Scaling Up Nurse-Led/-Facilitated Interventions - Practical Examples

Gerjanne ter Beest, RN, Msc, MANP
Continuum of HIV care at the end of 2017*:

- **HIV-positive**: 23,100
- **Diagnosed and linked to care**: 20,844
- **Retained in care**: 19,675
- **On cART**: 19,289
- **Viral suppression**: 18,270

*90% 93% 95%*
Continuum of HIV care at the end of 2017*

- **HIV-positive**: 23,100
- **Diagnosed and linked to care**: 20,844 (90%)
- **Retained in care**: 19,675 (93%)
- **On cART**: 19,289 (95%)
- **Viral suppression**: 18,270

*Quality of life*
Steps forward in HIV prevention and HIV care
Steps forward in HIV prevention and HIV care

Ambitions

- No HIV transmission
- No deaths by AIDS
- No HIV stigma
- Optimal quality of life for people with HIV
Nursing intervention: PrEP care / Treatment as prevention

- HIV-positive: 23,100
- Diagnosed and linked to care: 20,844
- Retained in care: 19,675
- On cART: 19,289
- Viral suppression: 18,270

Quality of life
Nursing interventions on PrEP care / Treatment as prevention
Nursing interventions on informing about indicator diseases

- HIV-positive: 23,100
- Diagnosed and linked to care: 20,844, 90%
- Retained in care: 19,675, 93%
- On cART: 19,289, 95%
- Viral suppression: 18,270

Quality of life
Nursing interventions on accessible care

- HIV-positive: 23,100
- Diagnosed and linked to care: 20,844
- Retained in care: 19,675
- On cART: 19,289
- Viral suppression: 18,270

Quality of life
Nursing intervention: accessible care

HIV care: low-threshold care
Nursing interventions on starting ART, monitoring side effects, interactions

- HIV-positive: 23,100
- Diagnosed and linked to care: 20,844
- Retained in care: 19,675
- On cART: 19,289
- Viral suppression: 18,270
Nursing interventions on: adherence

Number of individuals

- HIV-positive: 23,100
- Diagnosed and linked to care: 20,844
- Retained in care: 19,675
- On cART: 19,289
- Viral suppression: 18,270

Quality of life
Nursing interventions on peer contact, fighting stigma, promoting healthy lifestyle, sexual health
Nursing intervention on: sexual health
Conclusions

• We do many nursing interventions
• These interventions are not always visible for other stakeholders

We need to work on visibility
• by doing scientific research
• by showing nursing leadership
• what else can we do??
Thank you

Gerjanne ter Beest, RN, MSc
Rijnstate Hospital Arnhem, the Netherlands
Dutch Society of HIV nursing
gterbeest@rijnstate.nl