

# Why Do Transgender Women Have the World's Highest HIV Rates ?

**Michelle Ross MBACP accred**

**Founder [cliniQ.org.uk](https://cliniQ.org.uk)**

**Holistic Wellbeing and Sexual Health for Trans people**

**IRGT Board of Director**

**cliniQ**  
Trans & non-binary health



**Vision:**

**A world of vibrant, healthy, and empowered trans women**

**Mission:**

**To advocate for trans issues in the international HIV response while promoting trans women's health and human rights**

**<https://transglobalactivism.org/our-mission/>**

**IRGT Board Members**

Amrita Sarkar, India

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Musonda Mulopa, Zambia

# MOST IMPACTED LEAST SERVED

Ensuring the  
Meaningful Engagement  
of Transgender People  
in Global Fund Processes



*“Solutions lie in peer-led implementation.  
We see you, we hear you today and we  
want to be part of the solution with you.”*

**DEBORAH BIRX UNITED STATES  
GLOBAL AIDS COORDINATOR AND  
SPECIAL REPRESENTATIVE FOR  
GLOBAL HEALTH DIPLOMACY**

# HIV TRANS PEOPLE KEY POPULATION

19x

Gay, bisexual men and other men who have sex with men (MSM) are **19 times more likely** to be living with HIV. Median HIV prevalence is consistently higher among gay, bisexual and other MSM compared to the general population.

49x

Transgender women are **49 times more likely** to be living with HIV.

19%

**19% of transgender women** are estimated to be living with HIV.

*In low- and middle-income countries, transgender women are 49 times more likely to be living with HIV than the general population.*



**OUTRIGHT**  
ACTION INTERNATIONAL

@outrightintl • [outrightinternational.org](http://outrightinternational.org) • [hello@outrightinternational.org](mailto:hello@outrightinternational.org)  
80 Maiden Lane, Suite 1505, New York, NY 10038 U.S.A.  
P: +1 (212) 430.6054 • F: +1 (212) 430.6060



**GLOBAL FORUM  
ON MSM & HIV**  
[MSMGF.ORG](http://MSMGF.ORG)

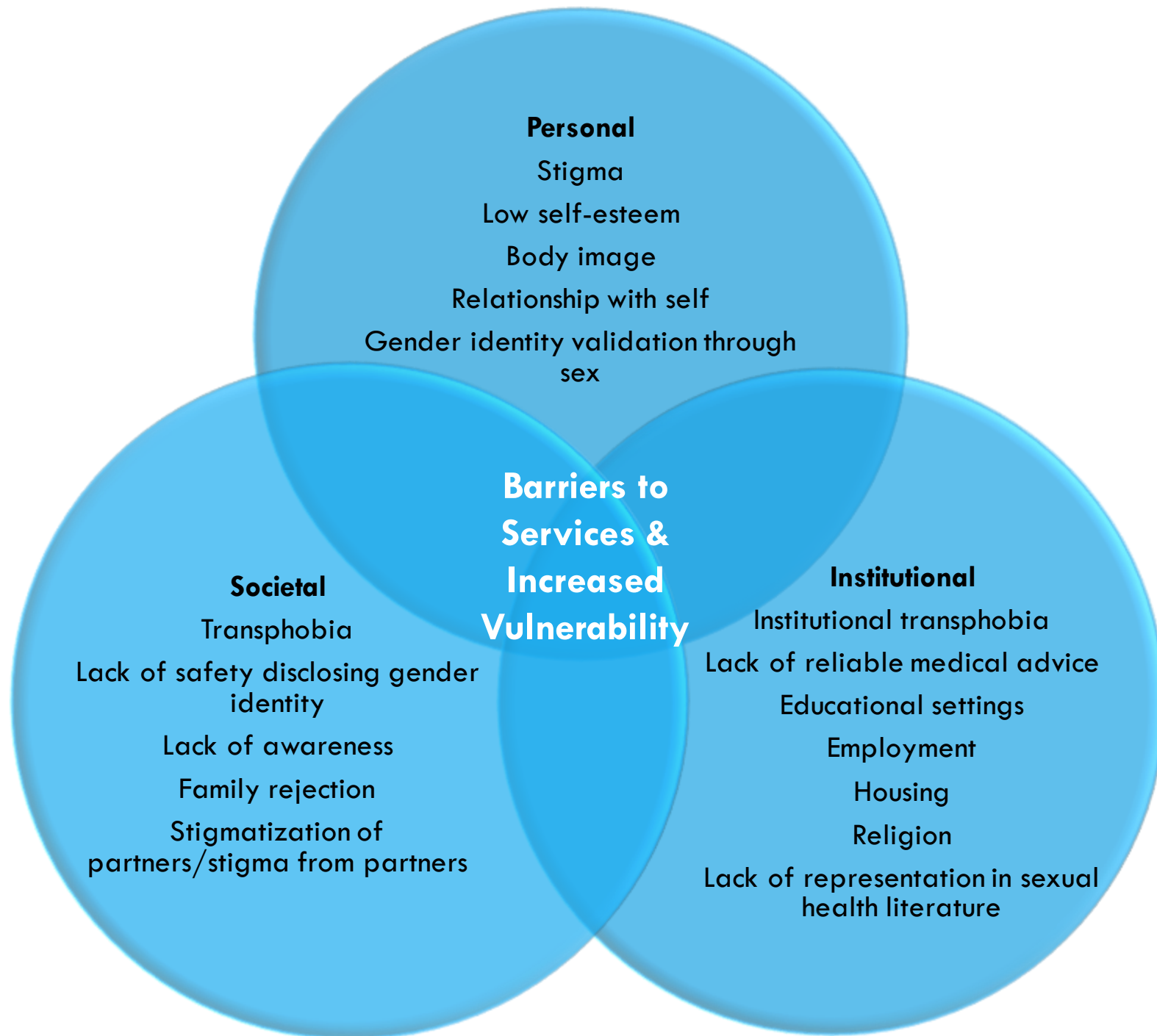
@msmgf • [msmgf.org](http://msmgf.org) • [contact@msmgf.org](mailto:contact@msmgf.org)  
436 14th Street, Suite 100, Oakland, CA 94612 U.S.A.  
P: +1 510 849 6311

\* Source: Joint briefing paper which illustrates how Sustainable Development Goal (SDG) 3, *Ensure Healthy Lives and Promote Well-Being for All at All Ages*

**“If you’re transgender the consequences are severe, all encompassing, life changing – because of the support networks you have can be pulled out from underneath you.**

The things that make people stable: a home, family, friends, work, respect, being treated as a person.

Most of us lose our friends. Sometimes they’ll never tell you why, it just happens.”





# Intersectionality

Inequalities are connected



Gender inequality is impacted by racism, class, homophobia, transphobia, discrimination against disabilities (ableism) & other issues.

**OTHER**  
sociologist



**cliniQ**

Trans & non-binary health



# **HARD TO REACH NOT WHEN YOU KNOW WHERE TO LOOK**

**Why Do Transgender Women Have the World's Highest HIV Rates ?**

**What is the HIV sector doing to reduce the High HIV Rates in Trans women ?**

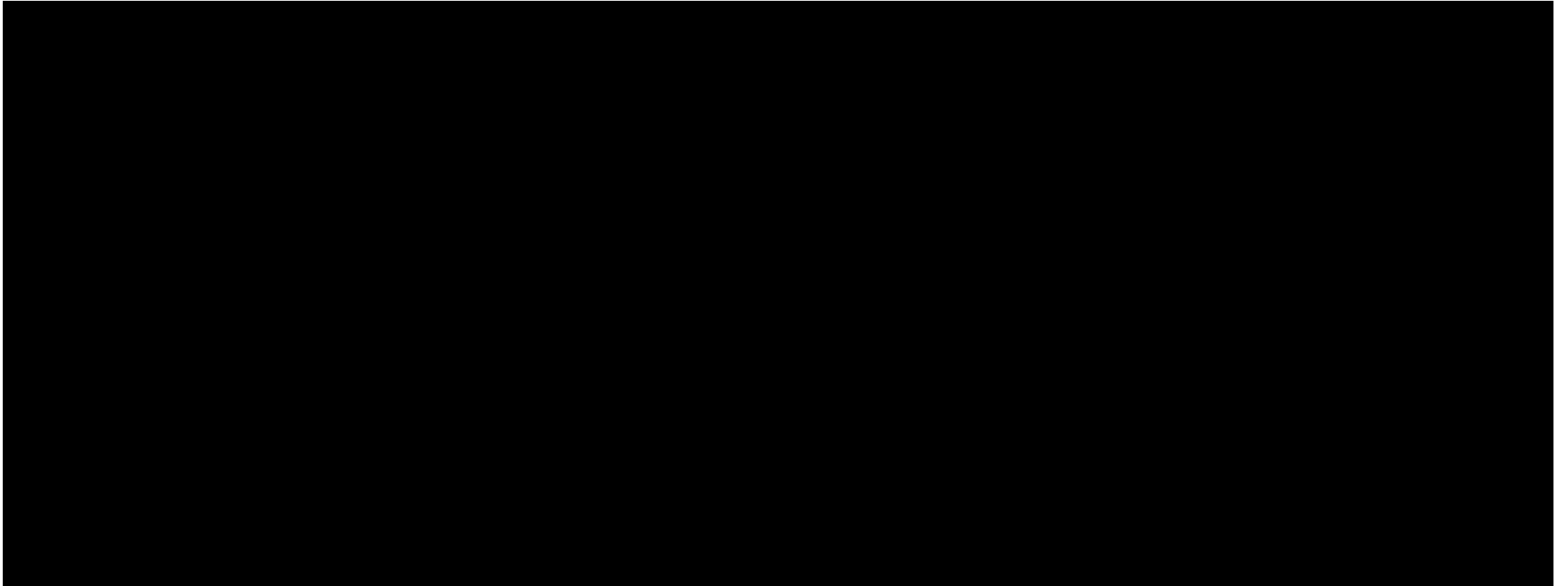
**When You Don't Include Trans People You Exclude Trans People**

**Whose voice needs to be heard ?**

**Nothing About Us Without Us not just #**



# JUNO ROCHE LIVING WITH HIV & TRANS HER WORDS VIDEO





# GOOD PRACTICE WORKING WITH TRANS ADULTS

# HORMONES / HIV & TRANS FOLK

## WHAT'S THE BIG DEAL?



# UK HAD NO DATA ON TRANS PEOPLE AND HIV CLINIQU WE WORKED WITH PHE TO CHANGE THIS AND IN 2017

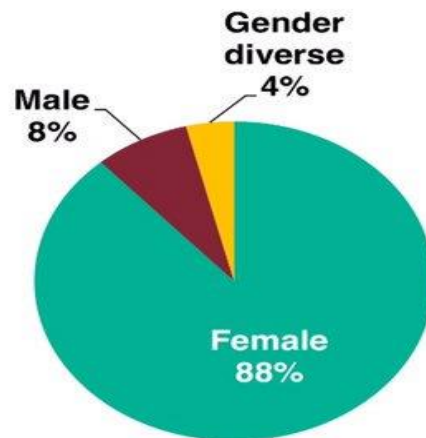
Data on trans people and HIV in the UK



## Trans people accessing HIV care

123 trans people were accessing HIV care in England in 2017

### Gender identity

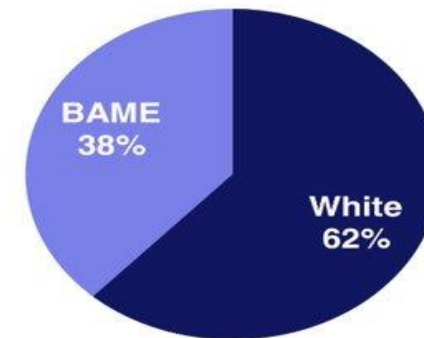


**56%**  
live in London



### Residency

### Age group



### Ethnicity

Further breakdowns are published online: <https://www.gov.uk/government/statistics/hiv-annual-data-tables>  
Trans is an umbrella term that refers to all people whose gender identity is different to the gender given at birth, this includes trans men, trans women, genderqueer, non-binary, and other gender identities.

# Improving the way we ask about gender

In collaboration with CliniQ, the LGBTQ Foundation and a partnership of trans organisations, a new two-stage question was developed:

## **A2** How do you identify your gender?

☐

Woman  
(including transwoman)

☐

Non-binary

☐

In another way

☐

Man  
(including transman)

☐

Prefer not to say

## **A3** Is this the same gender you were assigned at birth?

☐

Yes

☐

No

☐

Prefer not to say

Questions now in use for routine HIV public health monitoring in England, set to be implemented for all GUM clinic attendances in 2019.



ROOTED IN OUR COMMUNITIES  
7 YEARS OF HOLISTIC WELLBEING & SEXUAL HEALTH  
OUR SERVICES FOR TRANS/NON-BINARY PEOPLE & THEIR  
PARTNERS:

Full sexual health & HIV services

Hormone injections / Hormone Monitoring

Cervical smears for anyone (over 25) w/ cervix

Counselling / One-to-one and group counseling  
& Peer mentoring

Drug & alcohol support

Acupuncture & yoga

Housing, benefits & employment support

Health promotion & community HIV PoCT



Tuesday evening clinic  
at King's College  
Hospital & cliniQ CIC  
Therapy Centre London

**cliniQ**  
Trans & non-binary health



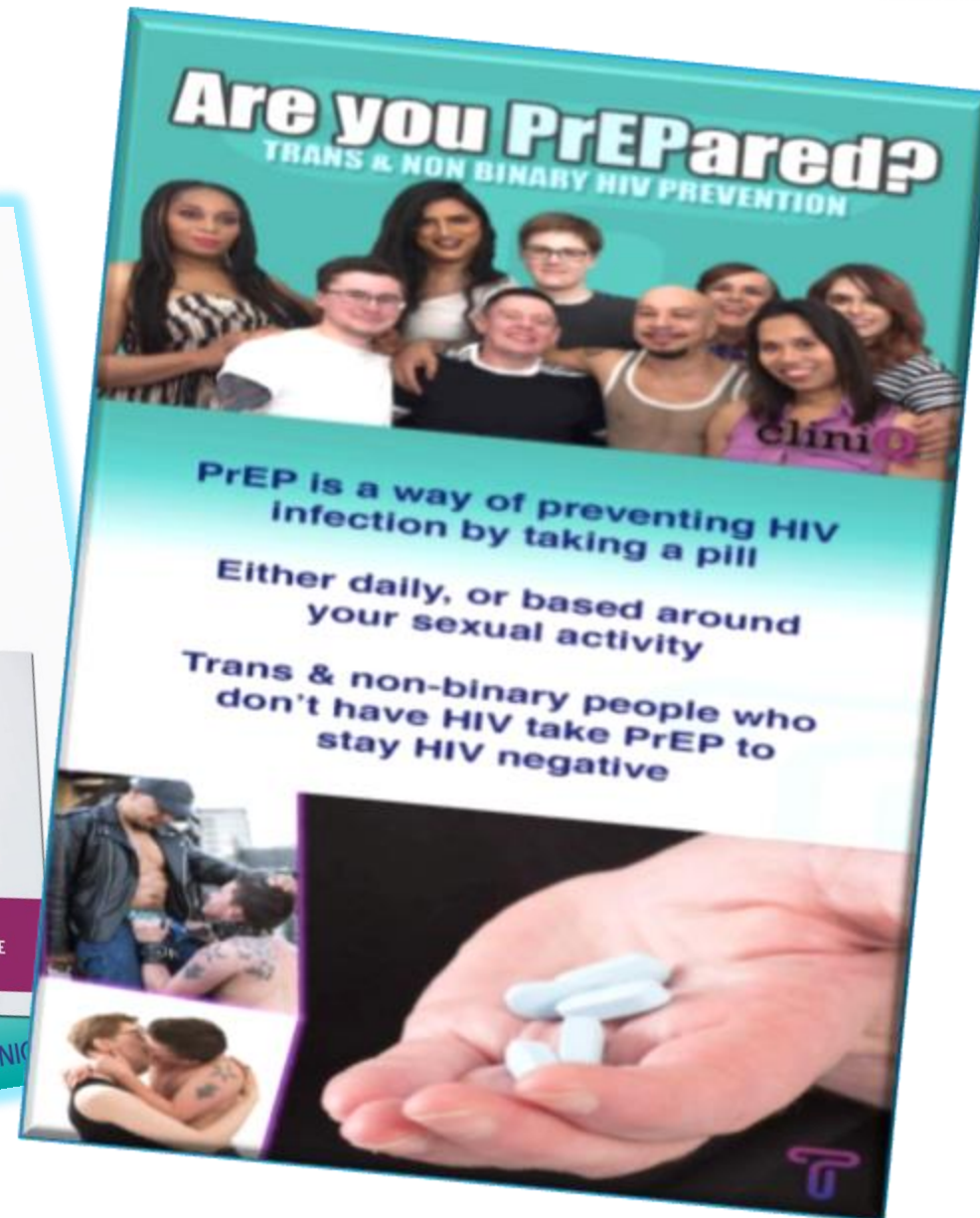
BRITISH ASSOCIATION FOR SEXUAL HEALTH & HIV RECOMMENDATIONS

[HTTPS://CLINIQ.ORG.UK/WP-CONTENT/UPLOADS/2018/11/BASHH-T-AND-NB-SH-STANDARDS-PRESENTATION-2.PDF](https://cliniq.org.uk/wp-content/uploads/2018/11/BASHH-T-AND-NB-SH-STANDARDS-PRESENTATION-2.PDF)



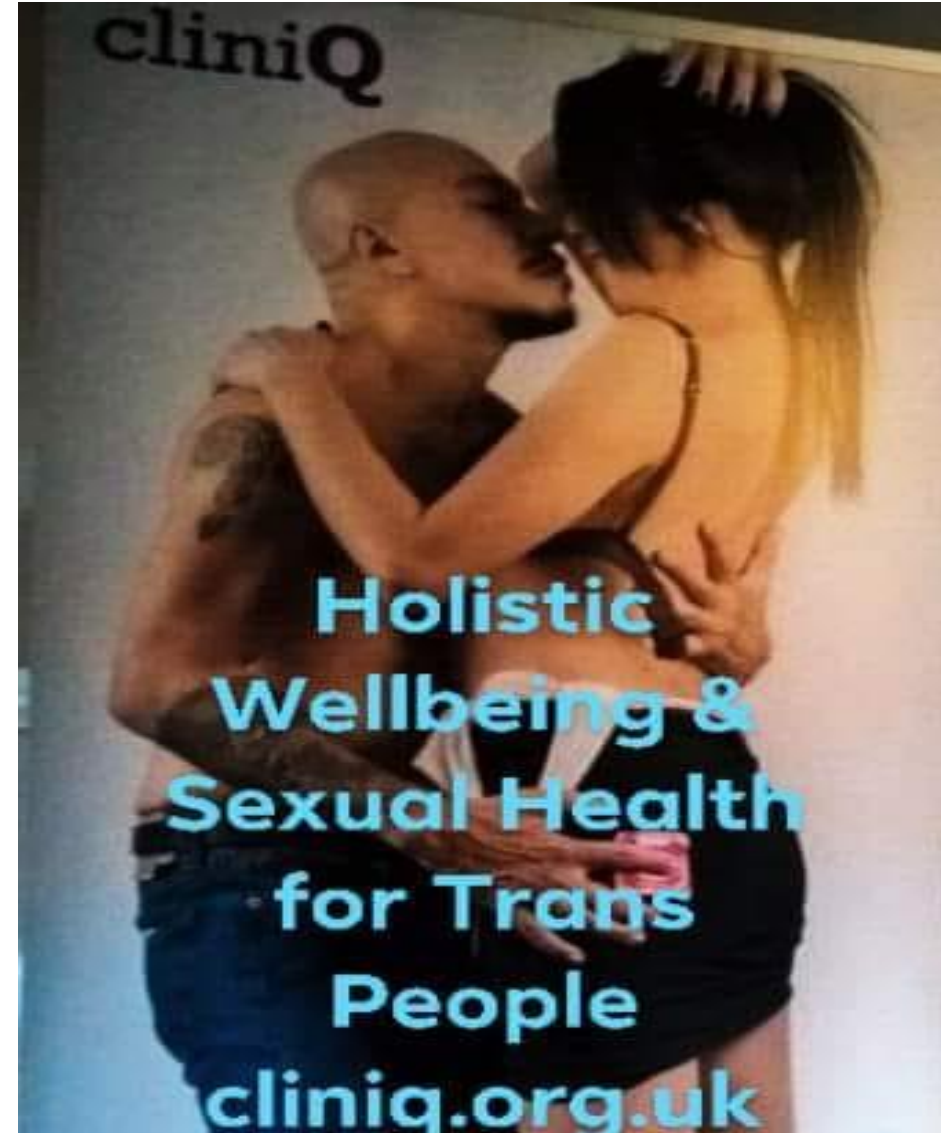
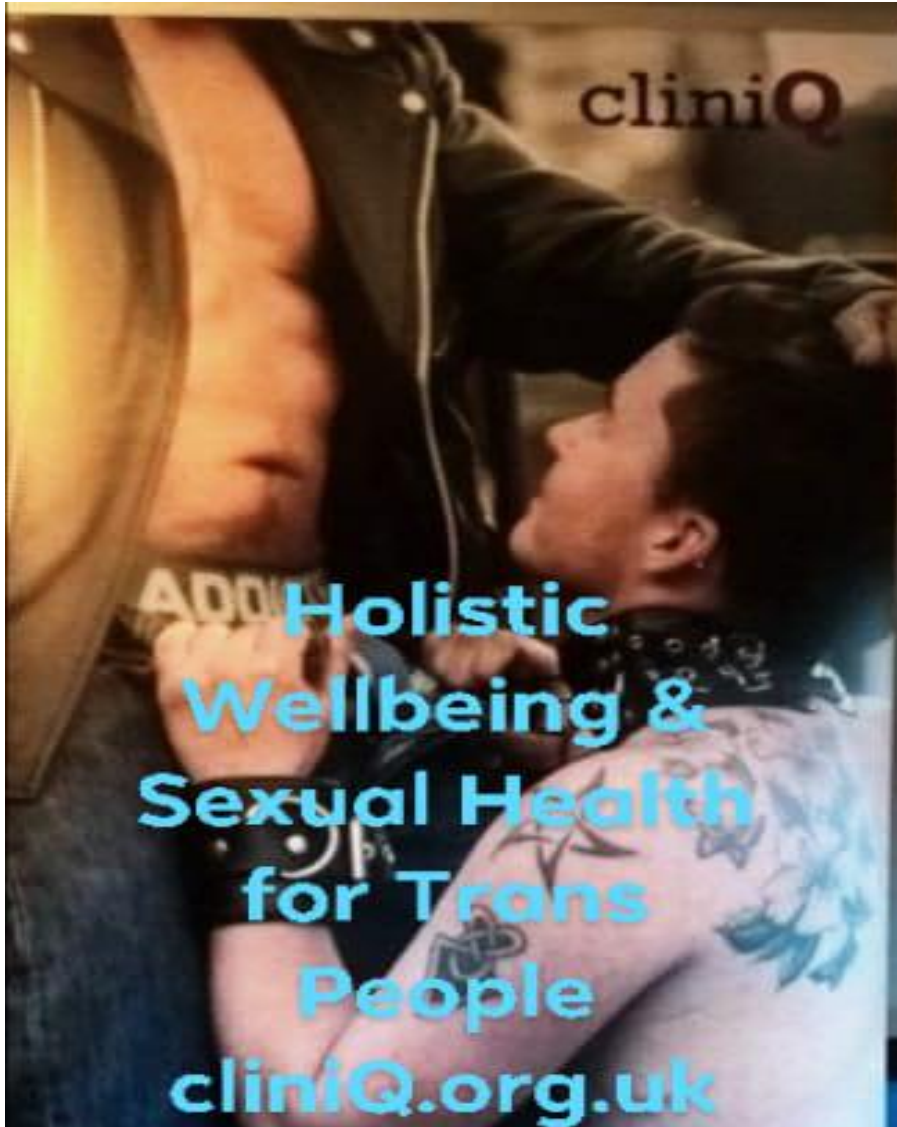
# RECOMMENDATIONS FOR INTEGRATED SEXUAL HEALTH SERVICES FOR TRANS AND NON-BINARY INDIVIDUALS

NOT JUST INCLUSIVE IMAGES OF TRANS FOLK.  
SEX AND TRANS PEOPLE  
AND WHO WE HAVE SEX WITH?  
HIV PREVENTION PREP . . .





# SEX. TRANS AND NON-BINARY FOLK



# YOUR PLACE AT THE TABLE

Trans people are often under the microscope as if it is our fault we are pathologised, stigmatised.

“You don’t fit the system”

“We don’t have codes for you”

“You don’t fit our data collection”

The cis normative system excludes trans and queer people.

The system is the problem not trans people.

Work with us Not for Us.

Speak with us Not for Us

We are not just receivers of services we implement and deliver them.

[#TransHealthMatters](#)