POSITIVE LIVING WITH HIV: TREATMENT INITIATION

Your Journey Towards Health Starts with a Strong Immune System

Feelings: Acceptance, Frustration, Overwhelmed, Scared, Embarrassment

Emotions: Fear of Stigma, Fear of Discrimination, I Don't Feel Sick

Myths vs. Facts

Start & Maintain A Healthy Lifestyle

My HIV Care Team

Low CD4 count

High HIV Viral Load

CD4 count

HIV Viral Load

Start & Maintain

Avoid Risk Infection and Progress

Condoms
Clean Syringes

Start Antiretroviral Medication

HAART

Immune Reconstitution

Long-Term Health and Well-Being

Support & Strength

Telling Your Family

Planning to Tell Others

Support

I'm not alone

I can reach out

I have important news to share with you

Clinical Advice

Treat Urinary Tract Infection

Treat Oral Infections

Physical Health Check

Teach Your Family

How to Use Condoms

Clean Syringes

Avoid Risk Infection and Progress

Healthy Activities

Healthy Eating

Physical Activity

Healthy Sleep

Supporting Friends and Family

Help in the Kitchen

Sharing responsibilities

Supportive заметки

I am fighting this!

I'm doing GREAT!

Keep it up! You're doing GREAT!

You're on your way to a new beginning!

Now In Control

I am telling you about my condition because I trust you!

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