

Tenofovir/Emtricitabine Bioequivalence Following Ingestible Sensor Co-encapsulation

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Conflict of Interest

None to disclose

Adherence in YMSM



- MSM account for 70% of all new HIV infections
 - 27% of new infections in YMSM 13-24 years
- Young age is correlated with lower adherence
 - iPrex demonstrated lower
 PrEP efficacy (28%) in YMSM
 compared to older participants
 (56%)



Koss et al. 2017

Current Approaches



• Limitations in current methods: lack of precision, "whitecoat adherence", dependence upon patient participation/engagement, and difficult implementation

TFV-DP concentrations

• Proteus Discover

How Proteus Discover Works



The sensor alcosends a signal sterior the patch as here it passes

Wearable patch

it passes through the stomach.

DigiMedsTM

The patch sends this information to the app along with records of steps, activity rest and heart rate. The app allows patients to see how they are doing and share this with their healthcare team via the portal.

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	Discover app	



Discover portal

Used by patients

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Used by healthcare teams

Co-encapsulated with each medication



On order of a physician, a pharmacist puts a Proteus sensor inside a capsule, along with each dose of a patient's prescribed medication.



A tiny sensor is placed inside a small pill.

The sensor contains tiny amounts of silicon, copper and magnesium that pass through the body naturally, just like the fiber in food.





Proteus.com

Study Objective



Determine bioequivalence between TDF/FTC encapsulated with ingestible sensor versus unencapsulated TDF/FTC

Methods



• Randomized, cross-over study of 24 participants



Non-compartmental analysis of AUC, C_{max} and t_{1/2}

Bioequivalence



Bioequivalence is defined as the 90% confidence interval (CI) of geometric mean ratio of AUC and C_{max} being within 80%-125%

Patient Demographics



	N=24
Sex, n(%) Male Female	11 (46%) 13 (54%)
Race/Ethnicity, n(%) White Black Hispanic	19 (79%) 3 (13%) 2 (8%)
Age (yr), mean ± SD	28 ± 4
Weight (kg), mean ± SD	74 ± 14

Plasma TFV and FTC after encapsulation with ingestible sensor

Tenofovir



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Geometric Mean Ratio



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Bioequivalence: GMR ratio between 80-125%

Conclusions



Bioequivalence has been confirmed for TDF/FTC co-encapsulated with the Proteus® ingestible sensor

- 1) Confirms medication ingestion
- 2) Smartphone interface that captures temporal adherence patterns
- 3) Real-time feedback of validated and population-specific HIV risk reduction education and health promotion
- 4) Use for future PrEP studies



Future Directions

- Feasibility and Acceptability Study
 - Cross-over study of 12 weeks dosing with and without ingestible sensor
 - Qualitatively explore acceptability
 - Adherence as measured by TFV-DP levels in DBS will be compared to adherence detected by ingestible sensor and self-report



Challenges in Digital Medicine

• Adherence to patch

• Psychological factors rather than "forgetting"

• Cost

Privacy Concerns

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