



HIV NURSING 2019



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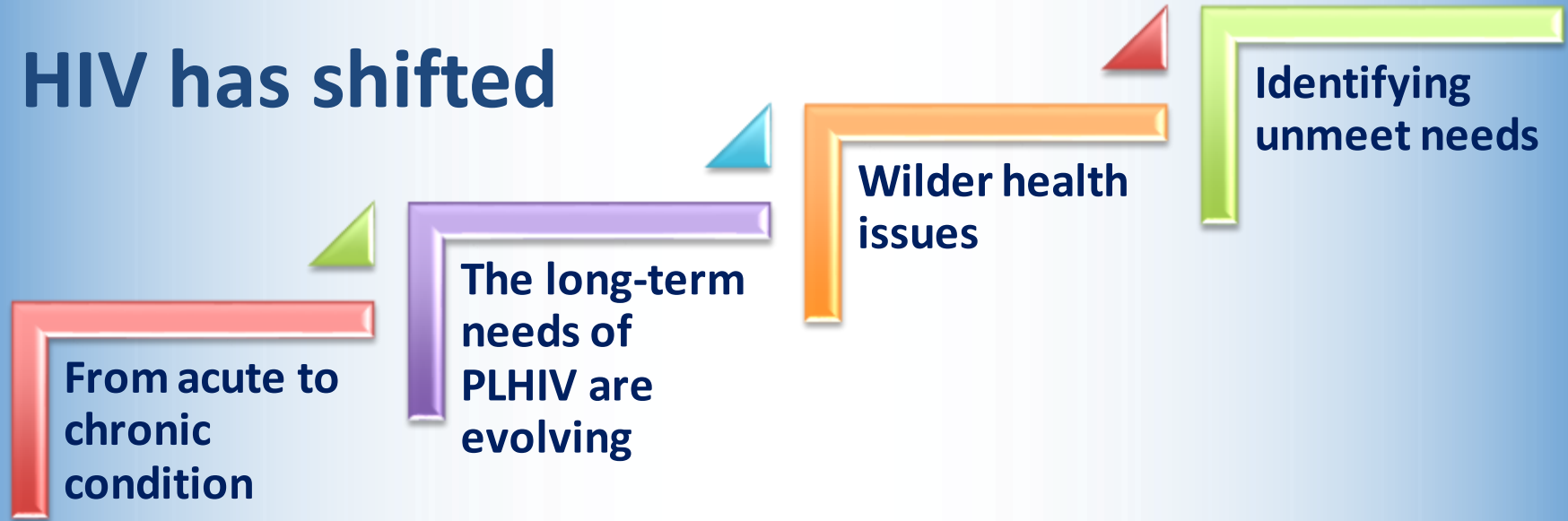
Nurse leadership in developing innovative models of care

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HIV has shifted



References: WHO, 2015. Draft global health sector strategy on HIV, 2016-2021



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Beyond viral load



- Holistic Care

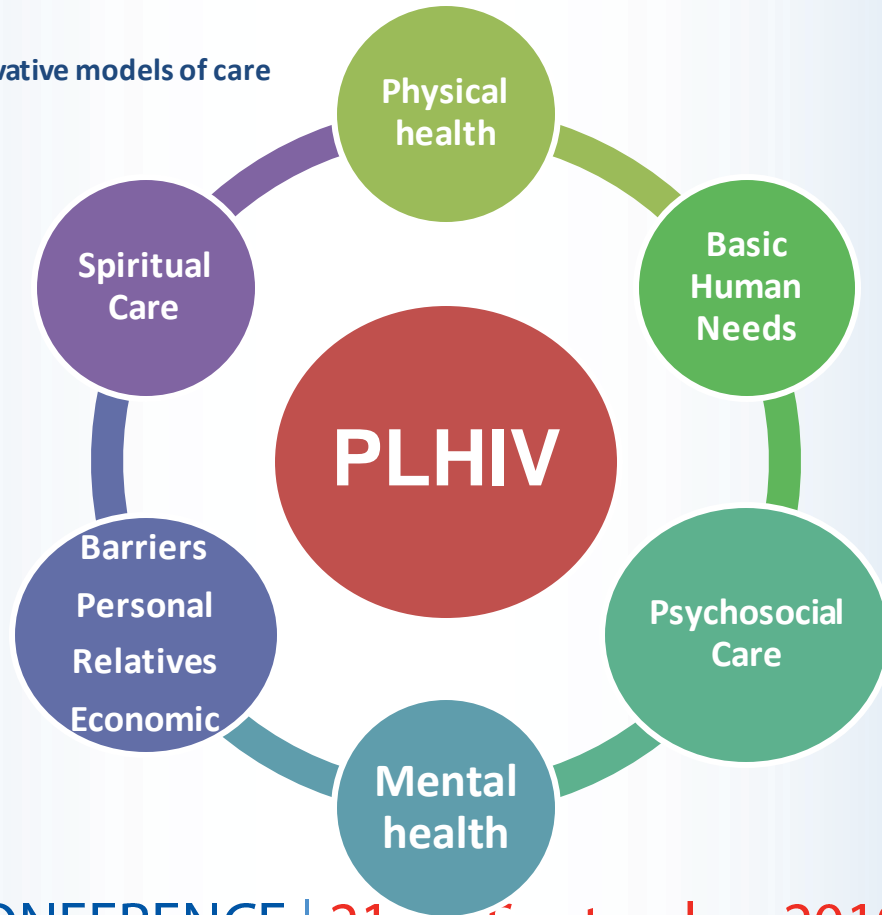


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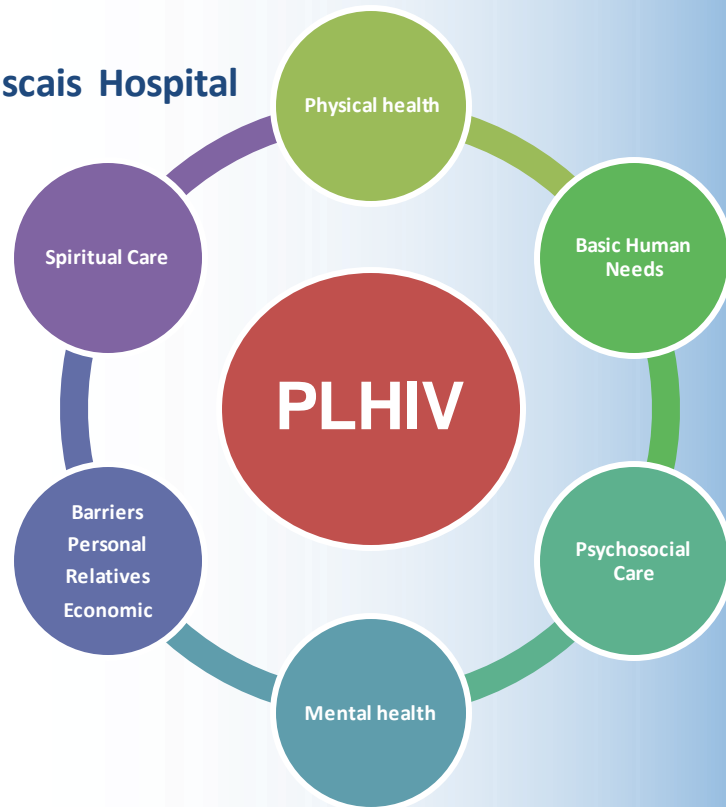


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Nursing Consultations in Cascais Hospital

- 1st Nurse Appointment
- During hospitalization / pre-discharge
- Adherence
- Programmed output – prisons
- Silver: 50 +
- Shared care
- Therapeutic procedures
- Unscheduled
- Disclosure of the diagnosis
- Rapid Test
- Surveillance of missed appointments
- Post Exposure Prophylaxis



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Prevention

Prioritize high-impact interventions targeting populations most vulnerable to HIV infection with:

- Promotion and access to condoms
- Pre-Exposure Prophylaxis (PrEP)
- Post-Exposure Prophylaxis (PPE)
- Harm reduction "Say No to a Second Hand Syringe"

REFERENCES:

- National Program for HIV and AIDS in Portugal, PROGRAMA NACIONAL PARA A INFEÇÃO VIH E SIDA. Ministério da Saúde. Direção-Geral da Saúde. **Infeção VIH e SIDA I Desafios e Estratégias 2018**. Lisboa, 2018. Available in: https://www.sns.gov.pt/wp-content/uploads/2018/07/RelatorioVIH_SIDA2018.pdf



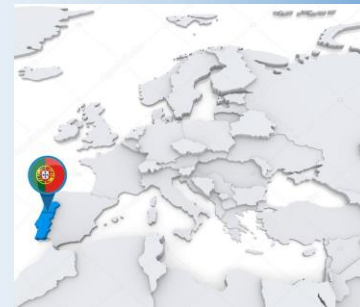
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Screening, Diagnosis and Referral



- Early diagnosis of HIV infection - **availability of the rapid test** in Primary Health Care, Centers for HIV Counseling and Early Detection, Community Based Screening, Specialty Hospital Consultations, and Community Pharmacies.
- Model of treatment for the **prison population** living with HIV and HCV infection: movement of hospital health professionals to prisons, in order to provide hospital health care to the prison population.

REFERENCES:

- National Program for HIV and AIDS in Portugal, PROGRAMA NACIONAL PARA A INFEÇÃO VIH E SIDA. Ministério da Saúde. Direção-Geral da Saúde. **Infeção VIH e SIDA I Desafios e Estratégias 2018**. Lisboa, 2018. Available in: https://www.sns.gov.pt/wp-content/uploads/2018/07/RelatorioVIH_SIDA2018.pdf



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Screening, Diagnosis and Referral

- Goals 90-90-90 (UNAIDS)

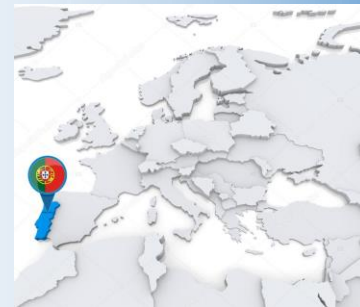
In Portugal: 91.7% of people living with the infection are diagnosed

86.8% of people diagnosed are on antiretroviral treatment

90.3% of the people in treatment have the undetectable VL

- "Cities on the Fast Track to End the HIV Epidemic":

Cascais, Lisbon, Oporto and Amadora/Sintra are Fast Track Cities



REFERENCES:

- National Program for HIV and AIDS in Portugal, PROGRAMA NACIONAL PARA A INFEÇÃO VIH E SIDA. Ministério da Saúde. Direção-Geral da Saúde. **Infeção VIH e SIDA I Desafios e Estratégias 2018**. Lisboa, 2018. Available in: https://www.sns.gov.pt/wp-content/uploads/2018/07/RelatorioVIH_SIDA2018.pdf



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Patient-centered care allows:

- Better understanding of broader health issues affecting PLHIV
- PLHIV to be co-responsible in the care process and active in health gains
- Facilitate resource allocation more effectively and justify spending
- Promotion of continuity of care, connection and retention of health care
- Promote behavioral values of the recovery process, reintegration, improve the results and the quality of health care.
- Focus of interventions in health promotion, disease prevention and health gains in the person as a whole, inserted in the family and community.



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We are

Thank you



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