Evolution in Progress
Nurse leadership in developing innovative models of care

Catarina Esteves,
Cascais Hospital - Portugal
HIV has shifted

From acute to chronic condition

The long-term needs of PLHIV are evolving

Wilder health issues

Identifying unmeet needs

Beyond viral load

- Holistic Care
Evolution in Progress
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Nursing Consultations in Cascais Hospital

- 1st Nurse Appointment
- During hospitalization / pre-discharge
- Adherence
- Programmed output – prisons
- Silver: 50 +
- Shared care
- Therapeutic procedures
- Unscheduled
- Disclosure of the diagnosis
- Rapid Test
- Surveillance of missed appointments
- Post Exposure Prophylaxis

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PLHIV

Physical health
Basic Human Needs
Psychosocial Care
Mental health
Spiritual Care

Barriers
Personal
Relatives
Economic

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Prevention

Prioritize high-impact interventions targeting populations most vulnerable to HIV infection with:

- Promotion and access to condoms
- Pre-Exposure Prophylaxis (PrEP)
- Post-Exposure Prophylaxis (PPE)
- Harm reduction “Say No to a Second Hand Syringe”

REFERENCES:
Screening, Diagnosis and Referral

- Early diagnosis of HIV infection - availability of the rapid test in Primary Health Care, Centers for HIV Counseling and Early Detection, Community Based Screening, Specialty Hospital Consultations, and Community Pharmacies.

- Model of treatment for the prison population living with HIV and HCV infection: movement of hospital health professionals to prisons, in order to provide hospital health care to the prison population.

REFERENCES:
Screening, Diagnosis and Referral

- Goals 90-90-90 (UNAIDS)

In Portugal: 91.7% of people living with the infection are diagnosed

86.8% of people diagnosed are on antiretroviral treatment

90.3% of the people in treatment have the undetectable VL

- "Cities on the Fast Track to End the HIV Epidemic":

Cascais, Lisbon, Oporto and Amadora/Sintra are Fast Track Cities

REFERENCES:
Patient-centered care allows:

- Better understanding of broader health issues affecting PLHIV
- PLHIV to be co-responsible in the care process and active in health gains
- Facilitate resource allocation more effectively and justify spending
- Promotion of continuity of care, connection and retention of health care
- Promote behavioral values of the recovery process, reintegration, improve the results and the quality of health care.
- Focus of interventions in health promotion, disease prevention and health gains in the person as a whole, inserted in the family and community.
We are

Thank you

Catarina Esteves
catarina.esteves.santos@hospitaldecascais.pt