Virtual Pre-Conference

Continuity of HIV Care in the Presence of COVID-19

William Matovu
HIV Activist/HIV educator
Love To Love Organization

U=U: A Motivational Message for HIV Treatment Adherence

3:45-4:15pm EDT. 6, May 2020
1. Introduction
2. What is U=U and What does it mean?
3. Glancing back and Moving Forward in Treatment Research
4. The impact of the U=U message as far as adherence is concerned
5. Challenges encountered in spreading this life changing message
6. The effect of COVID19 to the lives of people living with HIV in Uganda
7. What we done at least to ensure that PLWHIV have access to their life saving treatment.
8. Conclusion
8. Contacts
WHO IS WILLIAM MATOVU?

William Matovu is a youth born and living with HIV aged 25 working with Love To Love Organization as an HIV educator a Nonprofit organization based in Uganda that is creating awareness on HIV/AIDS and supporting youth and children infected and affected by HIV/AIDS.

In the year of 2010 at the age of 16 years, William started advocating for the rights of people living with HIV/AIDS because he had experienced a lot of stigma and discrimination after the death of his parents who pass on due to AIDS.

He is so passionate about social media activism. He uses his social media platforms to communicate accurate and meaningful information about HIV/AIDS and he dedicated his entire life to doing this.

In 2017 William started championing the U=U message in his community to ensure that people living with HIV have access to treatment and fighting stigma and discrimination among people living with HIV and the general public.

He has been participating in several conferences to present U=U. In the year 2018, he presented the state of U=U in Uganda at the U=U pre-conference during AIDS 2018 in Amsterdam and in 2019 he was the Keynote Speaker at first U=U conference in Africa which took place in Uganda on 16th of February 2019.
WHAT IS U=U & ITS MEANING

U=U in full is Undetectable Equals Untransmittable.

It means that someone (HIV+) who achieves and maintains Undetectable viral load of less than 200copies/ml CAN’T pass on the virus to their negative partners sexually.
THE PROGRESS OF TREATMENT RESEARCH

Dr. Julio Montaner
TasP

Bruce Richman
U=U
ENDORSEMENTS MADE BY SCIENTISTS
THE IMPACT OF U=U AS FAR AS ADHERENCE IS CONCERNED

❖ Creates harmony among discordant couples

❖ Dismantles the internal and external stigma (FEAR)

❖ U=U prevents clients from defaulting their Treatment
CHALLENGES ENCOUNTERED WHILE SPREADING THE U=U MESSAGE

➢ HIV colonialism (by service providers)
➢ Financial Support
➢ Dogma and Naysayers
➢ Most people think that this campaign is only in the favor of the LGBTQI community
COVID-19: HIV positive people abandon ARVs due to hunger

By Elvis Basudde  Added 28th April 2020 11:16 AM

Food insecurity is today emerging as a key barrier to ARV adherence among people living with HIV, and as a contributor to ARV treatment interruptions.
WHAT WE HAVE DONE TO ENSURE THAT PLWHIV HAVE ACCESS TO TREATMENT
CONCLUSION

In order to ensure that all people living with HIV are happy and healthy, we must embrace the U=U because it motivates many lives of PLWHIV to adhere well to their meds.

As a matter of fact, U=U opened our eyes now we really know the benefits of our treatment.

So my emphasis is, we should continue spreading this life changing message in order to encourage and save more lives of our brothers and sisters.

But still to achieve this we need to support each other for this noble cause.
CONTACTS AND SOURCE LINKS

- https://web.facebook.com/william.matovu.52 (William Matovu)
- https://twitter.com/Matovuwilliam1 (@Matovuwilliam1)
- https://twitter.com/LTLORGUG (@LTLORGUG)
- https://web.facebook.com/LTLORGUG/ (Love To Love Organization)
- www.lovetoloveug.org (Organization’s Website)
- https://www.preventionaccess.org/ (Prevention Access Campaign’s Website)
- https://web.facebook.com/nbstelevision/posts/2980926941998251
- https://www.newvision.co.ug/new_vision/news/1518313/covid-19-hiv-positive-people-abandon-arvs-hunger?fbclid=IwAR2q7Ct7npvL0V2q7tHNIJFXrMphMC6qjIgTEu7qzWq3hWyoZBMD4iLv6tI
THANK YOU (MWEBALE)

To End The Epidemic