CONTROLLING THE HIV EPIDEMIC WITH

## ANTIRETROVIRALS

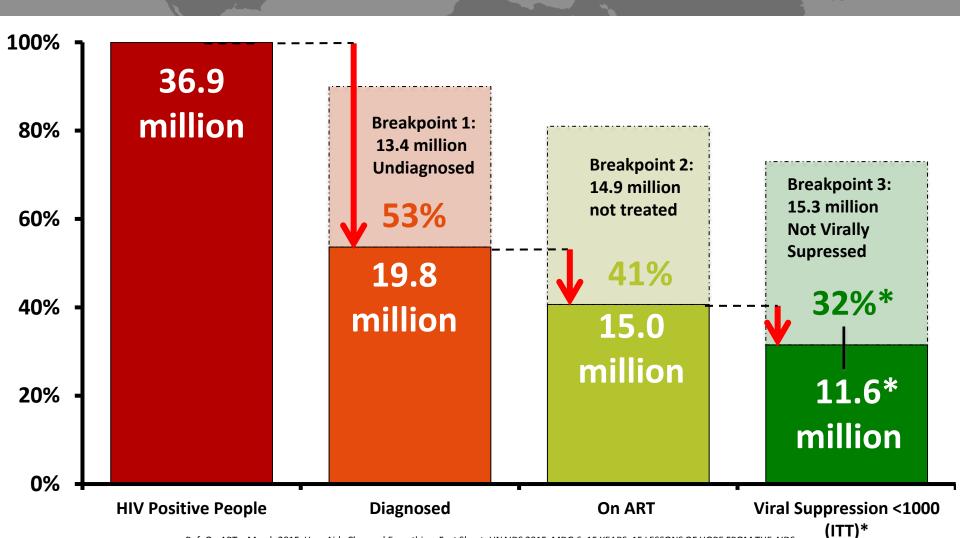


Having the Courage of Our Convictions

## PrEP 2015: State of the Science

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## Why PrEP? Gaps in reaching 90-90-90 Targets

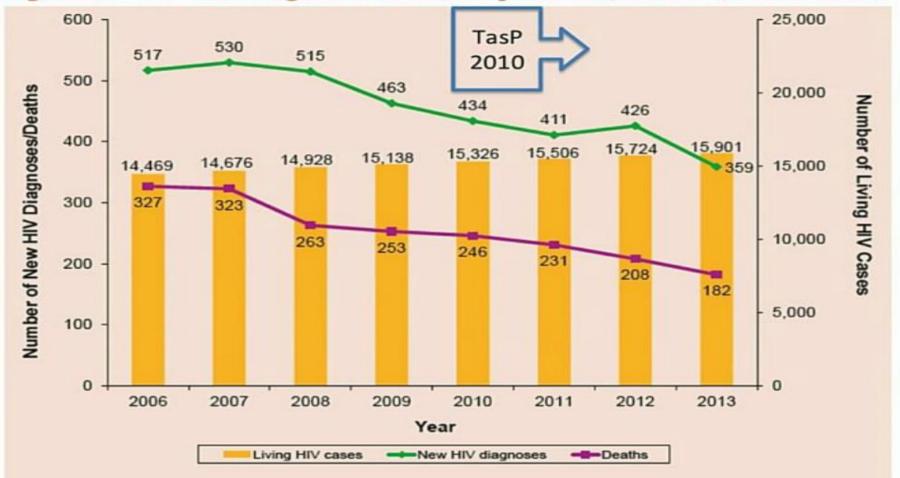




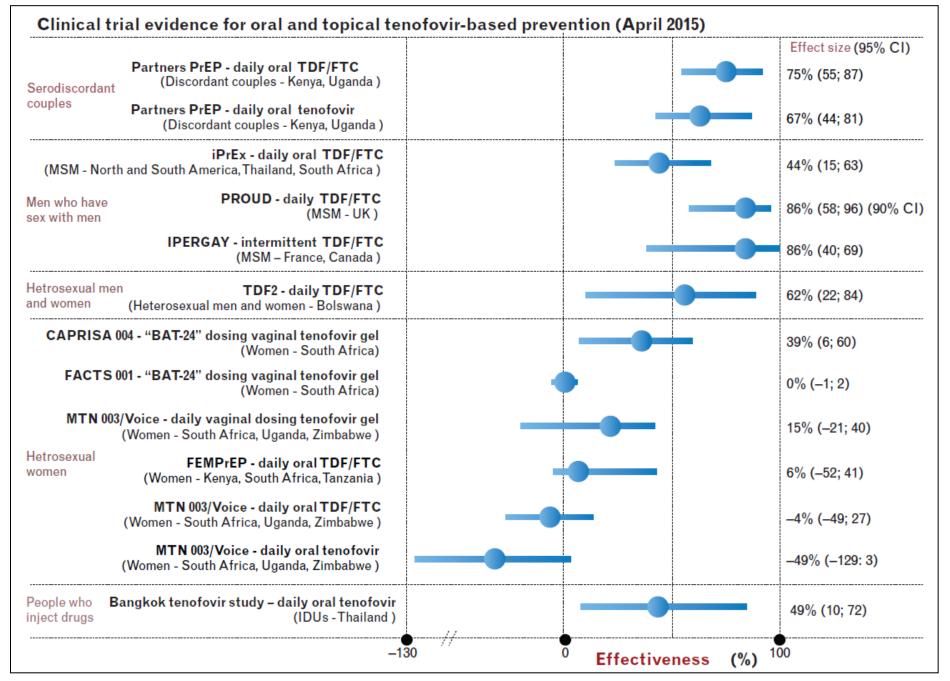
Ref: On ART = March 2015. How Aids Changed Everything. Fact Sheet. UNAIDS 2015. MDG 6: 15 YEARS, 15 LESSONS OF HOPE FROM THE AIDS RESPONSE July 2015. \* Average viral suppression% Intention to Treat LMIC rate from a Systematic Review by McMahon J. et al. Viral suppression after 12 months of antiretroviral therapy in low-and middle-income countries: a systematic review." *Bulletin of the World Health Organization* 91.5 (2013): 377-385.

Leaks in the cascade may reduce TasP effectiveness: SF example (and Australian paradox, De Wit, AIDS Impact, 2015)

Figure 1.2 New HIV diagnoses, deaths, and prevalence, 2006-2013, San Francisco



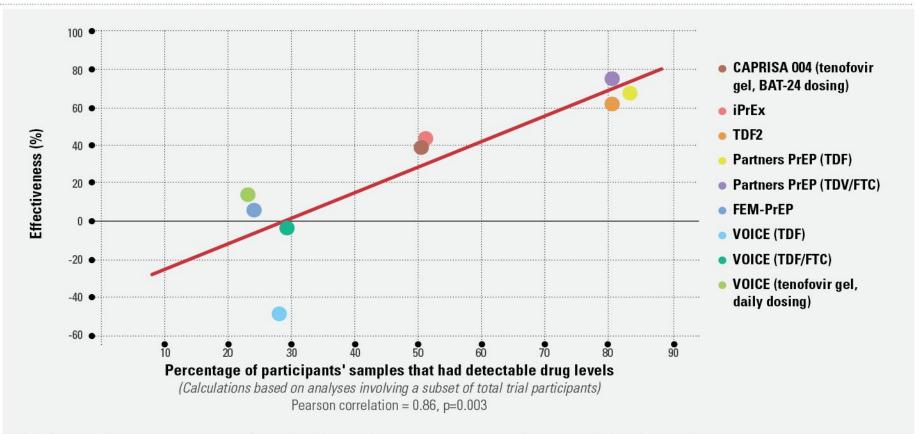
Adapted from SF DPH, 2013 HIV/AIDS Epidemiology Annual Report, August 2014.



Mayer et, et al. Curr Opinion HIVAIDS, 2015, modified from Abdool Karim et al, AVAC Report, 2014

#### PrEP works, but adherence is key

#### Effectiveness and Adherence in Trials of Oral and Topical Tenofovir-Based Prevention



Trials of oral and topical tenofovir-based PrEP show that these strategies reduce risk of HIV infection if they are used correctly and consistently. Higher adherence is directly linked to greater levels of protection.

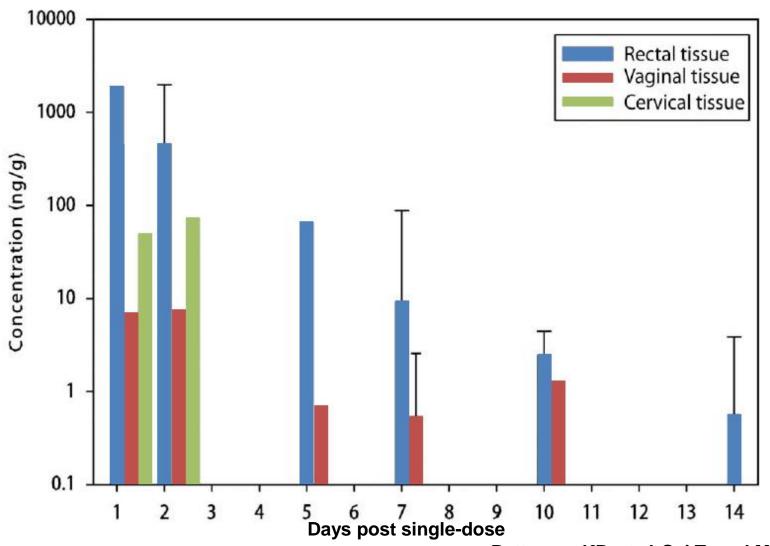
Source: Salim S. Abdool Karim, CAPRISA

#### Influences on PrEP Adherence and Protection

- Trial (lots of stated negatives) vs. real world
- Self-perception of risk
- Medical trust/mistrust
- Biology ("forgiveness" when missing doses)
- Support for adherence
- Integrating behavioral health with PrEP
- Modality (Next Gen PreP)

(Auerbach, Marrazzo, VanDamme, Van der Straten, Stadler, Tolley, Hendrix, Abdool Karim, Saethre, Corneli)

## "Forgiveness" Tenofovir Concentration: Rectal>Cervical>Vaginal



Patterson KB et al. Sci Transl Med. 2011.

## PrEP is well-tolerated, discontinuations rare because of AEs

Study name_	Subgroup within study	Comparison	Statistics for each study				Risk ratio and 95% CI					
		Risk ratio	Lower limit	Upper limit	Z-Value	p-Value						
BKK TDF Study	Men and Women	daily PrEP vs. placebo 0.979	0.797	1.203	-0.202	0.840		1				
CDC Safety Study	MSM	daily PrEP vs. placebo 1.357	0.890	2.069	1.420	0.155			<del> -</del>	-		
FEMPrEP	Women	daily PrEP vs. placebo 1.446	0.855	2.445	1.376	0.169			+-	-		
AVI Kenya Study	MSM and FSW	multiple PrEP dosing 4.592	0.257	81.944	1.037	0.300		-				-
AVI Uganda Study	Men and Women	multiple PrEP 0.170	0.007	4.025	-1.097	0.272	⇤	<del>-   -</del>		— I		
pergay	MSM	intermittent PrEP 1.226	0.622	2.420	0.589	0.556			<b>-</b>  •	-		
PrEx	MSM and TG	daily PrEP vs. placebo 0.919	0.747	1.129	-0.806	0.420			=			
Partners PrEP-Main	Men and Women	daily PrEP vs. placebo 1.077	0.954	1.215	1.194	0.233						
Project PrEPare	MSM	daily PrEP vs. placebo 2.850	0.324	25.069	0.944	0.345						
ΓDF2	Men and Women	daily PrEP vs. placebo 0.652	0.370	1.150	-1.477	0.140			<del></del>			
/OICE	Women- All PrEP	daily PrEP vs. placebo 0.925	0.746	1.147	-0.713	0.476			=			
		1.016	0.916	1.127	0.305	0.760			•			
							0.01	0.1	1	10	)	100
					Favor	ırs PrE	D	Eavo	urc [	Placeb		

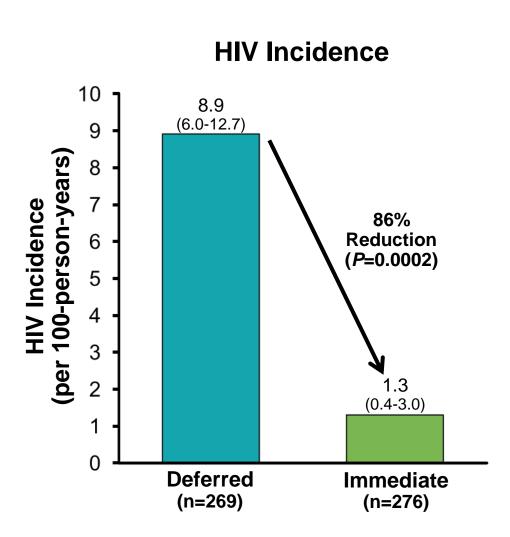
- No difference in proportion of participants reporting any adverse event (RR=1.01, 95% CI: 0.99-1.03, p=0.27)or any grade 3 or 4 adverse event comparing PrEP to placebo study arms.
- Several studies noted subclinical declines in renal functioning and bone mineral density among PrEP users.

#### PrEP: Risk, Compensation, Adherence, Coverage

- Best Case: "risky" person is →→ No HIV
  highly adherent (good coverage) transmission
- Risk compensation? Not often relevant
  - Possible, not often seen in studies to date
  - But what if condoms are never used?
- Match counseling messages and prevention intervention to risk
- →→ Requires
  discussion with
  clinician

#### UK GU Med Clinics: PROUD Study

- Significantly fewer new HIV infections with immediate versus deferred PrEP (3 versus 19 cases)
  - 86% reduction (*P*=0.0002)
  - Number needed to treat to prevent 1 infection: 13
- PEP used by 31% in deferred arm
- Risk behaviors were similar between the 2 arms



PEP: post-exposure prophylaxis.

# How To Improve Chemoprophylaxis Effectiveness?

**New Oral PrEP Drugs** and **Dosing Strategies** 







Novel Adherence Strategies



**Alternative Delivery Systems and Formulations** 



Vaginal & Rectal Microbicides



**Intravaginal rings** 



Injectables: ARVs and mAbs

## CORRELATES OF PREP PROTECTION

(GRANT ET AL, LANCET ID, 2014)

TABLE 2

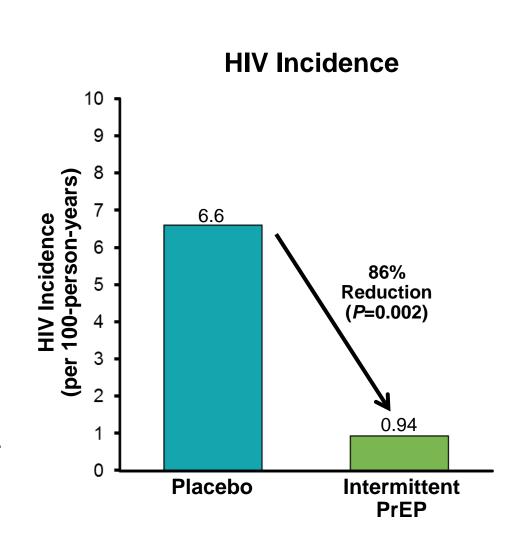
	BLQ	LLOQ to <350 fmol per punch	350-699 fmol per punch	700–1249 fmol per punch	≥1250 fmol per punch
Estimated dose (tablets per week)	None	<2	2-3	4–6	7
Follow-up (% of visits)	25%	26%	12%	21%	12%
HIV infections (n)	18	9	1	0	0
Person-years per infection	384	399	179	316	181
HIV incidence (95% CI)	4:70 (2:99-7:76)	2-25 (1-19-4-79)	0.56 (0.00-2.50)	0.00 (0.00-0.61)	0.00 (0.00-1.06)
HR vs previous placebo (95% CI)*	1.55 (0.88-2.56)	0.69 (0.32-1.32)	0.19 (0.01-0.88)	0.00 (0.00-0.25)	0.00 (0.00-0.50)
HR vs concurrent off-PrEP (95% CI)†	1.25 (0.60-2.64)	0.56 (0.23-1.31)	0.16 (0.01-0.79)	0.00 (0.00-0.21)	0.00 (0.00-0.43)

HR=hazard ratio. PrEP=pre-exposure prophylaxis. BLQ=below limit of quantification. LLOQ=lower limit of quantification. \*Adjusted for study site. †Adjusted for study site, age, number of sexual partners, non-condom receptive analintercourse, and syphilis. Drug concentration measurements were not available for 5% of visits.

Table 2: Effect of tenofovir diphosphate in dried blood spots on HIV infection

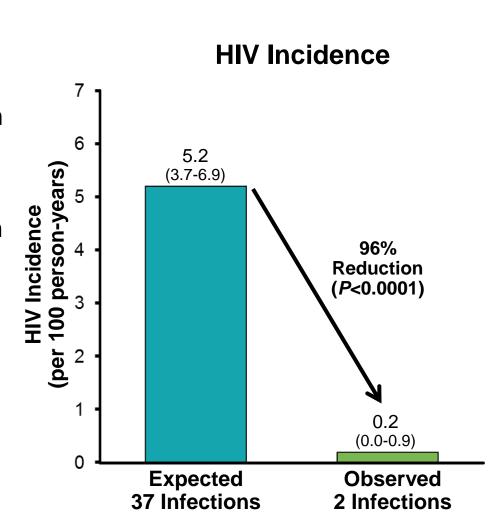
#### ANRS Ipergay Trial: Event-Driven PrEP

- Significantly fewer new HIV infections with intermittent PrEP versus placebo (2 versus 14 cases)
  - 86% reduction after a mean follow-up of 13 months
     (P=0.002)
- Safety of on-demand PrEP was similar to placebo except for GI adverse events
- Adherence to PrEP was good, supporting the acceptability of ondemand PrEP



#### Partners Demonstration Project: TasP and PrEP

- Open-label prospective study
  - Heterosexual discordant couples not using ART or PrEP in Kenya & Uganda
  - At high risk for HIV transmission based on risk scoring tool
  - ART per national guidelines (treat all seropositive partners in a discordant relationship)
  - PrEP (open-label emtricitabine/tenofovir DF) until HIV-positive partner is on therapy for 6 months as a 'bridge' to ART
- 858 person-years of follow-up
- 95% uptake of PrEP and 80% on ART



## **Tailoring PrEP for Key Populations**

#### **HPTN 073 Black MSM**

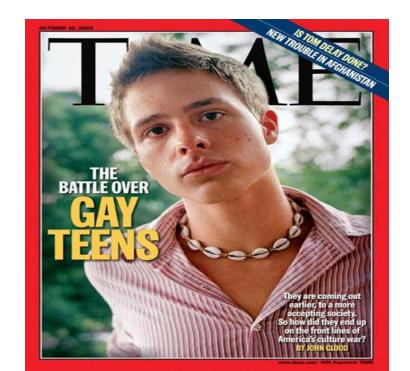
Client-centered care coordination (C4)

(Wheeler/Fields)



#### ATN 110/113

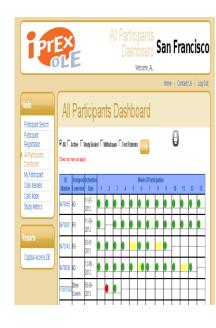
- ☐ YMSM 15-22 y.o.
- □ PreP + Individual vs. group EBI behavioral intervention (Hosek et al)



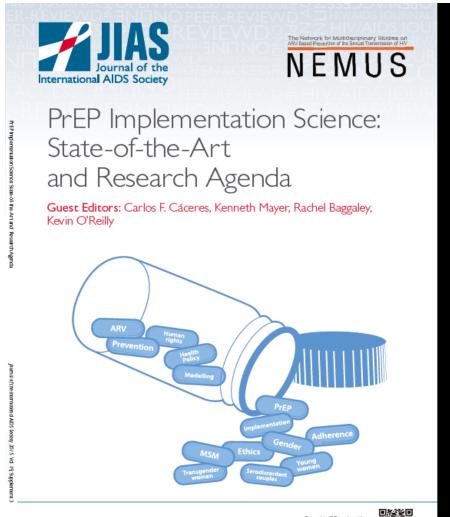
#### New technologies and PrEP adherence

- † treatment adherence with text messaging (Lester, Lancet, 2010)
- Wisepill: used in Life-Steps HAART adherence intervention modified for PrEP, including daily SMS with pts →84% drug levels c/w daily use at 6 months (Mayer/Safren)
- Electronic diaries studied in SF and Chicago was associated with ↑ adherence (Amico/Hosek)
- SexPro App with diary features and adherence support, tested in NYC, SF, Lima and Rio (Buchbinder)
- Feedback on drug levels been studied as adjunct to counseling (Landovitz)





## Global PrEP Scale-Up



#### Postcards from the field

- Kenya
- Southern Africa
- Brazil
- Australia
- Thailand
- US

Programs being developed in Peru, Canada, Europe

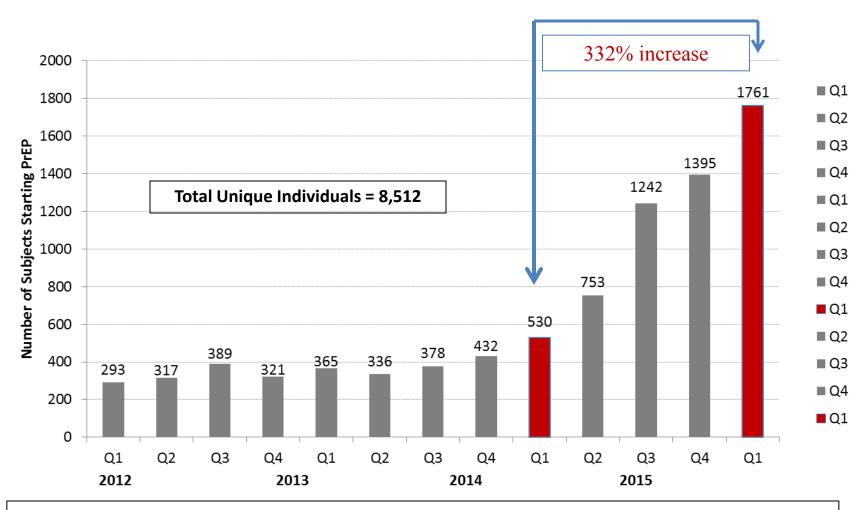
#### PrEP: Met and Unmet needs

- How many potential users in U.S.?
- -275,000 MSM
  - -140,000 HIV-uninfected heterosexual partners
  - (J. Mermin, Medscape, 5/14/2014)

http://www.medscape.com/viewarticle/824770

What is the current uptake?

### **New PrEP Starts per Quarter**



IMS National Prescription Database accounts for approx. 39% of all TVD prescriptions

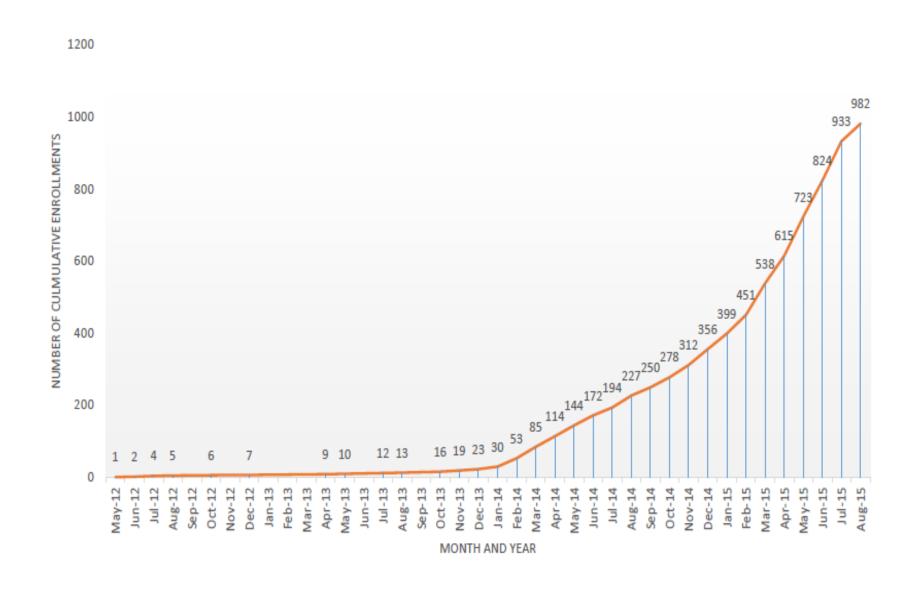
## Examples of early adopters: U.S. Cities Involved in Demonstration Projects



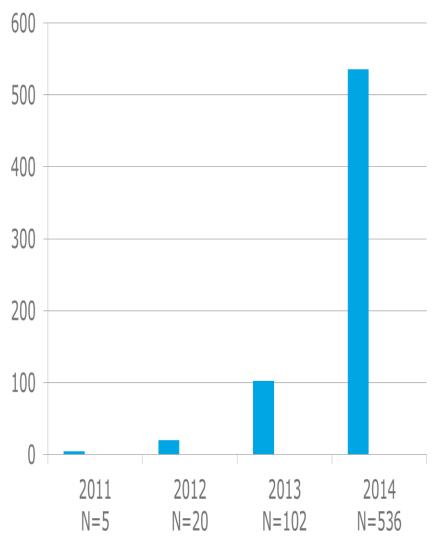
Demonstration and Implementation projects have a planned enrollment of approximately 8,000 participants.

\* NYC = Manhattan, Harlem, Bronx and Brooklyn

#### Number of Cumulative Callen-Lorde Community Health Center PrEP Enrollments from May 2012-August 2015 By Month



### Fenway Health: PrEP Experience



- 85.5% of initiators still on PrEP;
   Longest: 3.8 years
- 79.7% White; 8% Black; 12.3% Latino
- 95.1% identified as gay
- 158 zip codes
- "Gayborhood" <10%</li>
- Private Ins: 80.7%; Medicare: 9%; Medicaid: 8.7%
- 25.9% who d/c'ed PrEP, initiated again
- More than 30 prescribers

### New England providers perceived numerous barriers to prescribing PrEP (Krakower, PLOS ONE, in press 2015)

Lack of patient requests

Concerns about insurance coverage

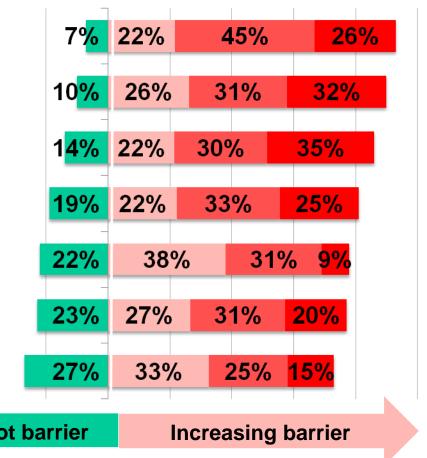
Clinicians not trained to prescribe PrEP

Clinicians not aware of CDC guidance

Time constraints

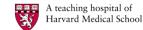
Clinicians not aware of PrEP

Limited # at-risk patients

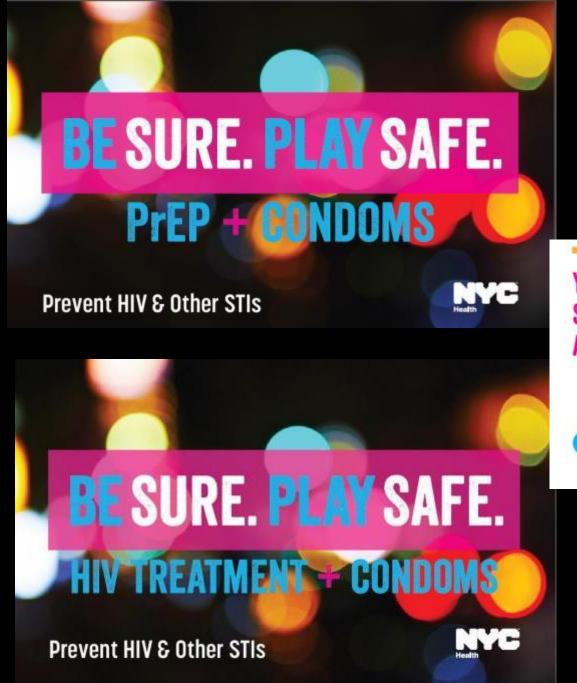


**Not barrier** 









#### TO HELP STOP HIV AND OTHER STIS, CHOOSE A COMBINATION THAT WORKS FOR YOU:

1. TAKE MEDICINES TO TREAT OR PREVENT HIV

If you have HIV, HIV medicines help keep you healthy and make it harder to pass HIV to your partners.

If you do not have HIV, daily PrEP and emergency PEP can help you stay HIV-negative.

(These medicines anly stop HIV, not other STIs.)

2. USE CONDOMS AS OFTEN AS POSSIBLE

Consistent condom use helps prevent HIV and other STIs.

 USE PLENTY OF WATER-BASED OR SILICONE-BASED LUBE Fither is sofe on lotex condoms.

YOU CAN ENJOY YOUR SEX LIFE AND STILL PROTECT YOURSELF FROM HIV AND STIS. BE SURE. PLAY SAFE.





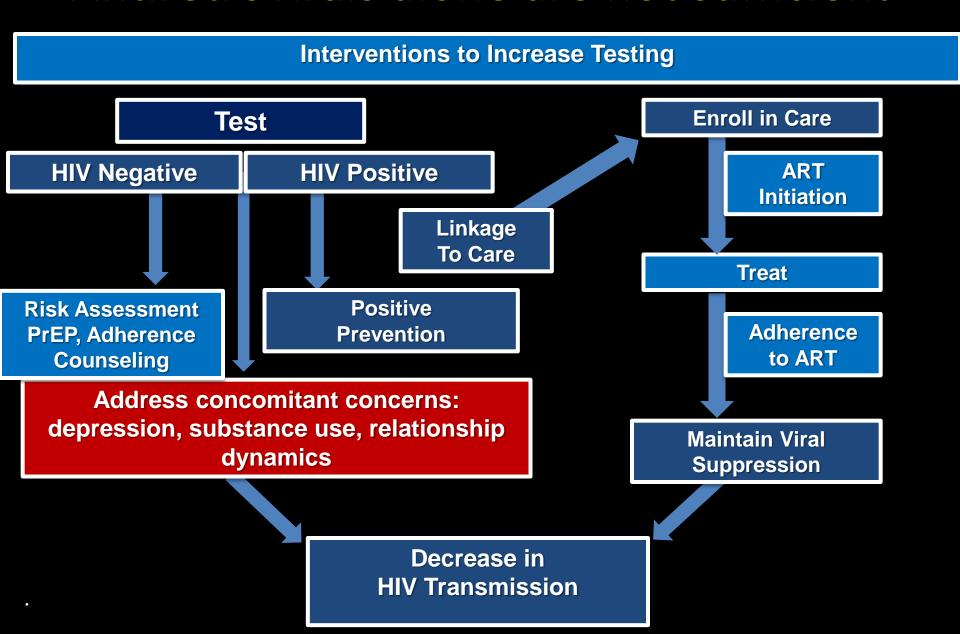




Protection against HIV, and other sexually transmitted infections (STIs) isn't "ONE SIZE FITS ALL."



#### Antiretrovirals alone are not sufficient



S. And Q. Abdool Karim Rivet Amico Rachel Baggaley Steve Boswell Staci Bush Mike Cohen Carlos Del Rio Meg Doherty Marcy Gelman David Glidden Andrew Grulich Sybil Hosek Bill Kapogiannis Beryl Koblin Doug Krakower Raphy Landovitz Harvey Makadon Jono Mermin

Jim Rooney Steve Safren Dawn Smith

Mitchell Warren

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## Many thanks





#### TFI Biomed, Behavioral, Epi and Data Teams

Study Participants www.thefenwayinstitute.org

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