

Sexual health counselling in HIV-care

Suzanne de Munnik
Nurse practitioner



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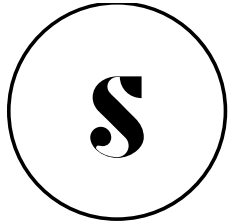
INTERDISCIPLINARY TEAM



Universiteit Utrecht







SCIENCE IN SEXUALITY

Suzanne de Munnik
Nurse practitioner infectious disease MSc
Catharinahospital – Netherlands
Total bed partners: 5
Current sex life: B+

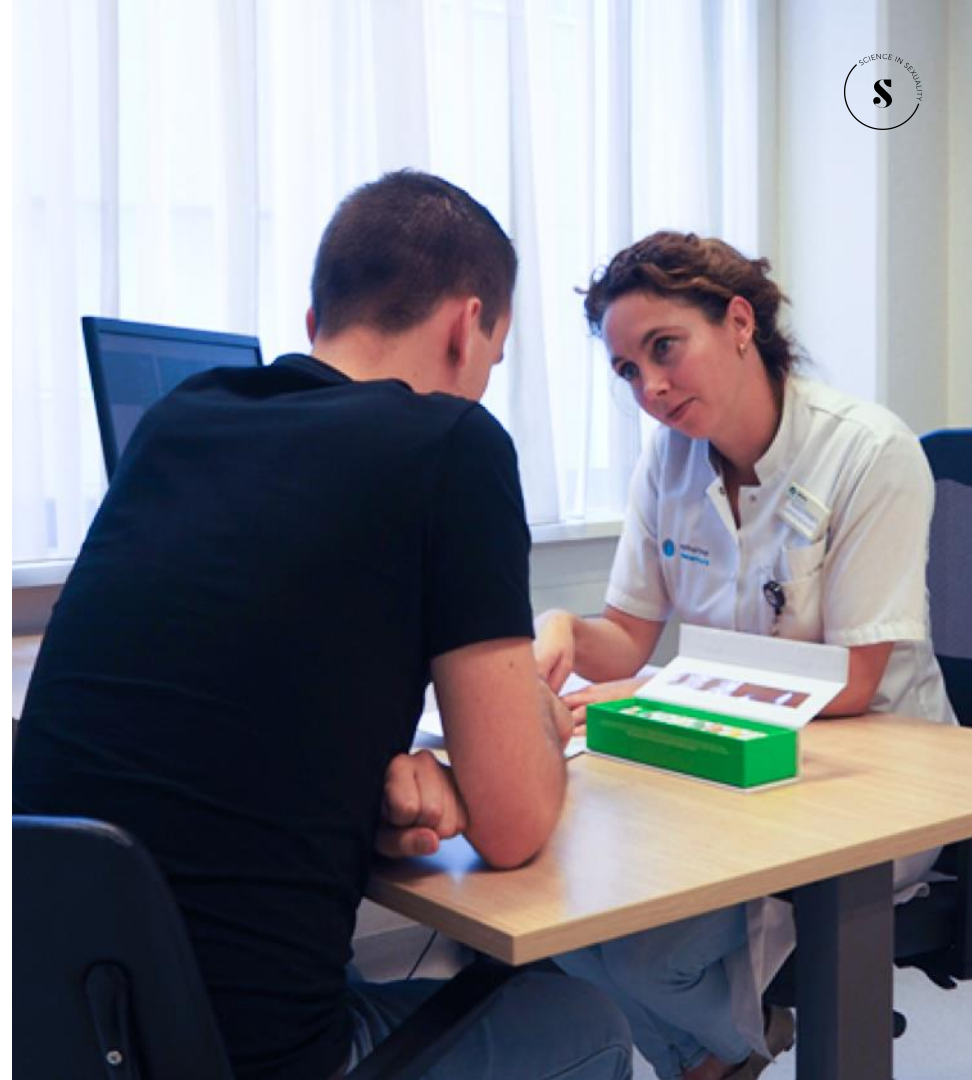
HIV-care Netherlands

INTERDISCIPLINARY TEAM

- Internist-infectiologist
- HIV-nurse/ nurse practitioner
- Consultation (psychologist, social worker i.e)
- National patient organisations, HIV association i.e.

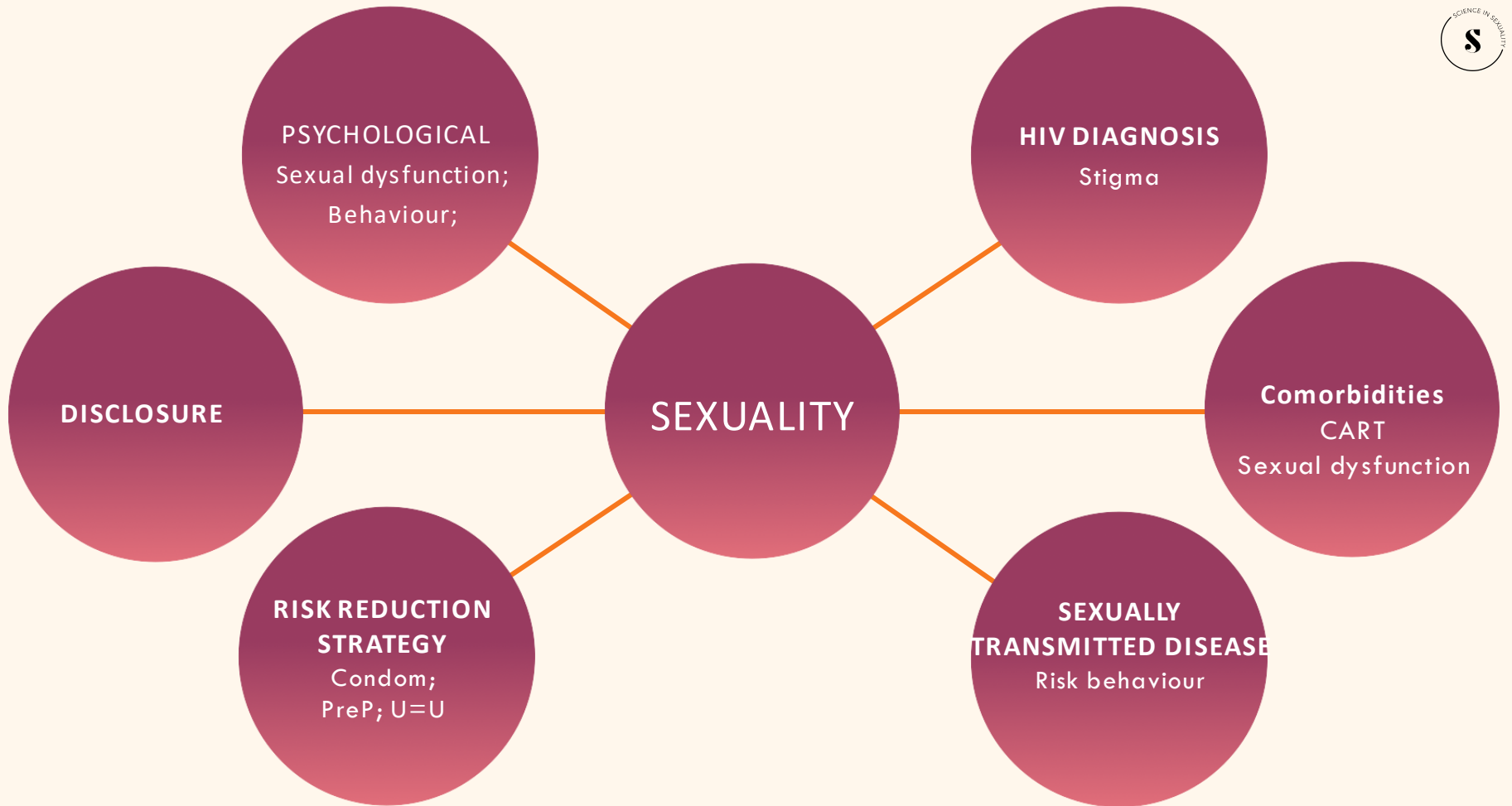
POSITIVE HEALTH

- Quality of life
 - Sexuality



HIV and sexual health

1. STD detection rate: 36.6% among people known to be living with HIV
2. 70.5% of HIV-positive MSM experience one or more sexual problems < 1 yr after diagnosis.
2. Netherlands: national plan STD, HIV and sexual health 2017-2022
3. National guideline HIV nurses sexual health 2008





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Let's talk about sex: A qualitative study exploring the experiences of HIV nurses when discussing sexual risk behaviours with HIV-positive men who have sex with men

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ORIGINAL RESEARCH:
EMPIRICAL RESEARCH – QUANTITATIVE

WILEY **JAN**
Advancing Professional Policy Workforce through Research and Education

From intention to STI prevention: An online questionnaire on barriers and facilitators for discussing sexual risk behaviour among HIV nurses

Suzanne de Munnik^{1,2}   | Sigrid C.J.M. Vervoort³ | Heidi S.M. Ammerlaan¹ |
Gerjo Kok⁴ | Chantal den Daas^{2,5}

PRESENT RESEARCH

The aim of the present study was to investigate to what extent sexual health counselling is incorporated into routine Dutch HIV care

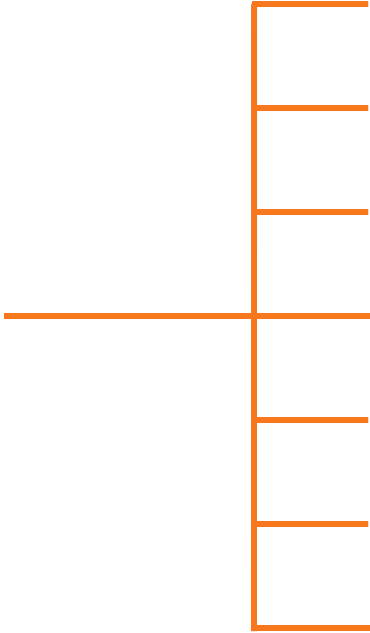


METHODS

A cross-sectional survey among physicians and nurses in The Netherlands

2017 - 2018

The questionnaire
consisting of 40 questions



Demographic characteristics

Self-perceived knowledge

Competent

Responsible

Providing sexual health counseling

Barriers

Sexual health topics

Physician (N=59)

VS

47%



GENDER



77%

34%



KNOWLEDGE



58%

14%



DISCUSSING

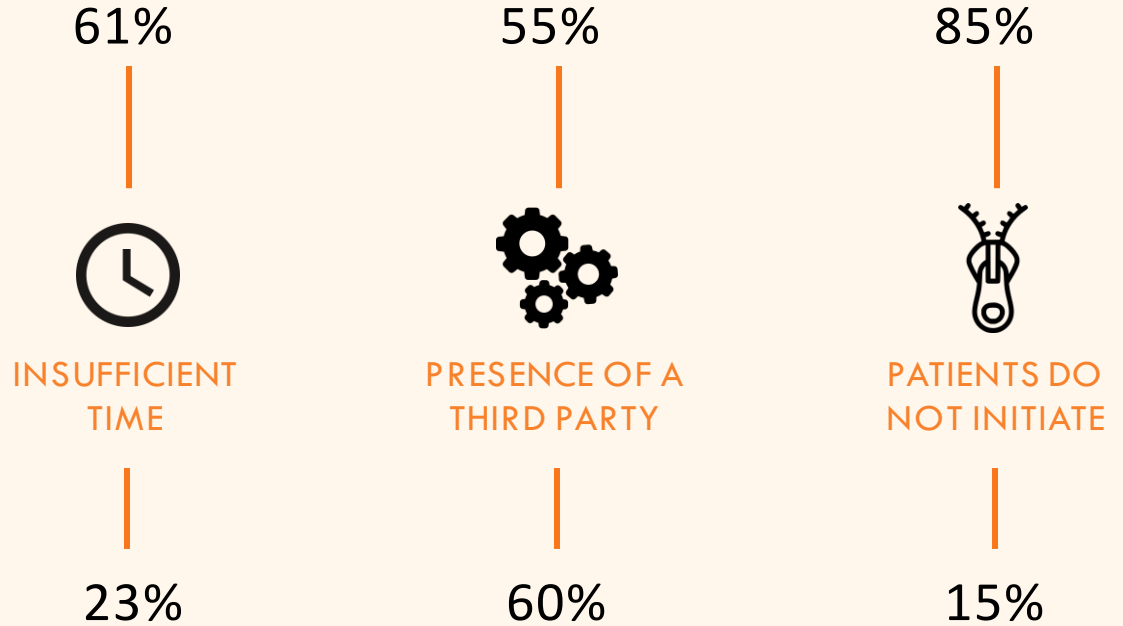


63%

Nurses (N=48)

Physician (N=59)

Barriers



Nurses (N=48)

sexual health counselling topics

	PHYSICIAN	NURSES
Fatigue	23%	50.0%
Lack of experienced pleasure	45%	88%
Inability to reach orgasm	13%	29%
Altered self image	38%	67%
HIV stigma	66%	85%

Frequently

66%



61%



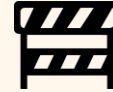
97%



Sexual health
counselling



KNOWLEDGE



BARRIER > 2



RESPONSIBLE

33.3%



87%



80%



Infrequently

Discussion

Sexual health counselling

- Responsible
- Third person

Sexual health counselling multifaceted

- who/which topic

Overcoming barriers

If there's a problem,
I hope he brings it up...



I hope she asks me!?

Conclusion

Researchteam “talking about sex”



Prof. Dr. J. (John) de Wit



Mw. Dr. H.S.M. (Heide) Ammerlaan



Mw. Dr. C. (Chantal) den Daas



Mw. Dr. S.J.C. (Sigrid) Vervoort



Dr. H.W. (Henk) Elzevier



Prof. Dr. G.J. (Gerjo) Kok

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INTERDISCIPLINARY TEAM

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