9)   | 2 (2.1)   | 0 (0.0)   |
| <b>Is the calendar useful for tracking your PrEP use?</b>            |               | 6 (5-7)   | 6 (4-6)   | 6 (4-7)   | 4.5 (3-6) |
| <b>Is the calendar clear?</b>  |               | 6 (5-7)   | 6 (4-7)   | 6 (5-7)   | 5 (4-6.5) |
| <b>Is the calendar pleasant?</b>                                     |               | 6 (5-7)   | 6 (4-6)   | 6 (4-6)   | 5 (4-6)   |
| <b>Is the calendar useful for tracking your sexual activities?</b>   |               | 5 (4-6)   | 5 (4-6)   | 5 (4-6)   | 4 (3-6)   |
| <b>Is the calendar clear for tracking your sexual activities?</b>    |               | 5 (4-6)   | 5 (3-6)   | 5 (3-6)   | 5 (3-6)   |
| <b>Is the calendar pleasant for tracking your sexual activities?</b> |               | 5 (4-6)   | 5 (4-6)   | 5 (4-6)   | 5 (3.5-6) |
| <b>Did you setup a notification?</b>                                 |               |           |           |           |           |
|  | No            | 38 (36.2) | 34 (33.3) | 43 (44.3) | 22 (42.3) |
|  | Yes           | 67 (63.8) | 68 (66.7) | 54 (55.7) | 30 (57.7) |
| <b>Does the app remind you to take your PrEP?<sup>f</sup></b>        |               | 4 (2-6)   | 5 (2-6)   | 4 (2-5)   | 4 (1-5)   |
| <b>Do the notifications remind you to take your PrEP?</b>            |               | 3 (1-6)   | 4 (1-6)   | 3 (1-5)   | 1.5 (1-5) |
| <b>Does the calendar remind you to take you PrEP?</b>                |               | 3 (1-5)   | 3 (1-5)   | 2 (1-5)   | 3 (1-5)   |

Table 1 - acceptability short app users\_v3

| Do you read the general messages?  |           |           |           |           |  |
|--|-----------|-----------|-----------|-----------|--|
| No   | 8 (7.6)   | 3 (2.9)   | 4 (4.1)   | 3 (5.8)   |  |
| Sometimes  | 44 (41.9) | 24 (23.5) | 24 (24.7) | 17 (32.7) |  |
| Yes  | 53 (50.5) | 75 (73.5) | 69 (71.1) | 32 (61.5) |  |
| If yes, do you read the message on the day you received it? <sup>g</sup> |           |           |           |           |  |
| Rarely   | 3 (5.6)   | 3 (4.0)   | 1 (1.5)   | 1 (3.1)   |  |
| Sometimes  | 14 (26.4) | 10 (13.3) | 6 (8.7)   | 3 (9.4)   |  |
| Usually  | 17 (32.1) | 35 (46.7) | 38 (55.1) | 15 (46.9) |  |
| Always   | 19 (35.9) | 27 (36.0) | 24 (34.8) | 13 (40.6) |  |
| <b>Median app score, (IQR)<sup>h</sup></b>                               | 7 (6-8)   | 7 (6-8)   | 7 (6-8)   | 7 (6-8)   |  |

**Abbreviations:** IQR, interquartile range; PrEP, pre-exposure prophylaxis

- a. 7-point Likert scale, where 1 is the most negative and 7 is the most positive
- b. Unless otherwise indicated
- c. 1= not useful, 7=useful
- d. 1=unpleasant, 7=pleasant
- e. 1= very difficult, 7=very easy
- f. 1= not at all, 7= very much
- g. Among the participants who indicated that they read the general messages
- h. Median app score on a 1-10 scale (not a Likert scale), where 1= very bad, and 10=very good