

London's HIV response

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LONDON

FAST-TRACK CITIES 2019

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About me

- Health Advisor to the Mayor of London, Sadiq Khan
- Over 20 years clinical experience:
 - As an Accident and Emergency service doctor – for 23 years
 - As a GP partner in the South London area – for over 22 years
- Commissioner specialising in children, mental health and acute services
- Teach medical students at St George's Medical School in South London

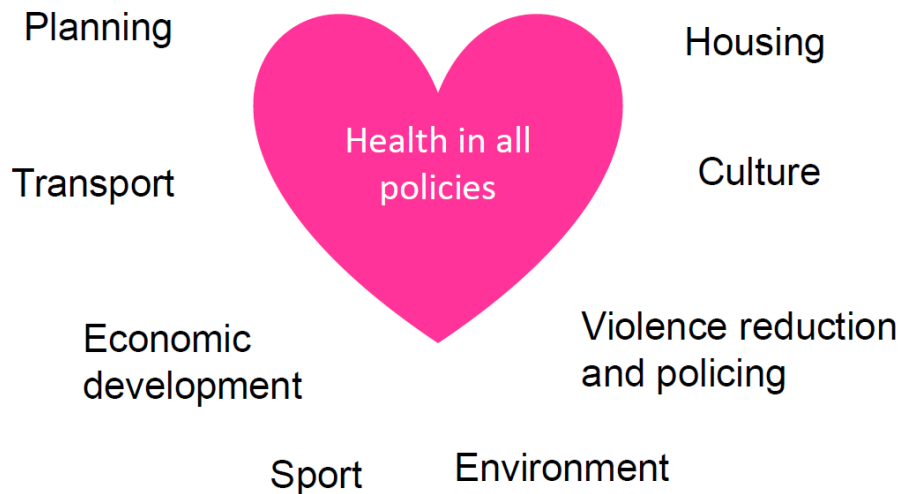


The Mayor's ambition is for London to be the world's healthiest global city

Health is a matter of social justice. No Londoner's health should suffer because of who they are or where they live.



The Mayor wants to put health at the heart of policy design and decision making across the GLA family



The Ultra Low Emissions Zone (ULEZ)

- Over 2 million Londoners live in areas that exceed legal limits for NO₂, of which 400,000 are children. 450 schools are in these areas.
- London's toxic air is an invisible killer and thousands of Londoners die early every year due because of polluted air
- The most deprived Londoners are most likely to be exposed to air pollution



- ✓ Experts say the impact of the ULEZ will be transformative, with hazardous nitrogen oxides from exhaust pipes expected to be reduced by around 45%
- ✓ ULEZ is already having an impact and making London's air cleaner

Transport for London Advertising Policy: Restrictions on HFSS advertising

- Almost 40% of London's children aged 10 and 11 are overweight or obese
- Disproportionately affects children from poorer backgrounds
- Advertisements that directly feature food and/or non-alcoholic drink considered to be high in fat, sugar and salt (HFSS) are not permitted
- There is great support for the ban from Londoners as well as the Chief Medical Officer, Cancer Research UK and others
- This isn't the silver bullet to tackle childhood obesity – a range of measures are needed – this is the Mayor doing his bit
- Momentum is building and local authorities are looking at their own advertising policies



Housing and health

- NHS estates -maximise opportunities for housing and healthy developments
- Good, healthy growth and regeneration
- Improved housing and care for vulnerable adults
- prevent rough sleeping, help people off the street and rebuild lives



London's HIV response – achievements

London was the first global city to meet and surpass the target of 95:95:95

- 95%** Of people living with HIV knowing their HIV status
- 98%** Of people who know their HIV status on ART
- 97%** Of people on treatment with suppressed viral load

2016 saw start of a significant downturn in diagnoses for gay/bisexual men

- In 2018, London's HIV diagnosis rate fell - from 23.9% to 20.9%
- 1,504 people were newly diagnosed with HIV in London in 2018, **12% fall** from 2017.
- The number of MSM newly diagnosed with HIV in 2018 (736) was **19% lower** than 2017.

London's HIV response – partnership approach

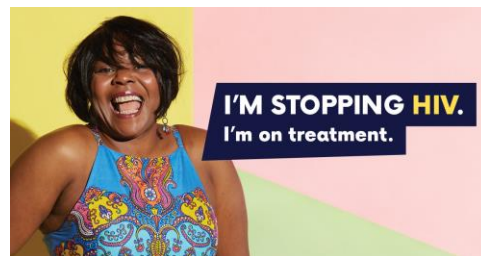
A whole city plan with effective leadership is being developed through London's Fast Track Cities initiative



World class treatment and care is available on the NHS, meaning Londoners can access support and live well with HIV, while staying untransmissible

PHE provides extensive HIV monitoring and surveillance

London boroughs are collaborating with a focus on prevention to drive up testing rates



London's strong voluntary and community sector is linked into local communities, offering vital testing, outreach and peer support

London's HIV response – PrEP

- PrEP is an important part of the HIV Prevention toolkit for Londoners at risk of HIV
- Every time PrEP helps avoid a new HIV diagnosis, as well as avoiding a lifetime of treatment and risks of other complications for the individual, the NHS is potentially saved £360,000 in lifetime treatment costs
- PrEP isn't currently routinely nationally available in England. Since October 2017 PrEP has been available through the national PrEP Impact Trial which has been funded by NHS England
- Therefore to access PrEP people need to be eligible for the trial or be able to afford medication privately
- Trial places are currently available in London however there has been some evidence of those wishing to access having to travel to multiple clinics
- This approach isn't sustainable – all Londoners should be able to access PrEP when they need it
- In February 2019, the Mayor wrote to the Secretary of State for Health & Social Care calling for PrEP to be made available to all who could benefit from it and for a reversal of cuts to the local government public health grant so that it can be adequately funded.



London's HIV response – Young Londoners Fund



- The Mayor's £45 million **Young Londoners Fund** is helping children and young people to fulfil their potential, particularly those at risk of getting caught up in crime. It is supporting a range of education, sport, cultural and other activities for young Londoners.
- The last round of funding included a grant for Body & Soul, a charity established to address the gap in HIV services that provided targeted support for children, young people, and families.
 - Transforming Adversity will work with young people aged 10-21 living across London who are living with or affected by HIV. This group is usually at high risk of exclusion or involvement in criminal activity, is affected by a complex and stigmatising health conditions and has been exposed to a high number of adverse childhood experiences.
 - The project will provide an integrated, holistic and transformative service to improve the health, wellbeing and connectivity of this vulnerable population, reducing the risk of their exclusion or involvement in criminal activity.



London's HIV response – where next?



Our aspiration is that by 2030 London leads globally in getting to;

- **zero** new HIV infections
- **zero** preventable deaths
- **zero** stigma
- **zero** inequality gap in sexual health

The partners for health and care in London are considering actions for:

- Continued membership of the **Fast Track Cities Initiative** backed up with **significant investment** over three-years and specific support for the 5% of people who live with undiagnosed HIV
- Continued leadership and commitment from the Mayor and health & care partners and full engagement of Londoners to achieving **stigma-free status by 2022**
- Delivery of a world class **HIV prevention programme** across the City
- **Using our learning** from this HIV work to help diagnose and treat other blood-borne viruses including hepatitis C , and sexually transmitted infections including chlamydia, gonorrhoea and syphilis