

**Challenge -  
Advanced HIV in Antiretroviral-  
Experienced Patients**

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Medecins Sans Frontieres**

# 90-90-90 Targets Workshop

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July 21-22, 2018 • Amsterdam

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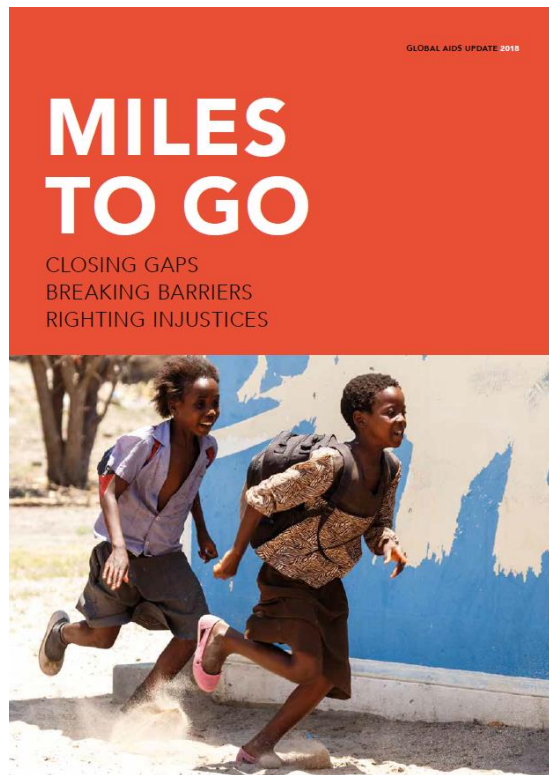
BRITISH COLUMBIA  
CENTRE *for* EXCELLENCE  
in HIV/AIDS



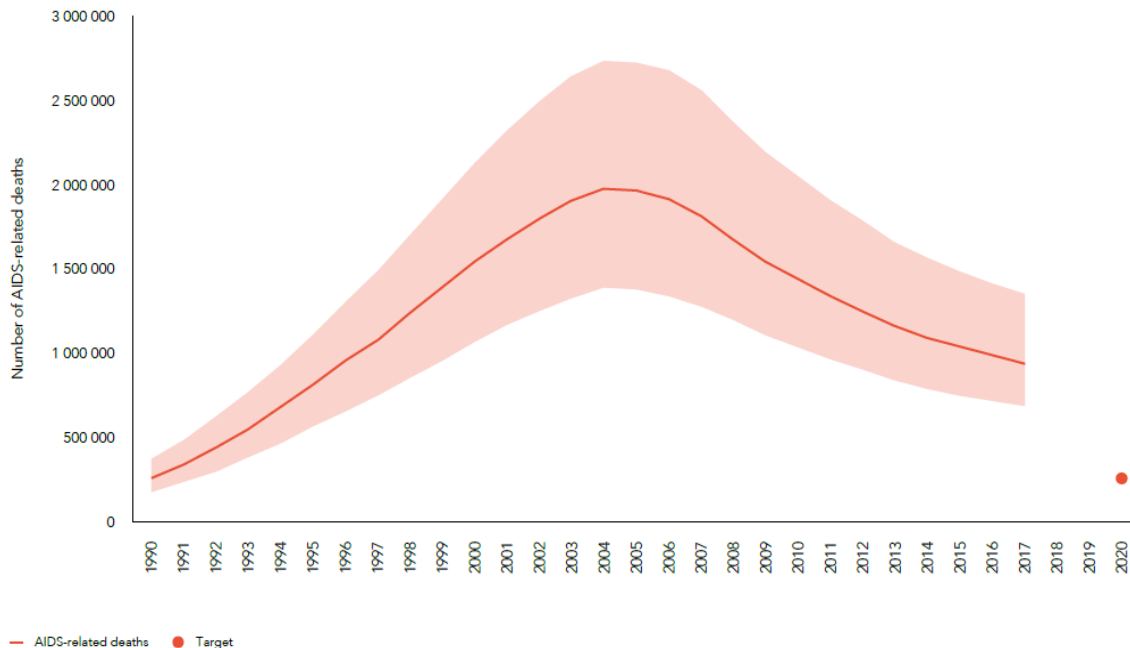
GLOBAL NETWORK OF  
PEOPLE LIVING WITH HIV



# The forgotten 4<sup>th</sup> 90: HIV related mortality plateauing

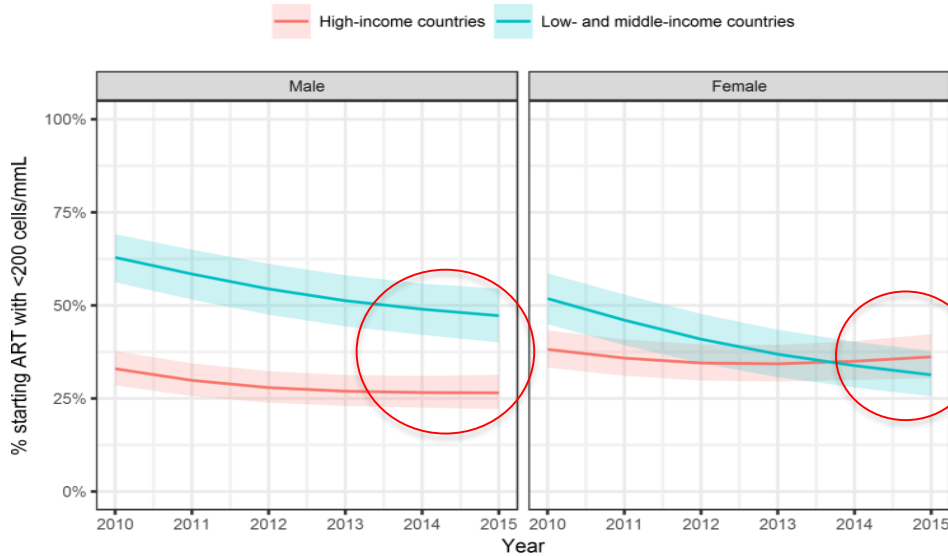


Number of AIDS-related deaths, global, 1990–2017 and 2020 target



Source: UNAIDS 2018 estimates.

# % of Advance disease in treatment experienced is increasing steadily



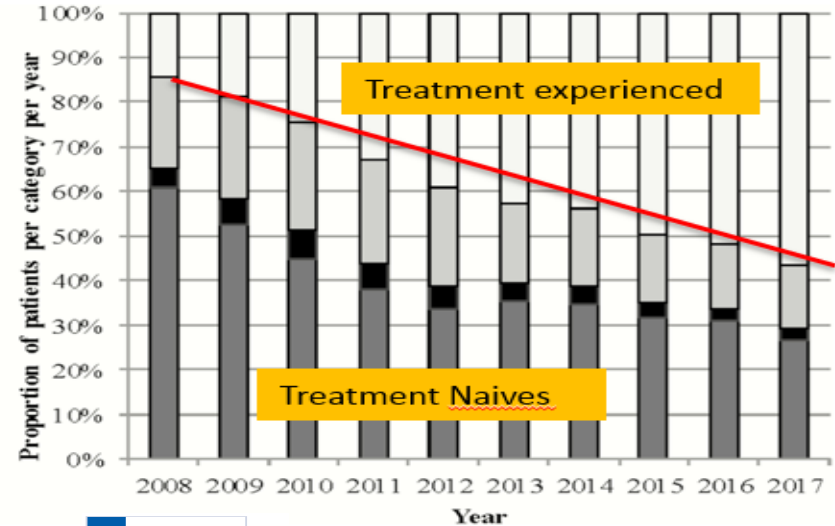
*leDEA-COHERE: Results based on 951 855 adults from 55 countries after imputation of missing data*

*Does not include "re-starters" after interruption*

In 2015, 37% of people starting ART did so at CD4 cell count <200 cells/mm<sup>3</sup>



**The Continuing Burden of Advanced HIV Disease Over 10 Years of Increasing Antiretroviral Therapy Coverage in South Africa**  
Meg Osler & all, CID 2018;66,suppl 2)

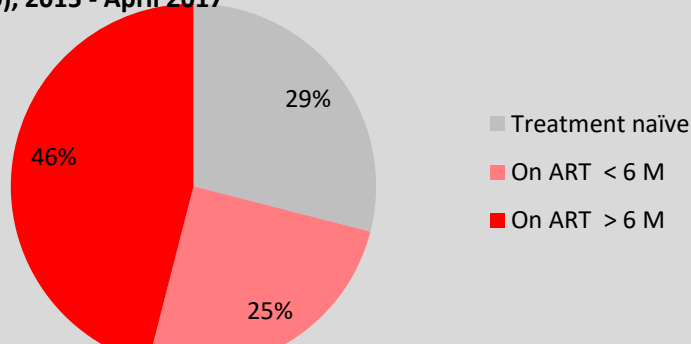


**Volume 66, Issue  
suppl\_2**

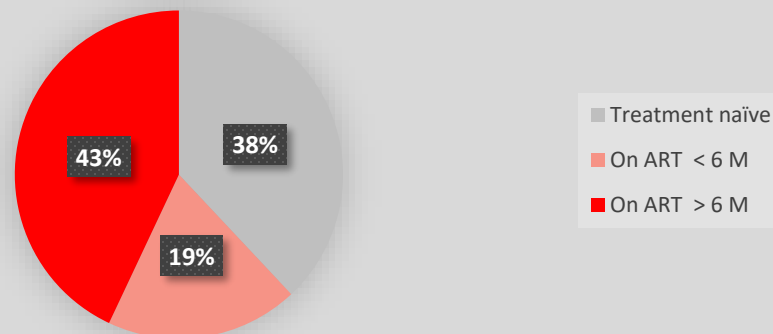
1 April 2018

# Admission profile by ART status in 4 referral units hospitals supported by MSF

CHK, DRC (n=2210), 2015 - April 2017



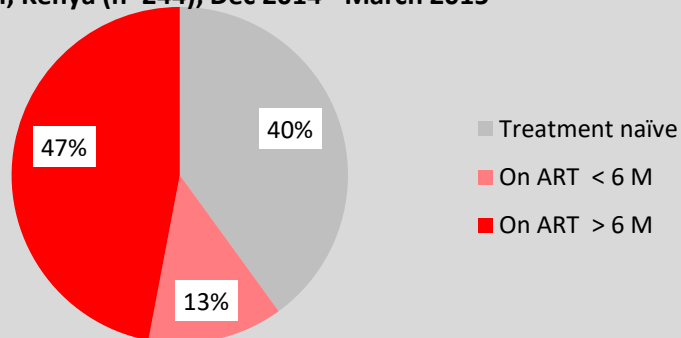
Donka Hospital, Guinea ( n=588) Jan -dec 2017



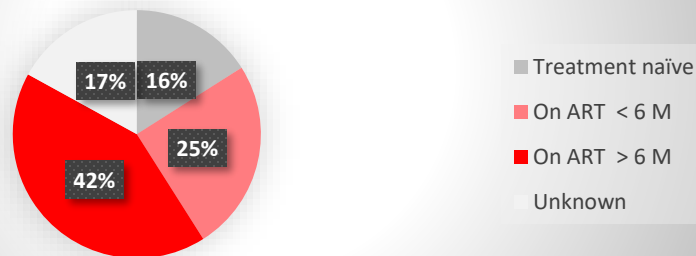
Amongst patients with VL $\geq$ 1,000 cp/mL, **82% and 61% NNRTI DR in Kinshasa and Homa Bay respectively.**

*High levels of drug resistance among ART-experienced hospitalized patients in Kenya and DRC, C. Bossard & all , Epicentre, submitted*

Homa Bay Hospital, Kenya (n=244), Dec 2014 - March 2015

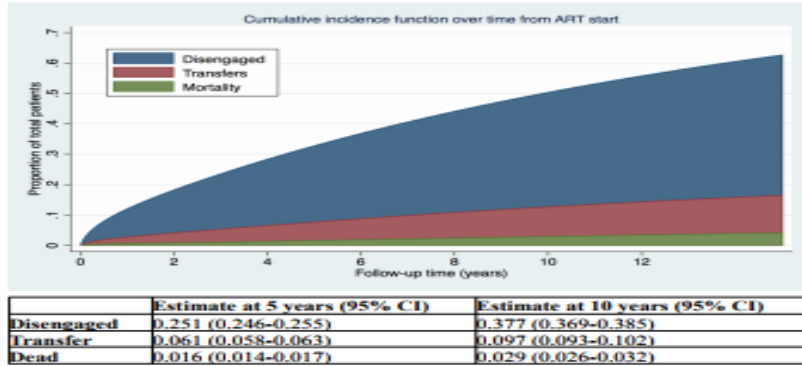


Nsanje Hospital, Malawi (n=734, May 2016 - Dec 2017



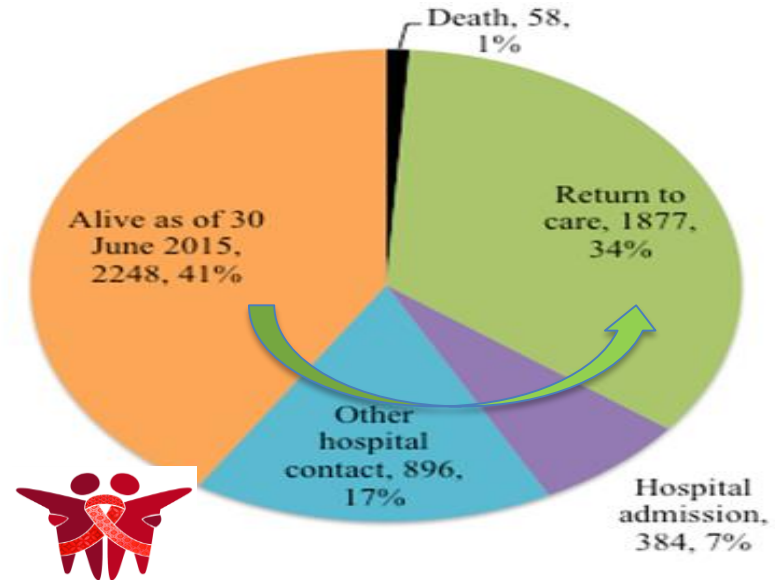
# From linear to circular model

Khayelitsha: Retrospective cohort study of all patients  $\geq 10$  yrs on ART visiting a Khayelitsha ART clinic, 2013



**Figure 2. Cumulative incidence (competing risk analysis) of disengagement, transfer (including silent transfers), and mortality, as estimated by a flexible parametric survival model based on time to disengagement from ART start (as early as 2001) during the two-year window of analysis (Analysis 1)**

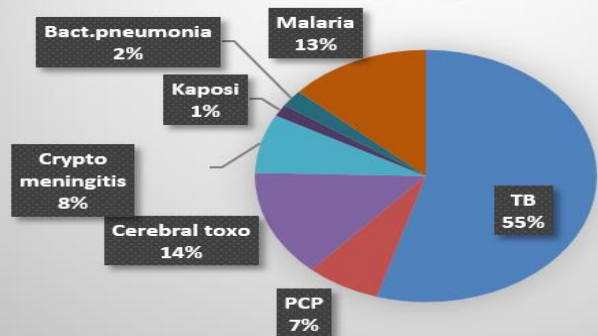
**Welcome Back services**



# Most common causes of HIV related mortality (%) and CFR Kinshasa, Conakry, Maputo, 2018

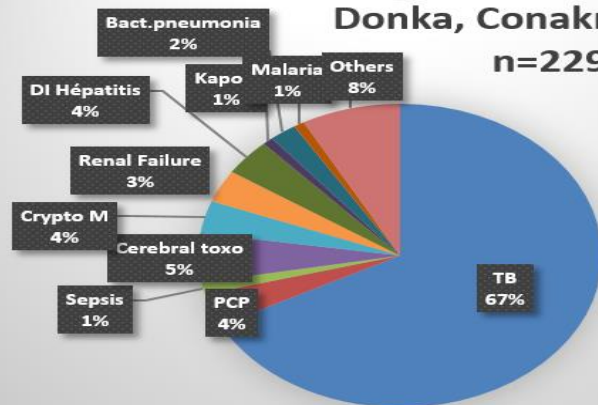
**CHK, Kinshasa, Jan-June 2018**

N= 266

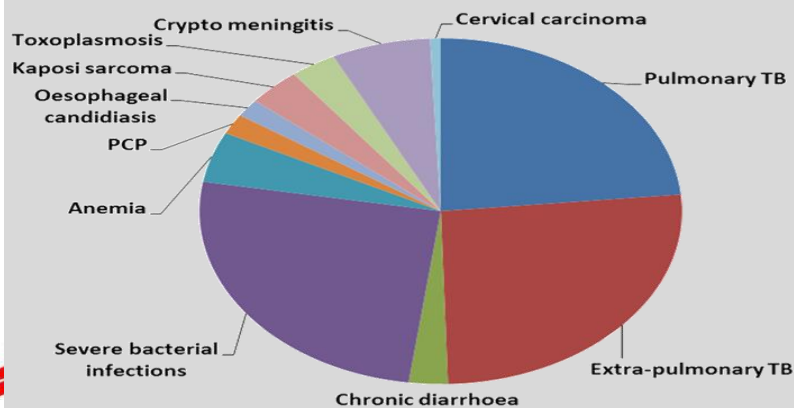


**Donka, Conakry, 2017,**

n=229

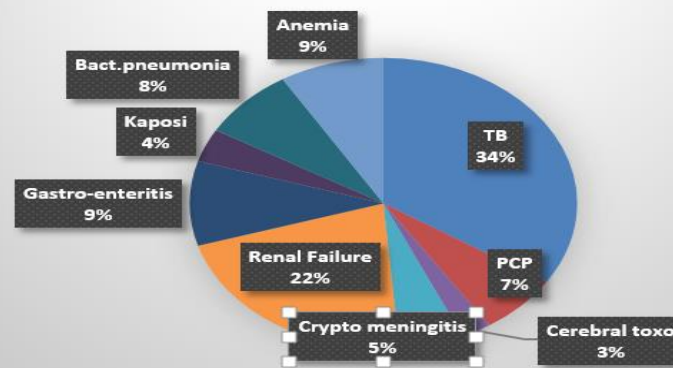


**Nsanje, Malawi, May2016-Dec 2017, n= 734**



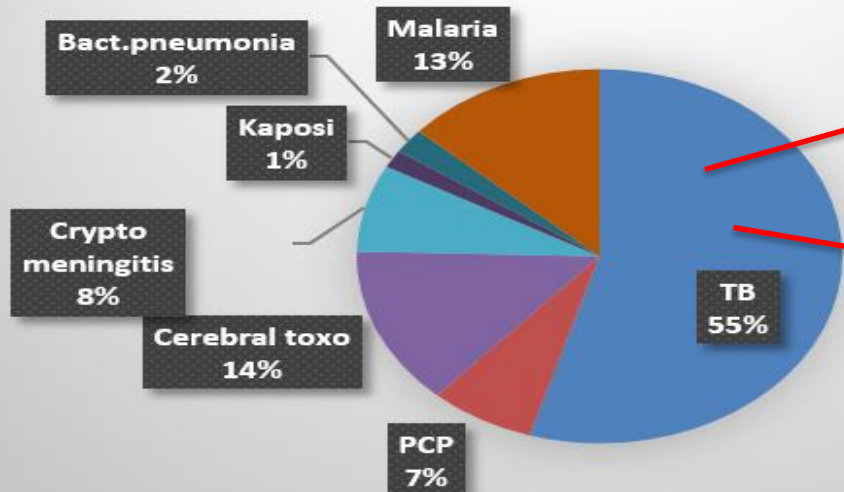
**Maputo, Jose Macamo**

March-June 2018 n=481

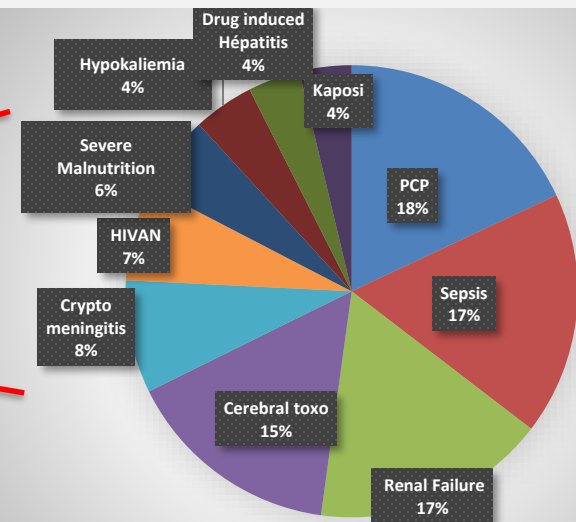


# Mortality and co-morbidity IPD CHK, Kinshasa Jan-June 2018 n=266

**CHK, Kinshasa, Jan-June 2018**  
**N= 266**



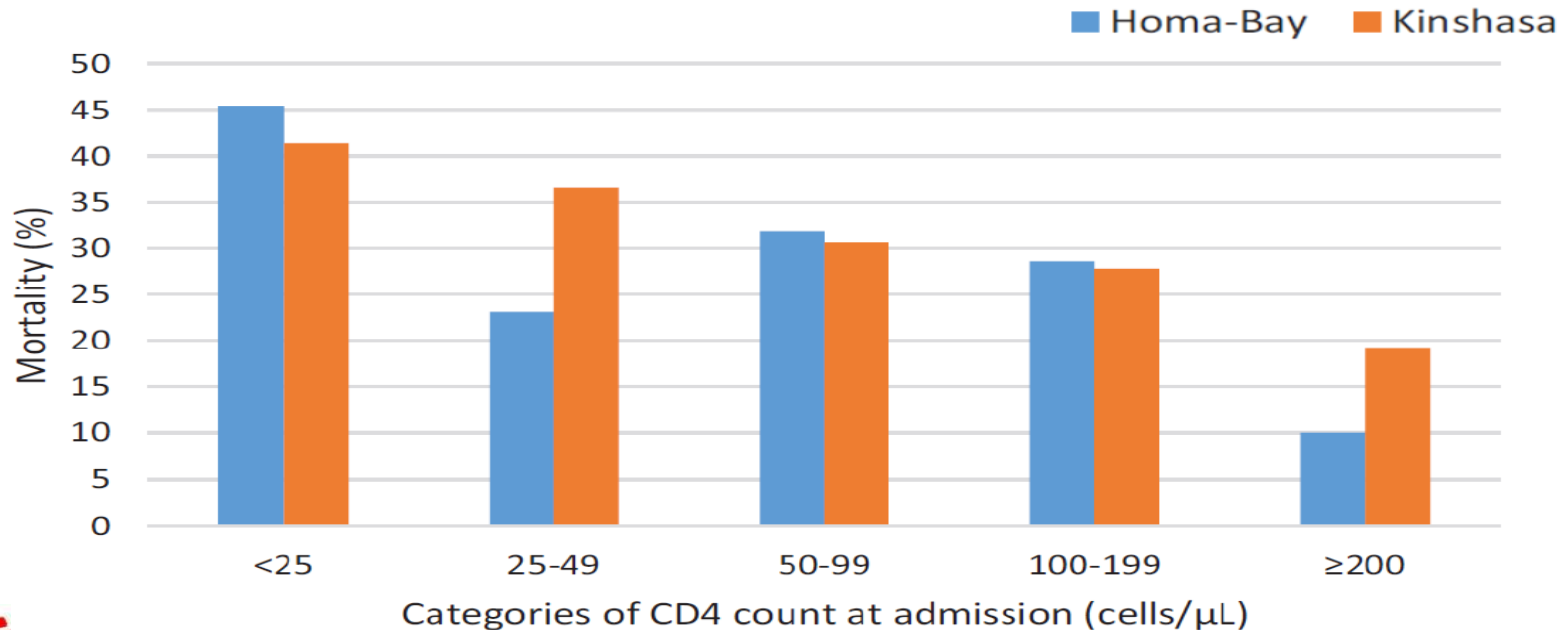
**Associated co-morbidities in HIV patient who died from TB , CHK Kinshasa Jan-June 2018 ,n= 161**



# CD4 & IPD mortality

## CD4 as single independent risk factor of mortality

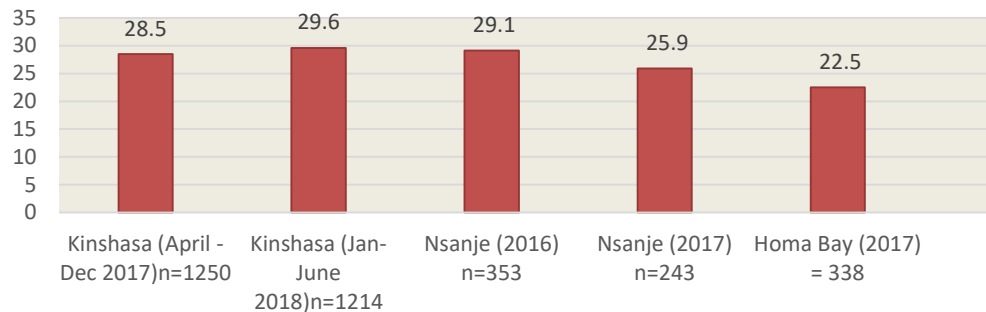
**Figure 1.** Mortality among patients diagnosed with tuberculosis, stratified by CD4 cell count at admission, Homa-Bay, Kenya (n = 80) and Kinshasa, Democratic Republic of Congo (n = 248).





# Can we improve HIV mortality with an IPD focused strategy ?

## IPD mortality rates



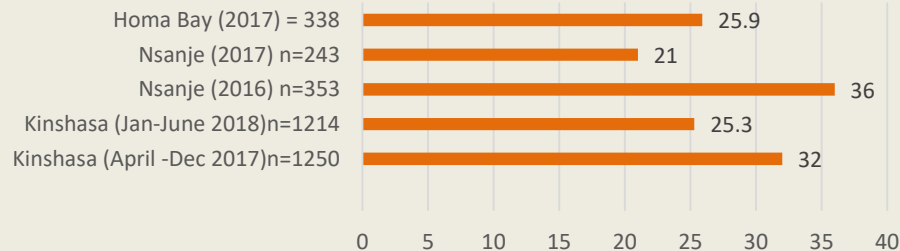
## But also, high post-discharge mortality

### Homa Bay, Kenya:

**PHC level f/up @12 weeks after hospital discharge**  
**234 patients with Advanced HIV, May 2016 – Dec 2017:**

- **39 negative outcome (died or LTFU at PHC level) (16.7%)**
- **101 no outcome (43.2%),**
- **94 alive (40.2%),**

## % < 48h mortality



# Objective: identify patients with advanced disease earlier

## 3 levels of intervention

WHEN

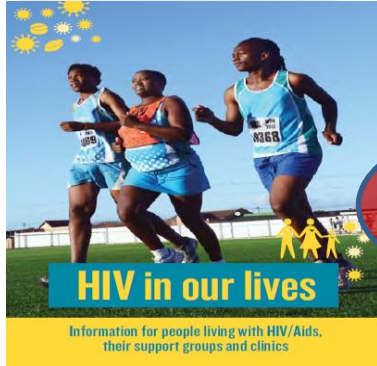
WHERE

WHO

WHAT



community



**Adapt treatment literacy**  
(failures, interruptions..)

Welcome  
Back  
Service

Primary Health  
Facility



Screening package

Post admission discharge

**Where:** PHC level with CHW back up  
**What :** management plan ,up-referral  
criteria

Adapt referral criteria

Hospital



Rapid assesment unit

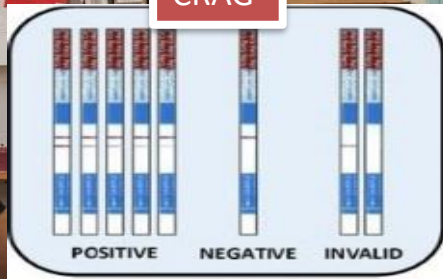
# At PHC level : comprehensive screening package

Semi-quant CD4 LFA



(CD4<100)

CRAG



TB-LAM



Triage  
Danger  
signs

CD4

LAM  
Xpert

CrAg  
LFA

Referral  
criteria

VL POC  
or near  
POC

# PHC level: triage


Pico: feasibility in overcrowded nurse based PHC clinic ?




Triage



Screening package

**DANGER SIGNS**

- Respiratory rate > 30/min
- Temperature > 39°C
- Heart rate > 120/min
- Systolic BP < 90mm Hg
- Saturation < 90%
- Moderate/severe dehydration

**Refer to hospital**

- Unable to walk unaided
- Altered mental state: confusion, incoherent behaviour, reduced level of consciousness
- Any other neurological problem: new onset severe headache, seizures, paralysis, difficulty talking, cranial nerve problems, rapid deterioration in vision

	ART-naïve or ART <6 months	STABLE and ART-naïve or on ART for <6 months	UNSTABLE and ART-naïve or on ART for <6 months
ART >6 months		STABLE and on ART for >6 months; still on it or interrupted	UNSTABLE and on ART for >6 months; still on it or interrupted

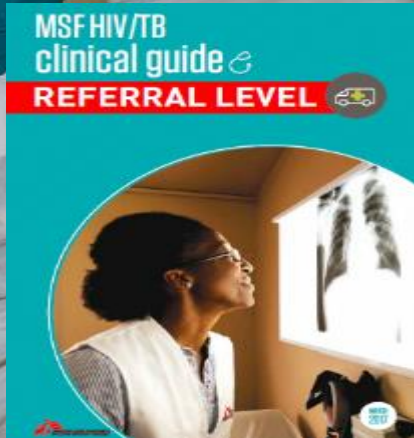
**Refer to hospital**



# Referral hospital level Rapid assesment unit ( RAU)

Quick assesment : 25 to 35 % death within 48 hours

- Patients triage -> danger signs
- POC tests: CD4, CrAg, **VL**, LAM, Creatinine, RDT, Hb, glucose, urine Package of medication for Advanced HIV
- Referral network and SOP's
- Specific management algorithms



# POC diagnostic tools needed for management of advanced disease

## Currently Available

- POC CD4



- TB-LAM



- CrAg LFA



## Challenges

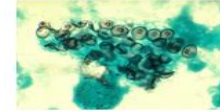
- Slow uptake (e.g. TB-LAM and CrAg LFA)
- Not in national algorithms (e.g. TB-LAM)
- More costly than lab-based (e.g. POC CD4)
- Maintenance needed (e.g. POC CD4)

## Currently Lacking

- POC CD4 LFA



- PCP LFA



- Toxoplasma



- Severe Bacterial Infections



## Challenges

- Under development (e.g. CD4 LFA)
- Lack of innovation (e.g. PCP)
- Lack of validation (e.g. Toxoplasma)
- Too complex (e.g. SBI)

# Advanced HIV care management : ongoing operational research

- **Modified VL algorithms to switch to 2nd line:**
  - After 1 VL>1000 if **CD4 <100**:
    - Unstable patient / stage 4
    - Failing for more than 6 months
  - Empirical switch (if no VL available within 48 hrs)
- **DTG on optimized back bone**
  - Re-challenging TLD in patient failing TLE or switch to ZLD
  - DTG in second line ART
- **Empiric TB treatment**
  - Priority for CD4 < 100
  - Decision to take at admission
  - If TB-LAM negative => clinical decision
- **Empiric treatment for other OI, if CD4<100**
  - High dose CTX for:
    - Toxo if neurological symptoms
    - PCP: if respiratory rate > 30 min
    - Isospora belli
  - Normal LP and neurological symptoms
    - DD Toxo/Tuberculome



# Conclusion

- HIV advance disease will not disappear
- Failure and Resistance is replacing late presentation in Advance disease
- Early identification/screening is crucial -> all levels of care
  - Advance disease and OIs
  - ART experience and Failure
- Readiness to welcome back experience ART patients
- Referral system
  - Improvement of detection and case management at referral level (RAU)
- R & D : new POC diagnostics needed





**TREAT AIDS  
DON'T  
TURN BACK**



#### Acknowledgements

MSF field teams and stakeholders

MSF field teams in Kinshasa, Maputo, Conakry, Nsanje

SAMU colleagues, Emmanuel Fajardo (Access campaign), Claire Bossard (Epicentre)

Visit [www.samumsf.org](http://www.samumsf.org)