



## Patient Dialogue Tools

### Patient User Guide

Women living with HIV have unique needs and care considerations that shift throughout the stages of life. It is critically important that the treatment and care for women is holistic and tailored to individual needs.

Sometimes, important considerations for women living with HIV can be overlooked — stage of life, other medical conditions, emotional and social support. **Every woman has the right to quality care.**

The enclosed *See Us* tools were developed to help you feel empowered and prepared for medical visits. Each tool in the series has been designed to address the unique needs that arise during various stages of life:

- ❑ Adolescence (10-18 years)
- ❑ Women of childbearing age (~18-45 years)
- ❑ Menopause and beyond (~45+ years)

Created by ***See Us: Women Take a Stand on HIV***, these resources can be used in several ways:

- ❑ Pre-visit topic planner
- ❑ Discussion guide for your care visit
- ❑ Resource to make sure your care is comprehensive

Before you begin to use these tools, please keep in mind the following:

- ❑ Each woman living with HIV has unique needs — it's possible not all topics may apply to you
- ❑ The term “provider” is used throughout, and refers to anyone on your healthcare team, including physicians, nurses, case workers, counselors, etc.

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IAPAC, community advocates and medical experts worked together to create useful tools to help improve the patient-provider relationship, experience and care.

We welcome your questions and feedback to the tools and can be reached at [SeeUs@IAPAC.org](mailto:SeeUs@IAPAC.org).

### ABOUT *SEE US: WOMEN TAKE A STAND ON HIV*

*See Us: Women Take a Stand on HIV* is a global awareness campaign focused on helping to address the unique challenges faced by women living with HIV. It seeks to encourage women living with HIV to get out of the shadows, build a sense of community and, ultimately, have a voice.

*See Us* is a collaboration with the International Association of Providers of AIDS Care (IAPAC) and an expert Steering Committee, which includes women living with and affected by HIV, National AIDS Manual (NAM) and the medical community in Argentina, Canada, Italy, Nigeria, Poland, Romania, Russia, the United Kingdom and the United States. *See Us* was made possible through funding provided by AbbVie.