

# Adherence 2017

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Postgraduate Institute for Medicine

	GET TESTED.		
	<b>FREAT EARLY.</b>		
	STAY SAFE.		
E	nd AIDS.		
health.ny.gov/ete	Bruce D. Agins, MD MPH Medical Director, AIDS Institute 2 Adherence 2017; Miami	NEW YORK STATE of Health	
NEW YORK STATE	<b>Department</b> of Health	AIDS Institute	Department

• HIV/AIDS • STD • VIRAL HEPATITIS • LGBT HEALTH • DRUG USER HEALTH •

## **Tour of the Talk**

Background: Ending the Epidemic Current progress Selected implementation strategies Tracking how we are Ending the Epidemic Working with stakeholders Involving care and treatment providers Dashboard



# **Defining the End of AIDS**



Governor Andrew Cuomo announcing his new initiative to combat the AIDS epidemic before the 2014 NYC Gay Pride Parade.

Credit: Michael Appleton for The New York Times

# Reduce new infections to 750 annually by the end of 2020

**Three Point Plan** 

- 1. Identify all persons with HIV who remain undiagnosed and link them to health care.
- 2. Link and retain those with HIV in health care, to treat them with anti-HIV therapy to maximize virus suppression so they remain healthy and prevent further transmission.
- 3. Provide Pre-Exposure Prophylaxis for persons who engage in high risk behaviors to keep them HIV negative.

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# **ETE Task Force and Blueprint**



The 30 BP Recommendations include various steps that can be taken now to get New York State to the stated goal of 750 new HIV infections per year by the end of 2020.



The 7 GTZ Recommendations represent additional steps that aim to accelerate movement towards no new infections, depending on fiscal and policy realities. These recommendations are not necessary to get to the goal of 750 new HIV infections per year by the end of 2020.



# Where are we now?



## **New York State Cascade of HIV Care, 2015**

#### Persons Residing in NYS<sup>†</sup> at End of 2015



## Newly Diagnosed HIV Cases, 2010-2015



December 2016 BHAE statewide analysis file



## **Newly Diagnosed HIV Cases, 2010-2015**



December 2016 BHAE statewide analysis file



## **Estimated New HIV Infections and ETE Goals**



## **Newly Diagnosed HIV Cases by Year of Diagnosis** and Transmission Risk, NYS, 2010-2015



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### Newly Diagnosed HIV Cases by Year of Diagnosis and Transmission Risk, NYS, 2010-2015



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## Number of HIV Positive Newborns in NYS by Year, 1990 – 2015: Elimination Criteria Met!



- \* 1990 1993 estimated based on 25% transmission rate
- \*\* 1997 data includes February to December births
- ≈ Gap in years where data are unavailable



#### Viral Suppression among Persons Living with Diagnosed HIV Infection at the End of 2015 by Race/Ethnicity and Transmission Risk Group, New York State<sup>1</sup>



<sup>1</sup>Data as of January 2017

\*Native American percentage is based on a small number of people (n=37).

\*\*Multi-race percentage may be artificially inflated as an artifact of CDC's algorithm for inferring Multi-race.



## What actions are we taking?



### **Recent Progress:** Legislation Passed to Streamline HIV Testing **ETE Blueprint Crosswalk BP1**:

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#### Removal of written consent: provider can advise; patient can opt out Minors can now give informed consent for Make treatment **HIV Uninsured Care Programs** routine HIV **BP5**: Served more than testing truly **BP8:** Statewide 24,000 people in Continuously routine Support the 2016. act to monitor Quality of Care non-medical and improve Program needs of all **BP12**: rates of viral PLWH Statewide suppression programs for **New York State Rapid Access to** distribution and leads the nation in PrEP use **Treatment pilot BP4:** increased in high-risk populations program access to PrEP Improve & nPEP referral and Prescriptions for PrEP increased **Expanding across** fourfold among Medicaid enrollees in engagement **New York State** 2016 Pharmacists can **Statewide PrEP NEW YORK** dispense 7-day starter STATE OF **Promotion Campaign** OPPORTUNITY. packs of nPEP

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## **New Initiatives: Key Populations**

- Expand targeted health care services to Young MSM through funding enhancements to the Youth Access Programs (YAPs) allowing for increased outreach, improved linkage to continuous HIV care and treatment, and averted new infections
- Fund Transgender Health Care Services to meet the prevention, he mental health, medical case management and other supportive services of transgender individuals.
- Implemented Centers of Excellence for Drug User Health, known address the intersection of the opioid and AIDS epidemics.



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## Targeting Viral Load Suppression: Using Multiple Data Sources

#### SUMMARY OF MEDICAID MATCH DATA FOR ENDING THE AIDS EPIDEMIC (ETE) PILOT

	Members	Percent	Content Summary
Total NYS HIV/AIDS Medicaid Members Submitted for Match to BHAE	73,125	100%	HIV/AIDS Algorithm
Remaining Medicaid Members Matched to CDC Confirmed Case (by Bureau of HIV/AIDS Epidemiology (BHAE))	59,807	82%	Match Rate with BHAE
Deceased as of 12/31/2014 - Removed (Based on date of death with no paid claims beyond death)	5,623	9%	Deceased Removed
Remaining Medicaid Members Matched to CDC Confirmed Case with	54,184	91%	Presumed Living
Total Virally Suppressed between January 2011 and July 2015 (Defined as most recent VL < 200 copies/ml)	41,719	77%	Virally Suppressed
TOTAL NOT VIRALLY SUPPRESSED* (Defined as: Most Recent VL >= 200 copies/ml OR No VL	12,465	23%	Not Virally Suppressed
NOT Virally Suppressed in Medicaid Managed Care (MMC) (Based on any capitation payments January 2014 - July	8,703	70%	In Managed Care
NOT Virally Suppressed but NO Plan Affiliation (Possible MMC or Medicaid eligibility issues; about ½ are	3,762	30%	No Plan Affiliation
NOT Virally Suppressed in MMC Sent to 6 ETE Pilot Plans**	6,441	74%	Sent to Pilot Plans

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## **Pre-Exposure Prophylaxis in New York State**

<u>Between 2012-15, 12,588 unique</u> <u>individuals started PrEP in New</u> <u>York State</u>.

NYS PrEP/PEP Voluntary Directory:

- 2016 analysis showed that PrEP prescribers are present in areas of the state with the highest risk and need for PrEP services.
- As of 2/22/17 the directory has 350 registered PrEP prescribers in 47 counties





PREP

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## **PrEP Access: Upstate & Key Populations**

Increasing availability of PrEP in high risk areas by funding STD clinics to provide PrEP:

- NYS has funded STD clinics in upstate NYS to prescribe PrEP
- NYC has created **sexual health centers** (formerly STD clinics) to prescribe PrEP and support PrEP navigators

Investigating new models to increase access to PrEP for hard to reach populations:

• Telemedicine, Planned Parenthood, Syringe Exchange Programs



## How do we know whether we are meeting our goals?



## **Measuring Progress: ETE Metrics**

	1. New HIV Infections (Incidence)	2. New HIV Diagnoses	3. Linkage to Care	4. Receiving Any Care	5. VLS* – Receiving Any Care	6. VLS* – PLWDHI	7. HIV Status Aware	8. Conc AIDS Dia	urrent agnosis	9. Time to AIDS
	#	#	%	%	%	%	%	%	#	#
2012										10.4%
2013	2,509	3,391	69%	81%	81%	66%	<b>92%</b>	21.7%	736	6.9%
2014	2,497	3,443	72%	81%	84%	68%	92%	19.6%	674	8.9%
2015	2,436	3,155	73%	81%	85%	69%	92%	<b>19.4%</b>	612	8.2%
2016	2,050	2,911	78%	84%	87%	73%	93%	18.4%	536	7.6%
2017	1,750	2,620	<mark>81%</mark>	86%	89%	<b>76%</b>	<b>94%</b>	17.6%	461	7.0%
2018	1,410	2,253	<mark>84</mark> %	88%	91%	<b>79%</b>	<b>95%</b>	16.7%	376	<b>6.4%</b>
2019	1,060	1,870	87%	89%	93%	82%	96%	<b>15.8%</b>	295	5.8%
2020	750	1,515	90%	90%	95%	85%	98%	15.0%	225	5.1%

\*VLS: Viral Load Suppression

Source: NYS HIV Surveillance System as of January 2017

 Goal



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## **Measuring Progress: ETE Metrics**

- New infections: incidence (CDC definition)
  - Reduce the number of new infections to 750 by 2020
- New infections: reported new diagnoses

• Reduce the number of new diagnoses reported by 55% (NHAS goal: 25%)

• Linkage: standard cascade definition of 30 d measured by lab test

• Increase percentage of newly diagnosed patients linked to care to 90%

Receiving any care: evidence of lab test

 $\,\circ\,$  Increase percentage from 81% to 90% by 2020

## Viral suppression

- Increase percentage of PLWDHI with VLS 85%. (NHAS 2020 Goal: 80%)
- Increase the percentage of PLWDHI who receive care with VLS from 85% to 95% by 2020.

TATE OF

## **Measuring Progress: ETE Metrics (2)**

- Aware of HIV status: (estimates calculated from CDC and seroprevalence studies)
  - Increase the percentage of PLWH who know their serostatus to at least 98%. (NHAS 2020 Goal: 90%)

### Concurrent AIDS diagnosis

 Reduce the proportion of persons with a diagnosis of AIDS within 30 days of HIV diagnosis to 15% by 2020

## Time to AIDS diagnosis

• Reduce the rate at which persons newly diagnosed with HIV progress to AIDS by 50%.



## **Receiving Any Care:** Example of annual targets

By the end of 2020, increase the percentage of persons living with diagnosed HIV infection who receive any care to 90%.



Measure: Any VL, CD4 or genotype test in NYSDOH HIV Surveillance System in a calendar year.

Target

Actual

Goal



## How do we work with our stakeholders across New York State? Community Input and Collaboration

BP2: EXPAND Activity Details	RGETED TESTING Status	Let's En	d AIDS	develop implementation
Interfere         Details           Terming through third         The Substance the Inflative was contracts totaling \$12, mills of the inflative was warded to agencies to identify Hills           Terming through third         The Substance the Inflative was warded to agencies to identify Hills           Transgender         Transgender           Transgender         Transgender Hulth Care Program           Transgender         Transgender Hulth Care Inserver           Transgender         Transgender Hulth Care Inserver           Transgender Mu	Name         withed in 101/v1010.5. Bit       Charles         with the sublative users not       Charles         previously disputse       Charles         distribution users not       Charles         previously disputse       Charles         distribution users not       Charles         previously disputse       Charles         matter somethic disputse       Charles         matter somethic disputse       Charles         tight status       Charles	Long I Cong I	<text><text><text><text></text></text></text></text>	strategies Transgender and Gender Non-Conforming Individuals Older Adults Vomen Spanish-Speaking Communities Black MSM Latino Gay and Bisexual Men Young Adults STDs Data Needs Pharmacy Persons Who Use Drugs

Departmer

## **Ending the Epidemic The Regional Approach**

- Convened stakeholder meetings in 13 regions in partnership with local health departments resulting in Regional Steering Committees across NYS that developed implementation plans in their respective regions
- Foster coordination among regional service providers and networks through:
  - NYLinks: regional quality improvement networks focusing on linkage, retention and viral suppression
  - NYKnows: NYC initiative to promote universal testing



# **Rochester, NY**

Monroe County Partnering to End the Epidemic

### **Background**

- MCPEtE launched as a result of NY Links Sustainability Planning
- Needed a shared leadership, public health approach to sustain regional group activities

### **Accomplishments**

- Identified and prioritized regional gaps and needs
- Established key partnerships (clinical and non-clinical) to meet regional objectives
- Developed measurable outcomes to monitor progress
- Utilized QI methodology to maximize growth, progress and change
- Formalized action steps by developing Commitment Plans



## Rochester Regional Health Systems Commitment Plans

Agency Commitment Plans specify in detail what and how partners will contribute to MCPEtE objectives:

- Same day access to care for newly diagnosed patients
- Mobile Unit Access
- Outreach to homeless shelters
- Collaboration to accelerate referrals from non-medical service agencies
- Finding HIV positive individuals who may be out of care



GET TESTED, TREAT EARLY, STAY

Let's End AIDS,

Western NY.

HEW Department



# Proportion of HIV-Infected People in NYC Engaged in Selected Stages of the HIV Care Continuum



Viral suppression is defined as viral load ≤200 copies/mL. For definitions of the stages of the continuum of care, see Technical Notes. As reported to the New York City Department of Health and Mental Hygiene by June 30, 2015.



# How do we involve the care and treatment community?



## Linking population health data and quality improvement





## ...and

# Linking quality improvement with public health outcomes



## Why an organizational cascade?

- 1. To monitor the extent and quality of care being delivered to *all* HIV-positive patients seen in a facility, and not just those that are actively engaged in its HIV program.
- 2. To identify gaps in the sequences of steps between diagnosis and viral load suppression as they are represented by the cascade.
- 3. To develop data-driven plans to assess progress in providing care, identifying gaps in care, and driving improvements to address these gaps through quality management programs and QI activities.



## What is required for the submission?

- New patient cascade
- Established patient cascade
- Methodology
- Improvement plan



## What's different about these organizational cascades?

- Open patients
- Linkage to care in 3 days
- No retention measure





Prescribed ART

Retained

\*Viral Suppression = Viral Load <200 18% Race 20% Ethnicity]

## **Organizational cascades: it's all about improvement**

### Linkage:

- $\circ\;$  meeting with provider on same day of positive test result
- work with other hospital units to develop notification system when HIV patients are accessing their services
- construct database to extract information about patients with HIV diagnosis who access any service in the hospital
- Viral suppression:
  - structured care field to document external , to retention/adherence program, to chronic disease self-management program, peer program
  - $\,\circ\,$  incentives for VLS

### <u>ART</u>

- communicate refill policy that includes appointment scheduling to all medical staff
- develop same-day treatment strategy



#### TESTING

#### Universal

- Opt-out testing [20] (A I)\*
- Active choice testing [2]
- Self-testing [20] (B II) Community-based testing:
- multi-disease prevention campaigns [1,5,6,8,13,14, 19.231 (A I)
- Partner notification and referral to testing [3] (A I)
- Testing in workplace and institutional settings, including prisons, military, police, and educational venues, and mining/trucking companies [5,6,7,13,14,23]
- (BIII)

#### <u>Domestic</u>

 Pharmacy-based testing [1,8,19]

#### International

- Community-based testing: home-based [5,6,13,14,18,23] (A I)
- Community-based testing: mobile testing [5,6,13,14,23] (A I)
- Peer-led testing [14]
- Routine testing for pregnant women [18]

## **HIV Cascade of Interventions Resources for Improvement**

#### LINKAGE

Universal Co-locating medical services for onsite testing and medical care [20] (A I)

Domestic

- ARTAS case management [1,4,8,9] (B II)
- HIV clinic-based linkage to care team [20] (A I) Strength-based case
- management [1,8,10,16] Outreach workers [1,8,15,22] Youth-targeted interventions
- [1.8.15.19.22] Patient navigation [1,8,13]

#### International - Extended home visit

- counseling [9,10] Food incentives [19] Immediate inpatient HIV counseling and testing [9.12.13.21] (A I)
- Peer home visits postdiagnosis [20]

#### RETENTION

Universal Reminders (SMS, call, post mail) within 48 hours [20] (B I)

Domestic Clinic-wide messaging [20] Enhanced personal contact [1.8.13.21] Computer decision-support

systems (Virology FastTrack) (20) • Medical case management [1.14]

Buprenorphine treatment [19]

International Peer support [20]

(A I)

#### ADHERENCE

Universal Computer-based adherence
 interventions Decentralization of treatment

- CBT and motivational interviewing [17]
- Coping and self-management
- of treatment side effects [20] Monetary reinforcement Personalized cell phone
- reminder system
  - Pillboxes

- Community-based ART
- Community-based
- adherence clubs
- Counseling and alarm devices
   Directly administered ART
- Individually tailored DOT with economic and psychosocial support [10]
  - ealth workers
- Online self-management
- Phone calls and home visits [19]
- Task shifting and community involvement
  - - Text message reminders

\*See reverse for numbering and

VIRAL LOAD

SUPPRESSION

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# How are we telling our story?



## Ending the Epidemic Dashboard

Health Institute for Implementation Science

#### http://www.ETEdashboardny.org



User Account
Login

> Sign Up
 > Reset Password

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# Thank you

For more information: <u>karen.hagos@health.ny.gov</u> <u>bruce.agins@health.ny.gov</u> <u>margaret.brown@health.ny.gov</u>

