

Linda Clinic:

From testing to treatment

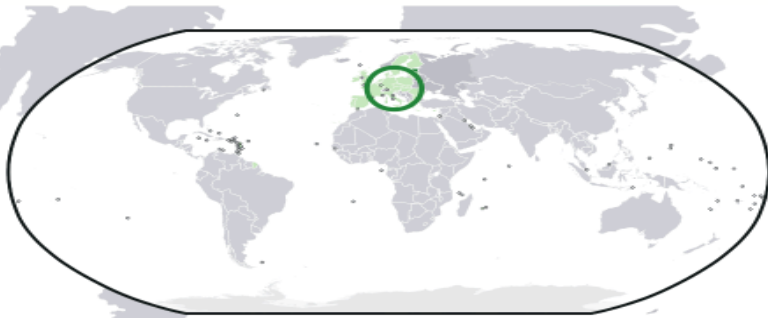
Tamara Dmitrijeva

Senior nurse

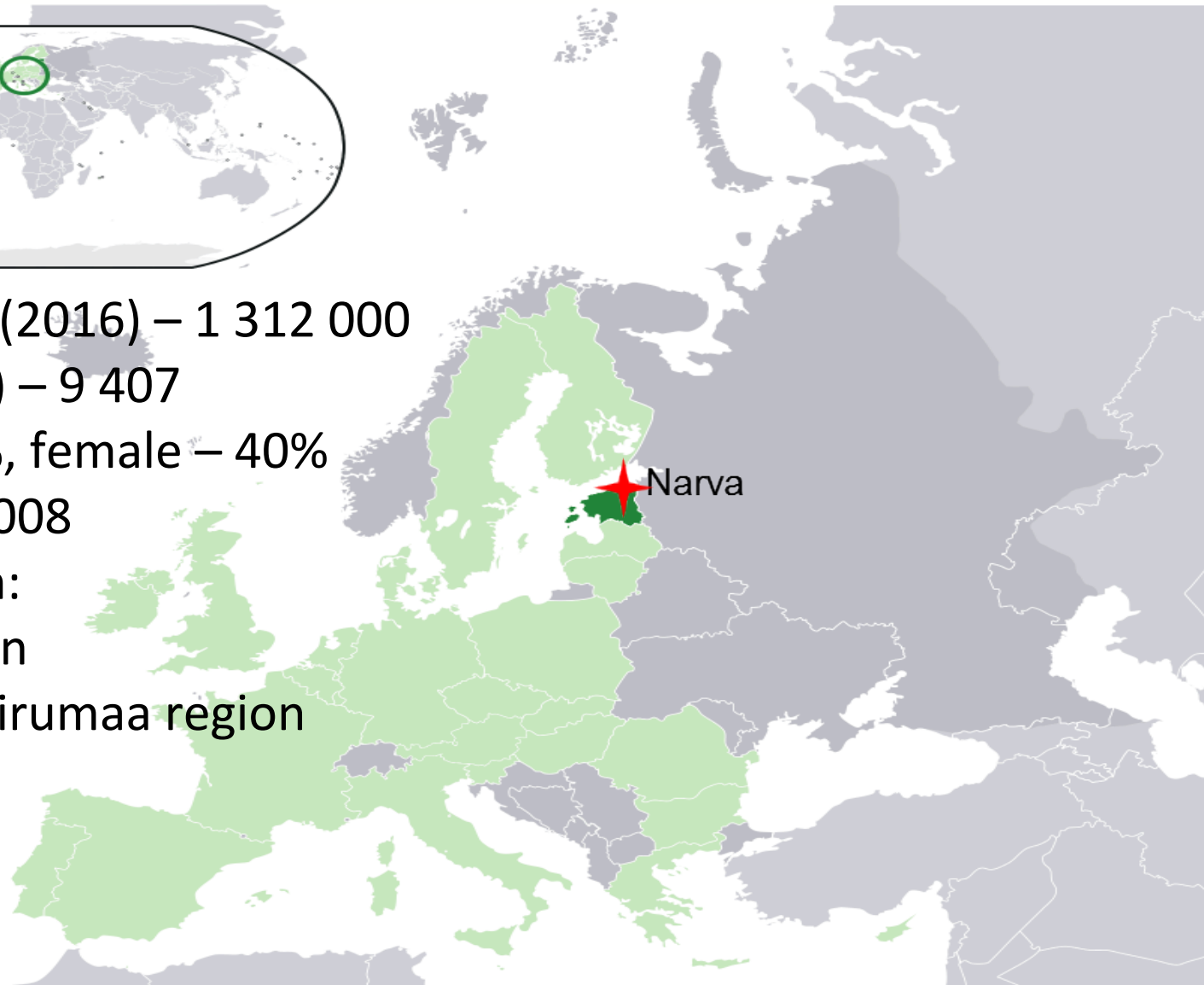
European HIV Nursing Conference
18-19 November 2016, Barcelona, Spain



Estonia



- Population (2016) – 1 312 000
- HIV+ (2015) – 9 407
- Male – 60%, female – 40%
- On ART – 2008
- Localization:
 - 50% - Tallinn
 - 40% - Ida-Virumaa region



Situation in Narva

Narva is the third largest city in Estonia

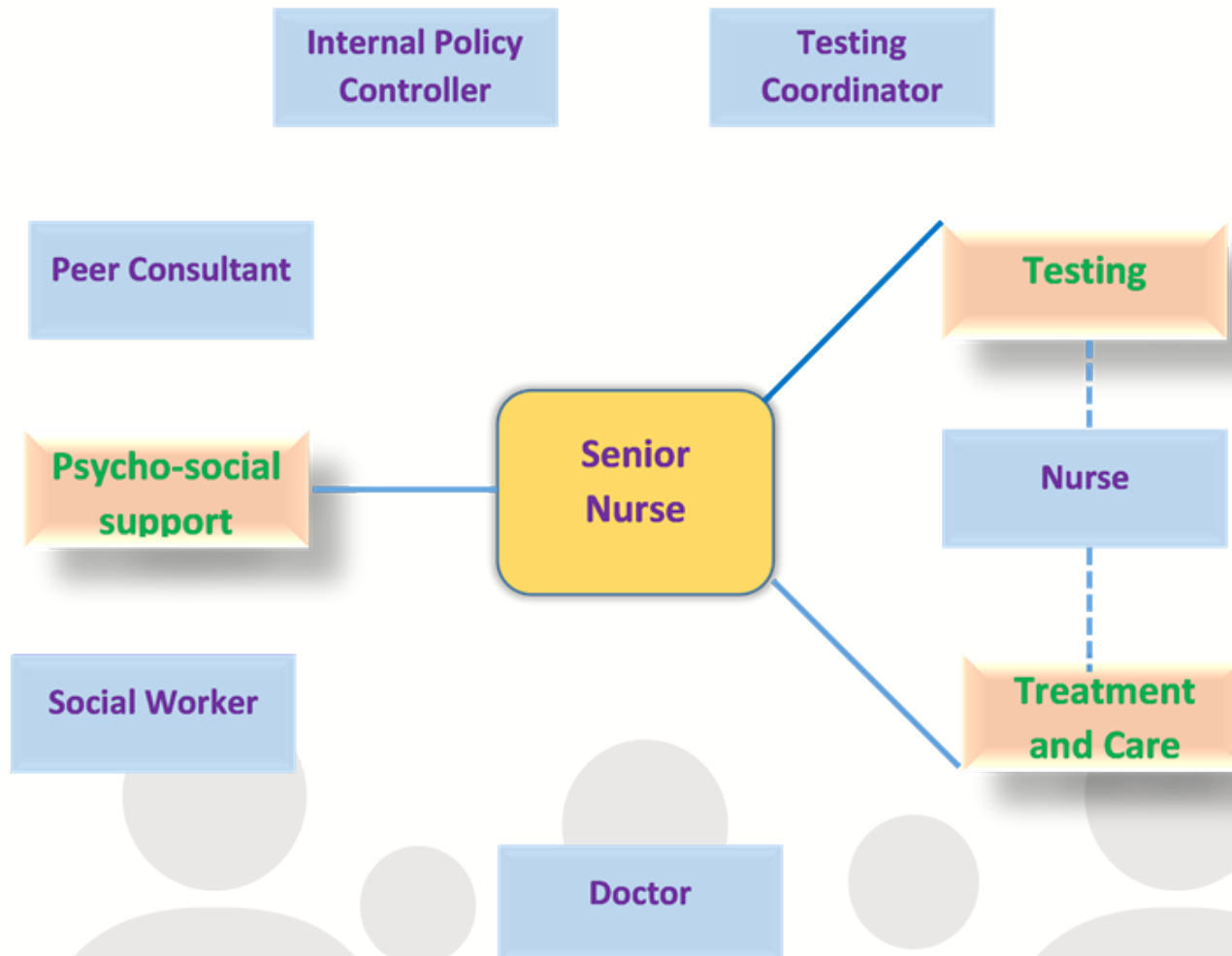
- Population – 60 400
- PLWH (est.)– 2 400
- PLWH diagnosed - 1250
- The majority of people who live with HIV (75%) are people who use drugs (PWUD)
- The main way of infection:
2000-2014 – injecting drugs
2014-2016 – heterosexual
- On ART – 740
- HIV+ children – 7



Linda Clinic



Nurse-centered service delivery



Linda Clinic: Person-centered care

HIV testing and linkage

- Rapid testing in the clinic premises
- Offsite rapid testing events
- Counselling
- Condom distribution
- Linkage to care

Medical services

- Antiretroviral therapy
- Medical checks
- CD4 and other laboratory tests
- Treatment of opportunistic infections
- Counselling



Medical services are provided by MD and two nurses, reference to other specialists is possible when it is necessary.

Linda Clinic: Person-centered care

Psycho-social services

- Individual *peer-to-peer counselling* to address psychological problems
- Individual *social counselling* and social support (debt counseling, social public services, benefits, drafting CV and job search, obtaining a residence permit, communication with Department of Child Protection, support with social housing etc.)
- *Group work* aimed at holistic health improvement, spiritual and personal development
- *Counselling by phone or e-mail*

Outreach activities

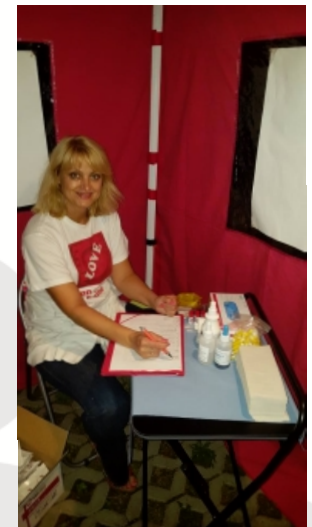
- Rapid testing in public places
- Counselling
- Condom distribution
- Visiting clients at home, shelters, hospitals or rehab centres
- Active reach to LTFU patients

All services are **FREE OF CHARGE**

Linda Clinic: Person-centered care

November 16, 2016

- Number of clients – 227
- Male – 135
- Female – 92
- On ART – 194 (85%)



Linda Clinic: Team

We Care of Your Health!



Linda Clinic: Contacts



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Thank you!

