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# CONTRIBUTION OF ENGAGEMENT IN HIV CARE ON DISPARITIES IN VIRAL LOAD SUPPRESSION AMONG LATINOS, FLORIDA, 2015

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# Background

- National HIV/AIDS Strategy aims to reduce HIV-related disparities and health inequities<sup>1</sup>
- Retention in care and viral suppression among Latinos
  - Latinos with HIV who are consistently retained in care has been shown to be higher than for non-Latino Blacks and Whites
  - The proportion of Latinos in the US in care who are virally suppressed has been shown to be similar to that of non-Latino Whites<sup>2</sup>
- Previous studies have reported disparities within racial and birth country subgroups of Latinos with respect to HIV risk, delayed HIV diagnosis, and [HIV] survival<sup>3–6</sup>

Sources: 1. The White House National HIV/AIDS Strategy for the United States: Updated to 2020. 2015. <https://www.aids.gov/federal-resources/national-hiv-aids-strategy/nhas-update.pdf>; 2. Dasgupta S., Oster A.M., Li J., Hall H.I. Disparities in Consistent Retention in HIV Care—11 States and the District of Columbia, 2011–2013. *MMWR* 2016;65:77–82; 3. Sheehan D.M., Trepka M.J., Fennie K.P., Maddox L.M. Rate of new HIV diagnoses among Latinos living in Florida: Disparities by country/region of birth. *AIDS Care*. 2015;27:507–511; 4. Espinoza L., Hall H.I., Selik R.M., Hu K. Characteristics of HIV infection among Hispanics, United States 2003–2006. *J. Acquir. Immune Defic. Syndr.* 2008;49:94–101.; 5. Wohl A.R., Tejero J., Frye D.M. Factors associated with late HIV testing for Latinos diagnosed with AIDS in Los Angeles. *AIDS Care*. 2009;21:1203–1210.; 6. Sheehan D.M., Trepka M.J., Fennie K.P., Prado G., Madhivanan P., Dillon F.R., Maddox L.M. Individual and neighborhood determinants of late HIV diagnosis among Latinos, Florida, 2007–2011. *J. Immigr. Minor. Health*. 2016



# Background

- Latinos differ in SEP. Black Latinos, and Mexican and Central American Latinos are more likely to experience poverty, low educational attainment, and unemployment compared to White and US born Latinos<sup>1-2</sup>
- Differences in these factors likely create disparities in exposure to neighborhood disadvantage
- It is important to assess whether disparities exist within Latino racial and birth country subgroups in order to identify areas for targeted intervention



# Background

- Florida
  - Third highest rate of HIV diagnoses in 2015 (24.0 per 100,000) after District of Columbia and Louisiana
  - Highest number of HIV diagnosis in 2015 with 4864 diagnosis



# Study purpose

- To identify disparities in HIV viral load suppression among Latinos engaged and not engaged in HIV care



# Datasets

- De-identified data from the Florida DOH enhanced HIV/AIDS Reporting System (**eHARS**)
- 2007-2011 American Community (**ACS**) Survey 5-year estimates
- Rural/urban designation:
  - Version 2.0 of Rural-Urban Commuting Area (**RUCA**) codes
  - University of Washington WWAMI Rural Research Center
  - Categorization C: Combines large rural cities, small rural towns, and isolated small rural towns
- Merged data using ZCTAs



# Inclusion/exclusion criteria

- Inclusion:
  - Hispanics/Latinos
  - Aged 13 and older
  - Current Florida resident
  - Diagnosed with HIV 2000–2014
- Exclusion:
  - Died before January 1<sup>st</sup> 2016
  - Diagnosed in prison
  - Missing data for current ZIP code
  - Current ZIP code in an area with zero population





# Operational Definitions

**Engagement in care** during 2015 was defined as evidence of at least 1 viral load or CD4 laboratory test, a physician visit, or antiretroviral therapy prescription fill

**Viral load suppression** during 2015 was defined as a viral load of  $<200$  copies/mL

**Socioeconomic Position** operationalized as index of seven normalized SEP indicators selected by conducting reliability and principle component analyses

**Latino ethnic composition** is based on percent of the area population who identified as Latino categorized into  $<25\%$ ,  $25-49\%$ , and  $\geq 50\%$

**Puerto Rican born Latinos**, while US citizens, are considered a subgroup in these analyses due to distinct cultural characteristics



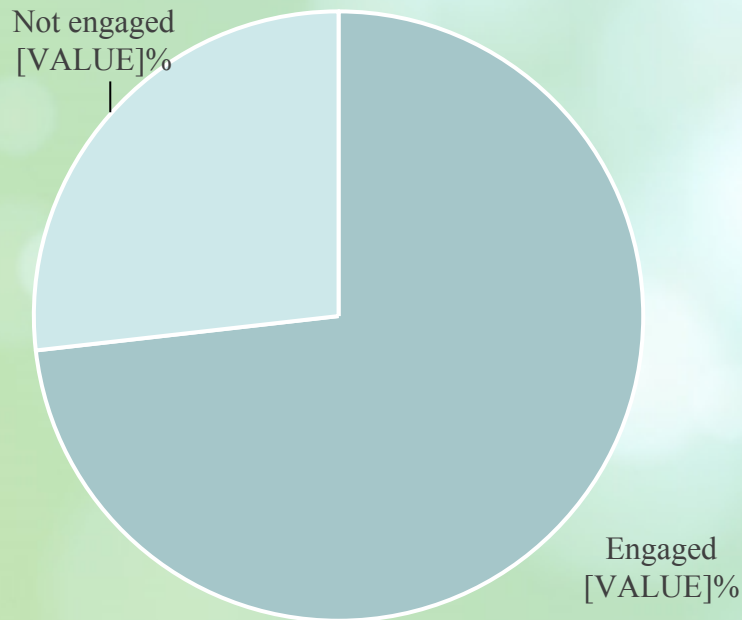
# Statistical analysis

- Multilevel (level 1: individual; level 2: ZCTA) modeling used to account for correlation among cases living in the same ZCTA (ZIP code)
- SAS GLIMMIX procedure
- Calculated adjusted odds ratios and 95% confidence intervals for viral load suppression
- Adjusted for:
  - Individual-level variables: Race, year of diagnosis, gender, age, transmission mode, and AIDS
  - Neighborhood-level variables: Socioeconomic status, rural/urban status, Latino ethnic composition
- Stratified by engagement in HIV care



# Results

**Engagement in HIV care in 2015 among all Latinos aged 13 years and older diagnosed with HIV 2000–2014, Florida (N=12,166)**



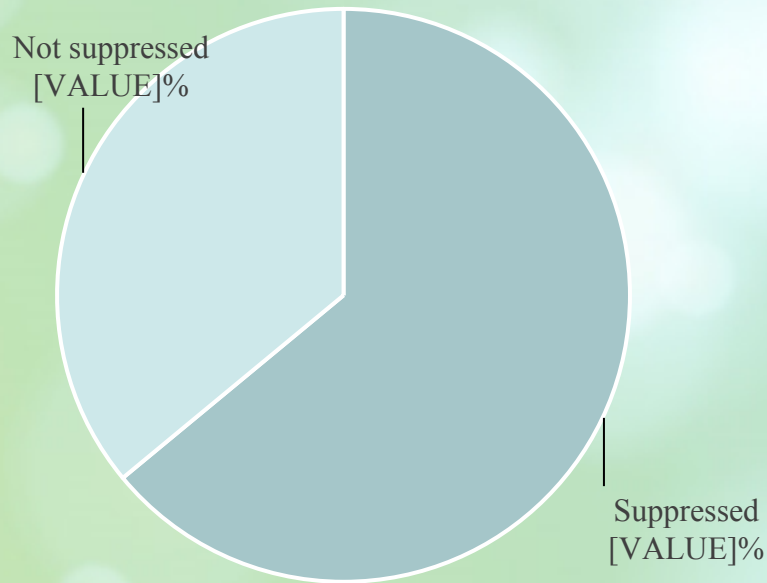
Country/region of birth	Total	Engaged n(%)
Mainland US	4,293	3,192 (74.4)
Puerto Rico	1,157	854 (73.8)
Cuba	2,628	2,253 (85.7)
Mexico	847	447 (52.8)
Central America	1,300	831 (62.9)
South America	1,941	1,324 (68.2)



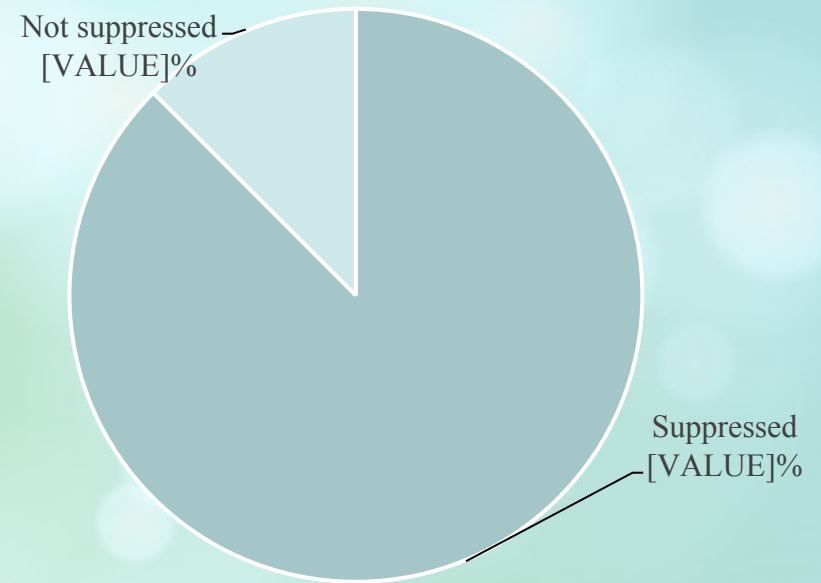
# Results

**Viral load suppression (<200copies/mL) in 2015 among aged 13 years and older diagnosed with HIV 2000–2014, Florida**

All Latinos  
(N=12,116)



Latinos engaged in care  
(N=8,901)





# Results

Odds ratios and 95 % confidence intervals **non-viral load suppression** (<200copies/mL) in 2015 among **all Latinos** aged 13 years and older diagnosed with HIV 2000–2014, Florida

Country/region of birth	N (%)	aOR (95% CI)
US	1,601 (37.3)	Referent
PR	440 (38.0)	1.02 (0.89–1.18)
Cuba	599 (22.8)	0.56 (0.50–0.64)
Mexico	448 (52.9)	1.85 (1.57–2.17)
Central America	567 (43.6)	1.28 (1.12–1.47)
South America	725 (37.4)	1.07 (0.95–1.21)



# Results

Odds ratios and 95 % confidence intervals **non-viral load suppression** (<200copies/mL) in 2015 among Latinos aged 13 years and older diagnosed with HIV 2000–2014 who are **engaged in HIV care**, Florida

<b>Country/region of birth</b>	<b>N (%)</b>	<b>aOR (95% CI)</b>
US	500 (15.7)	Referent
PR	137 (16.0)	1.04 (0.84–1.29)
Cuba	224 (9.9)	0.72 (0.60–0.86)
Mexico	48 (10.7)	0.65 (0.47–0.89)
Central America	98 (11.8)	0.69 (0.55–0.88)
South America	108 (8.2)	0.57 (0.45–0.72)



# Discussion

- Mexican and Central American born Latinos were more likely not to be virally suppressed compared to US born Latinos
- However, once engaged in care, Mexican and Central American born Latinos had a higher likelihood of viral suppression, beyond that of US born Latinos
- Cuban born Latinos were more likely to be virally suppressed regardless of whether engaged in care
- Length of time in United States among non-US born Latinos varies by country of birth



# Limitations

- Latinos in dataset who do not have evidence of engagement in care may be getting care outside of the US
- Data on country of birth are self-reported or abstracted from medical records, possibly resulting in misclassification
- Lacking data on ethnic origin for US born Latinos
  - Possibly underestimating cultural ethnic differences
- Lacking data on number of years living in the US for foreign born Latinos
- Lacking data on individual SEP, health insurance, ART





# Conclusions

- Disparities in viral load suppression among Latinos may be greatly reduced by focusing resources and effort to engage high-risk Latino subgroups in HIV care at least once per year
- Once engaged in care, Mexican born and Central American born Latinos have a higher likelihood of viral suppression, beyond that of US born Latinos
- Studies are needed to replicate the findings, and further explore disparities across Latino subgroups



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